

## INSTRUCTIONS TO AUTHORS

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JCR considers all manuscripts on the strict conditions that

1. The manuscript has been submitted only to *JCR* ; it is not under consideration or peer review or accepted for publication or in press or published elsewhere.
2. The manuscript contains nothing that is abusive, defamatory, libellous, obscene, fraudulent, or illegal.

\*Type-written manuscripts prepared using MS Word should be submitted by online submission system (<http://innovareacademics.in/journals/index.php/jcr/about/submissions#onlineSubmissions>) or email to editor@jcr.innovareacademics.in

**\*(Article should be submitted through any one of the mode- email or online submission system).**

### **Online submission system must be preferred**

Manuscripts will be subjected to peer review process to determine their suitability for publication provided they fulfill the requirements of the journal as laid out in the instructions to authors. After the review, manuscripts will be returned for revision along with reviewer's and/or editor's comments. Prepare the manuscript in Times New Roman font using a font size of 12. There shall not be any decorative borders anywhere in the text including the title page.

All the tables and figures should be in the text at suitable place.

Submission of a manuscript to JCR for publication implies that the same work has not been either published or under consideration for publication in another Journal. Authors, in their cover note to the Editor, have to clearly mention field/stream of review article.

Should be about 18 pages long, contain up-to-date information, comprehensively cover relevant literature and preferably be written by scientists who have in-depth knowledge on the topic. All format requirements are same as those applicable to full papers. Review articles need not be divided into sections such as Materials and Methods and Results and Discussion, but should definitely have an Abstract and Introduction, if necessary.

Manuscript should be divided into Title page, Abstract, Main text, Acknowledgement, References.

**Title page-** In separate lines, title page should contain the title of the manuscript, the name(s) and affiliation(s) of the author(s), and the mailing address, telephone and fax numbers, and e-mail address of the corresponding author. The title must be specific, concise and informative.

Title - AN OVERVIEW ON INDIGENOUS -----(12 FONT SIZE, TIMES NEW ROMAN, NORMAL, BOLD) - IN UPPERCASE ONLY

Authors – Abeer Abdou, Khaled Hassan---(12 FONT SIZE, TIMES NEW ROMAN, NORMAL, BOLD) - IN UPPERCASE ONLY

**Keywords and Abstract-** Please include 3-10 keywords for indexing purposes; Full-length manuscript submission should contain an abstract of up to 250 words in a non-structured form.

**Abbreviations-** At the first appearance in the abstract and the text, abbreviations should be preceded by words for which they stand.

**Tables-** Tables must be concise and cited consecutively using Arabic numerals in the text (Table 1, Table 2...etc.). The title of the table should clearly indicate the nature of the contents and sufficient detail should be included in the footnote to facilitate interpretation without reference to the text. Use horizontal rules only.

Table Format – It should be designed using table tools of MS Word and exactly same as below

**Table 1: --(12 font size, times new roman, normal, bold)**

Heading 1	Column heading 2 (unit)
Data	

Data	
Data	
Data	

**Figures** -Figures (photographs, drawings, diagrams and charts) should be clear, easily legible and cited consecutively using Arabic numerals in the text(fig. 1, fig. 2...etc.). Please supply figures 1.5 to 2 times the size at which they will be finally reproduced. For line work, submit black-ink drawings of professional quality. Micrographs or other glossy photographs must be of the highest quality. Use standard symbols: ○, ●, ×, □, ■, △, ▲. Freehand or typewritten lettering is unacceptable. If a figure comprises more than one glossy photograph, these should be marked A, B, C...etc. Figure legends should be marked clearly with their correspond letters. Legends should contain sufficient detail to permit figure interpretation without reference to the text. Scale markers should be indicated in the photographs. Color plates are also welcome. The choice of cover art illustration will be made by the Editor.

Figure format –

**Fig. 1: ---(12 Font size, Times New Roman, Normal, Bold)**

Manuscripts that fail to conform to the requirements of the Journal, as specified under 'Instructions to Authors', will be rejected outright.

Tables and figures should be cited in the text in numerical order. Table 2 should not be first cited before table 1.

**Units and Symbols** - The use of the International System of Units (SI) is recommended.

Physical quantity	Base unit	SI Symbol
Length	meter	m
Mass	gram	g
	kilogram	kg
	microgram	µg
	Time	second
	minute	min
	hour	h
	day	d
	week	w
	month	mo
	year	y
	Amount of substance	mole
Area	square meter	m <sup>2</sup>
Volume	cubic meter	m <sup>3</sup>
	liter	l
	milliliter	ml
	microliter	µl
	temperature	°C

Specification	Example	Correct style
Use lowercase for symbols or abbreviations,	Kilogram	kg
Symbols are not followed by a period, exception end of sentence	meter	m
Do not pluralize symbols	kilograms	kg
When numbers are printed symbols are preferred	100 meters	100 m
Space between number and symbol	2mol	2 mol
	10mg	10 mg
	60°C	60 °C
Place a zero before a decimal		0.01

Decimal numbers are preferable to fractions	0.75
Space used to separate long number exception four-digit numbers	1 500 000, 1000

**References**

References should be numbered consecutively in the order in which they are first mentioned in the text (not in alphabetic order). Identify references in text, tables, and legends by Arabic numerals in parenthesis/bracket like- [1]. References cited only in tables or figure legends should be numbered in accordance with the sequence established by the first identification in the text of the particular table or figure. Use the style of the examples below. Use complete name of the journal for non-indexed journals. Avoid using abstracts as references. Information from manuscripts submitted but not accepted should be cited in the text as “unpublished observations” with written permission from the source. Avoid citing a “personal communication” unless it provides essential information not available from a public source, in which case the name of the person and date of communication should be cited in parentheses in the text. For scientific articles, contributors should obtain written permission and confirmation of accuracy from the source of a personal communication.

The commonly cited types of references are shown here, for other types of references such as electronic media, newspaper items, etc. please refer to ICMJE Guidelines (<http://www.icmje.org>).

**Articles in Journals**

1. Devi KV, Pai RS. Antiretrovirals: Need for an Effective Drug Delivery. Int J Pharm Sci 2006;68:1-6. **List the first six contributors followed by et al.**
2. Volume with supplement: Shen HM, Zhang QF. Risk assessment of nickel carcinogenicity and occupational lung cancer. Environ Health Perspect 1994;102 Suppl 1:275-82.
3. Issue with supplement: Payne DK, Sullivan MD, Massie MJ. Women’s psychological reactions to breast cancer. Semin Oncol 1996;23(1, Suppl 2):89-97.

**Books and Other Monographs**

1. Personal author(s): Ringsven MK, Bond D. Gerontology and leadership skills for nurses. 2nd ed. Albany (NY): Delmar Publishers;1996.
2. Editor(s), compiler(s) as author: Norman IJ, Redfern SJ, editors. Mental health care for elderly people. New York: Churchill Livingstone;1996.
3. Chapter in a book: Phillips SJ, Whisnant JP. Hypertension and stroke. In: Laragh JH, Brenner BM, editors. Hypertension: pathophysiology, diagnosis, and management. 2nd ed. New York: Raven Press; 1995. p. 465-78.

**Journal abbreviations source**

Journal names should be abbreviated according to CAS Source Index (CASSI) Search Tool abbreviations: <http://cassi.cas.org/search.jsp>

**Conflict of Interest statement**

It must be declared by authors.

**Fee**

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Review Article	Rs. 1000 per author	Rs. 500 per author	US\$ 100 or 75 per author	US\$ 50 per author