

EVIDENCE BASED HOMOEOPATHY IN TREATING CONDYLOMA ACUMINATUM – A PROSPECTIVE AND INTERVENTIONAL STUDY

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ABSTRACT

Condyloma acuminatum is one of the most prevalent sexually transmitted disease in the western countries and India. It may hamper personal life of individual. Human papilloma virus (HPV), subtype 6 & 11 are responsible for the disease. This case study is a prospective and intervention to combat long standing condyloma acuminatum by Homoeopathy.

Keywords: Condyloma Acuminatum, Homoeopathy, Prospective & Interventional Study.

INTRODUCTION

Condyloma acuminatum is caused by Human papilloma virus (HPV), sub type 6 and 11^{1,2,4}. Warts are most easily recognized symptoms, that may develop in genital and anal regions of both sexes or in mouth and throat area in persons who are engaged in oral sex with an infected partner. Warts are most commonly found on the penil shaft in men¹. Warts appear first at the posterior introitus & adjacent labia in women. It spreads to other parts of the vulva & commonly involves the vagina & cervix. External warts in both sexes are suggestive of the presence of internal warts, but internal lesion may be present without external warts particularly among women. By the Modern system of medicine different methods like cryosurgery, surgical excision, ablation with a laser, topical antimetabolites are used. Both failure and recurrence have been well documented with all of these methods of treatment¹. This case study is a prospective and intervention to combat long standing condyloma acuminatum by Homoeopathic medicine.

MATERIAL AND METHOD

Dr. C. F. S. Hahnemannian Homoeopathic method of treatment was applied. Taking of the case, finding out uncommon, peculiar, rare symptoms and miasmatic analysis have been done before administration of the medicine. Most appropriate similimum with minute doses of medicine were used. Proper followup and recase record were done when needed.

RESULTS

Warty growth has been gradually disappeared completely after treatment.

CASE REPORT

Personal Details

A 42 years old male person came to Homoeo specialty clinic, Uluberia Subdivisional Hospital, Uluberia, Hawrah, Govt. of west Bengal dated 10/9/11 having warty growth on penis (Fig.1). Patient's written consent was taken for study.



Fig. 1:genital warts before treatment

Taking of Case

Chief Complaint With Duration

Thick, dry, multiple leafy, fleshy, white coloured warty growth on penis for 2 years.

History Of Present Complaint.

He is unmarried but has had sexual intercourse with a married woman without condom for three times, 3 years ago. He was treated by allopathic medicine but without response.

History Of Vaccination

All vaccines were received as per National Immunisation Schedule.

Past History

Discharge from urethra at childhood and treated by allopathic medicine.

Family History

Mother having tumour on eye lid. Sister having osteoarthritis and eczema on elbow.

Generalities

Physical General :

- **Appetite:** less
- **Desire:** Egg, meat, potatoes.
- **Intolerance:** onion causes acidity.
- **Thirst:** moderate.
- **Tongue:** clear, moist.
- **Stool:** regular, soft.
- **Urine:** 5 – 6 times /day, can hold it.
- **Sleep:** less for few years. Only about 3 hrs at night.
- **Sweat:** profuse offensive sweat on neck, face.
- **Thermal reaction:** chilly.

Mental General :

- Irritable, sad weeping especially from music.
- **After taking of the case find out the totality of characteristics symptoms as follows-**
- Thick, dry, multiple leafy, fleshy, white coloured warty growth on penis.
- Desire for Egg, meat, potatoes.
- Intolerance to onion.
- Loss of appetite.
- Sleeplessness.
- Profuse offensive sweat on neck and face.
- Chilly person.
- H/O vaccination.

- H/O supression of urethral discharge.
- F/O tumor ,osteoarthritis,eczem .
- Mentally irritable , Sad, weeping especially from music.

Miasmatic Diagnosis

It is a mixed miasmatic case . Psora,syphilis and sycosis present combinely but the sycosis miasm is predominant .

Treatment

First Consultation

Thuja occidentalis 1m,2 doses on dated 10/09/11.Directed to avoid camphor,sour,raw onion etc.

1st Followup the case

On dated 30/09/11 warty growth remain but on first visit they are looking vertically and steadily along with the surface of the penis , now they are bend and their tips are directed downwards. His appetite slightly increased . His sleep also improved . He said , "now I am feeling better". I prescribed Rubrum .

2nd Followup the case

03/11/11 , Warty growth remain but a white, thick, offensive discharge comes from the root.

Taking of the Case Again

Chief complaint

Thick,moist,white colour,leafy,fleshy,warty growth on penis and offensive , white, slightly thick ,bloody discharge is coming from their root .

Physical General

- **Appetite:** great hunger.
- **Desire :**egg, meat,potatoes , salty thing.
- **Intolerance:**no
- **Thirst :** for cold water and increase.
- **Tongue :** clean , moist,red.
- **Stool :** hard ,required straining and slight tearing pain during stool.
- **Urine :** 7-8times /day, can hold it but offensive and stinging pain in urethra during urination.
- **Sleep :** again it disturbing.
- **Sweat :** profuse offensive sweat on neck,face.
- **Thermal reaction :** chilly .

Mental General

Irritable . Hopeless. Much thinking about his illness. Fear of death.

Totality of Characteristics Symptoms

- Thick,moist,white colour,leafy,fleshy,warty growth on penis .
- offensive , white, slightly thick discharge is coming from root of the warts.
- Bleeding from root of the warts.
- Great hunger.
- Desire :egg, meat,potatoes , salty thing.
- Thirst for cold water.
- Tongue : clean , moist,red.
- Hard stool ,required straining and slight tearing pain during stool.
- Offensive urine and stinging pain in urethra when pass it.
- Sleeplessness
- Profuse offensive sweat on neck,face.
- Chilly person.
- Irritable . Hopeless.
- Much thinking about his illness.
- Fear of death.
- **Miasmatic Diagnosis :** Recase taking was done and observed that psora,syphilis and sycosis are present combinely but syphilitic miasm is predominant.

Treatment

On dated 03/11/11 Nitric acid 1m , 2 doses, od.

1st Followup

Dated 23/11/11 warty growths were reduced more than 60%. Discharge from the root of warts slightly remains, bleeding from the warty growth completely disappeared .Pain during urination disappeared,stool became soft and painless. He developed sound sleep regularly.His mental status was restorated and he said that I am feeling comfortable. I prescribed only Rubrum.

2nd Follow up

22/12/11 No any warts are present, (FIG. 2) also discharge from that's completely disappear.No others abnormalities are present.



Fig.2:genital warts -----after treatment

Date	Medicine	Remark
10.09.11	Thuja oc. 1m/2d/0d	First prescription
30.09.11	Rubrum/ Placebo	improved
03.11.11	Acid nit. 1m/2d/od	Changing symptoms,
23.11.11	Rubrum / Placebo	improved
22.12.11	Nothing given	May cure

DISCUSSION

Codyloma acuminatum is a highly contagious sexually transmitted disease spread through direct skin to skin contact during sex with infected person. Incubation period varies from 3 to 4 months¹. Diagnosis of the case can be done by warty growth visible to naked eye with history and physical examination¹. Squamous epithelium can be infected by HPV and the replication of virus begins with infection of basal cells¹. As cellular differentiation proceeds , HPV DNA replicates and is transcribed¹. Ultimately, virions are assembled in the nucleus and released when keratinocytes are shed¹. This process is associated with proliferation of all epidermal layers except the basal layer and produces acanthosis , parakeratosis , and hyperkeratosis, koilocytes¹. Patient may develop serious psychological symptoms due to anxiety and depression over this condition¹. By alternative way of treatment I gave small oral doses of cost effective medicine. Warty growth disappeared as well as mental condition of the patient was restorated. Warty growth has not appeared again after completing the treatment.

CONCLUSION

Homoeopathic medicinal treatment searches the fundamental causes of the disease process and selects a single similimum after proper case study, tracing the totality of symptoms and individualizing the case as well as the patient. By the alternative method of treatment codyloma acuminatum may disappear permanently .

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