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**Research Article** 

# EVALUATION OF HEPATOPROTECTIVE AND ANTIOXIDANT ACTIVITY OF HEXAGAMAVUNON-1 AGAINST CARBON TETRACHLORIDE-INDUCED HEPATIC INJURY IN RATS

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# ABSTRACT

The present study was carried out to investigate the hepatoprotective activity of hexagamavunon-1 (HGV-1) and its antioxidant property. The groups of animals were administered with HGV-1 at the doses 5, 10, and 20 mg/kg BW, p.o. once in a day for 6 days and at day 7 the animals were administration with carbon tetrachloride (CCl<sub>4</sub>) (20%, 2 ml/kg BW in liquid paraffin, i.p.). The effect of HGV-1 on serum transaminase (SGPT), alkaline phosphates (ALP) and total bilirubin were determined in the rat before and after treatment. In addition, the effects of HGV-1 glutathione (GSH) content and catalase (CAT) were also performed. The result demonstrated that HGV-1, 10 and 20 mg/kg demonstrated significant reduction in serum hepatic enzymes which were increased by CCl<sub>4</sub>. In addition, HGV-1, doses 10 and 20 mg/kg significantly increased liver GSH and CAT when compared to those in rats treated by carbon tetrachloride. In order to know the mechanism of hepatoprotective, the antioxidant of HGV-1 was assayed using free radical NO scavenging activity and resulted a potent radicals scavenging or antioxidant. Taking together, HGV-1 is capable to protect the liver from carbon tetrachloride-induced liver damage. Probable mechanism of its action is through its antioxidant property

Key words: Hepatoprotective, Hexagamavunon-1 (Hgv-1), Ccl<sub>4</sub>, Antioxidant

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#### INTRODUCTION

Liver is an important organ that regulates many important metabolic functions including drug elimination and detoxification<sup>1</sup>. Some of drug or xenobiotics can damage the liver through the metabolism via P450. Carbon tetrachloride (CCl<sub>4</sub>) is one of the toxicant that widely used as a hepatotoxic agent for screening the anti-hepatotoxic/hepatoprotective activity in experimental model, because the CCl<sub>4</sub>-induced hepatotoxicity is regarded and similar as and analogue of liver injury caused by variety of hepatotoxins in human. The oxidative damage through free radical generation and decreased activities of antioxidant enzymes is one of the mechanism involved in the hepatotoxic effect of CCl42. Free radicals generation from CCl4 are also capable covalently binds to proteins or lipids, and then initiates the lipid peroxidation in the cellular membrane and liver damage<sup>3-5</sup>. Hepatic injury was characterized by leakage of cellular enzymes into the blood stream and by centrilobular necrosis1. Antioxidant property is claimed to be one of the mechanisms of hepatoprotective effect of indigenous substance<sup>6</sup>. The consideration of the terapeutic strategy against hepatotoxicity and liver injury is find the antioxidant compounds that are capable to protect liver injury through free radical scavenging or antioxidant.

Curcumin (diferuloylmethane) is a yellow pigment and the active constituents of turmeric. In animal studies turmeric demonstrated the hepatoprotective effects against variety of hepatotoxin such as carbon tetrachloride (CCI<sub>4</sub>)<sup>7,8</sup>, galactosamine<sup>9</sup>, acetaminophen (paracetamo)<sup>10</sup>, and Aspergillus aflatoxin<sup>11</sup>. Our group has been synthesized hexagamavunon-1 (HGV-1), one of analog curcumin (Fig.1). HGV-1 has demonstrated the biological activities such as antioxidant, anti-inflammatory <sup>12</sup> and inhibited cyclooxygenase enzyme<sup>13</sup>. The derivatives also less effects of ulcer and did not significantly shown toxic effects on acute and subchronic toxicity testing<sup>11</sup>.

The Study of potential effects of HGV-1 have been conducted related into their potential pharmacological effect in human. One of their main activities in this regard is their antioxidant activity<sup>12,14</sup>. Antioxidant plays an important role in inhibiting and scavenging free radicals, thus providing protection to humans against infection and degenerative diseases. Regarding to the important role of

antioxidant activity of HGV-1, the present study was conducted to evaluate the antioxidant and hepatoprotective activity of HGV-1 against CCl<sub>4</sub>-induced liver damage in rats.



Fig. 1: Structure of curcumin and its analog hexagamavunon-1 (HGV-1)

## MATERIALS AND METHODS

#### Materials

Hexagamavunon-1 (HGV-1) was obtained from Curcumin Research Center, Faculty of Pharmacy, Gadjah Mada University. Carbon tetrachloride (CCl<sub>4</sub>), glutathione, and 5,5'-dithio *bis*-2-nitrobenzoic acid (DTNB) were purchased from E. Merck, Darmstadt, Germany. Serum Glutamate Pyruvate Transaminase (SGPT), Serum Alkaline Phosphatase (SALP), total bilirubin were analyzed using reagent kits (DIALAB). All other reagents were of analytical grade.

#### Animals

Studies were carried out using male Wistar albino rats (180–200 g). Rats were obtained from the animal house, Faculty of Pharmacy Gadjah Mada University, Yogyakarta, Indonesia. The animals were grouped and housed in polyacrylic cages ( $38 \times 23 \times 10$  cm) with not more than five animals per cage and maintained under standard laboratory conditions (temperature  $25 \pm 2^{\circ}$ C) with dark and light

cycle (12/12 h) and allowed free access to standard pellet diet (The National Agency of Drug and Food Control, Indonesia) and water ad libitum. The rats were acclimatized to laboratory condition for 1 week before commencement of experiment. All procedures described conducted in accordance with Guideline for Care and Use of Animals Laboratory of Faculty of Pharmacy, Gadjah Mada University.

#### Hepatoprotective study

Healthy thirty Wistar albino rats were divided into 6 groups each containing 5 animals. Before treatment, all animals were determined SGPT, ALP and total bilirubin. Group 1 (control), administered with vehicle (CMC Na 0.5 %, p.o.) for six days. Group 2 (control HGV-1), administered with HGV-1, 20 mg/kg, p.o. for six days. Group 3 (control hepatotoxin (CCl<sub>4</sub>)), administered with vehicle (CMC Na 0.5 %, p.o.) for six days. Groups 4-6 administered with HGV-1 at a dose of 5, 10, and 20 mg/kg, p.o., respectively for six days. On day 7, the groups 3-6 treated with carbon tetrachloride (CCl<sub>4</sub>, 2.0 ml/kg, i.p.). Forty eight hours after CCl<sub>4</sub> administration the animals were fasted and blood sampling for determination of SGPT, ALP and total bilirubin.

After collection of blood samples the rats were sacrified and their livers excised, rinsed in ice cold normal saline followed by 0.15 M Tris-HCl (pH 7.4) blotted dry and weighed. A 10 % w/v of homogenate was prepared in 0.15 M Tris-HCl buffer. A part of homogenate after precipitating proteins with trichloroacetic acid (TCA) was used for estimation of glutathione by the method of Ellman (1959)<sup>15</sup>. The rest of the homogenate was centrifuged at 15000 rpm for 15 min at 4°C. The supernatant thus obtained was used for the estimation of catalase (CAT) activities was measured by the method of Aebi (1974)<sup>16</sup>.

#### **Estimation of GSH**

The procedure to estimate the reduced glutathione (GSH) level followed to the method as described by Ellman  $(1959)^{15}$ . The homogenate (in 0.1 M phosphate buffer, pH 7.4) was added with equal volume of 20 % trichloroacetic acid (TBA) containing 1 mM EDTA to precipitate the tissue proteins. The mixture was allowed to stand for 5 min prior to centrifugation for 10 min at 200 rpm. The supernatant (200 µl) was then transferred to a new set of test tubes and added 1.8 ml of the Ellman's reagent (5, 5'-dithio *bis*-2-nitrobenzoic acid) (0.1 mM) was prepared in 0.3 M phosphate buffer with 1% of sodium citrate solution). Then all the test tubes make up to the volume of 2ml. After completion of the total reaction, solutions were measured at 412 nm against blank. Absorbance values were compared with a standard curve generated from standard curve from known GSH. The glutathione level in liver was calculated as micromol/g liver.

#### **Estimation of CAT**

Catalase activity was measured by the method of Aebi (1974)<sup>16</sup>. Supernatant (0.1 ml) was added to cuvette containing 1.9 ml of 50 mM phosphate buffer (pH 7.0). Reaction was started by the addition of 1.0 ml of freshly prepared 30 mM H<sub>2</sub>O<sub>2</sub>. The rate of decomposition of H<sub>2</sub>O<sub>2</sub> was measured spectrophotometrically from changes in absorbance at 240 nm. Activity of catalase was expressed as units/mg protein.

#### Assay of NO radical scavenging activity

Various concentrations of HGV-1 and SNP (10 mM, final concentration) in phosphate buffered saline (PBS) in a final volume of 2 ml were incubated at 25 °C for 150 min. A control experiment without tested compounds but with the equivalent amount of vehicles was conducted in an identical manner of control. After incubation, 1.0 ml samples of reaction mixtures containing nitrite were removed and diluted with 1.0 ml of Griess reagent. The

absorbance of these solutions were measured at 540 nm against the corresponding blank solutions. The  $\mathrm{ES}_{50}$  value is the concentration of sample required to scavenge 50% of the NO radicals. Addition of varied concentrations of HGV-1 into the reaction mixture affected an increase in total absorbance upon treatment with Griess reagent. It was indicated that the HGV-1 interfered with the absorbance value of nitrite detection. Therefore, in these experiments we had to exclude this interference by subtracting their absorbance at each concentration.

#### Statistical analysis

The data are presented as the mean  $\pm$  S.E.M. The statistical significance of differences between the groups were assessed with a one-way ANOVA, followed by Bonferroni/Dunn post-hoc test analysis using rel 13.0 software SPSS (Chicago, IL, USA).

## RESULTS

#### Effect of HGV-1 on SGPT, ALP and total bilirubin

The effect of HGV-1 on SGPT, ALP and total bilirubin of the serum of CCl<sub>4</sub>-induced liver damge rats are presented in Fig 2. The result demonstrated that SGPT, SALP and total bilirubin were found to be significantly increased in rats treated with CCl<sub>4</sub> when compared with the normal group. The administration of HGV-1 in six consecutive day at the dose of 10 and 20 mg/kg showed significantly decreased the activity of serum transaminase, SALP and total bilirubin and increased protein content in CCl<sub>4</sub>-induced liver damage in rats compared to that of control hepatotoxin (CCl<sub>4</sub>) groups.

#### **GSH level in liver tissues**

The effect of HGV-1 on glutathione content in the liver is shown in Fig 2. The content of GSH level of liver homogenate in CCl<sub>4</sub> control group was found to significantly lower than in normal group. The administration of HGV-1 at doses 10 and 20 mg/kg capable to increase the GSH content of liver. These results were increased by 26.83 and 72.36 % respectively as compared to CCl<sub>4</sub> control group. Therefore HGV-1 capable to protect the depletion of GSH content against CCl<sub>4</sub>-induced liver damaged.



Int J Pharmacy Pharm Sci



Fig. 2: Effect of administration of HGV-1 on serum GPT level, ALP, total bilirubin and glutathione content against CCl<sub>4</sub>induced liver damage in rats.

Data were expressed as mean  $\pm$  SEM. \* p<0.05; \*\* p<0.01; \*\*\* p<0.001 significantly different to control CCl<sub>4</sub>.

#### Catalase activity in liver tissues

The activity of CAT in liver homogenate is shown in Fig 3. CAT activity of liver total homogenate in CCl<sub>4</sub> control group was found to be lowers than in normal group (Fig.3). The administration of HGV-1 10 and 20 mg/kg significantly increased CAT activity compared to CCl<sub>4</sub> control group. The administration HGV-1, 20 mg/kg completely restored the CAT activity to the normal level. The results suggest that HGV-1 capable to protect the reduction of CAT against CCl<sub>4</sub>-induced liver damaged.



Fig. 3: Effect of administration of HGV-1 on catalase against CCl<sub>4</sub>-induced liver damage in rats.

Data were expressed as mean  $\pm$  SEM. \* p<0.05; \*\* p<0.01 significantly different to control CCl<sub>4</sub>.

#### In vitro NO free radical scavenging activity

Effect of HGV-1 on NO free radical scavenging activity is presented in Fig 4. In order to know the mechanisms of hepatoprotective of HGV-1, it necessary to investigate the antioxidant effect of HGV-1. The result demonstrated that HGV-1 capable to scavenge NO free radical by ES ( $32.68 \pm 0.40$ ).



Fig. 4: The effects of HGV-1 on the accumulation of nitrite upon decomposition of sodium nitroprusside (10 mM).

The incubation time was 150 min and temperature 25°C. Each point represent the mean  $\pm$  SEM (n = 5).

# DISCUSSION

Hepatocellular damage or necrosis, lead to elevation of serum marker enzymes, which are released from liver into the blood<sup>1</sup>. The determination of enzyme levels in assessment of CCl4-induced liver damage, such as SGPT and SGOT is largely used. The membrane damage releases the enzyme into circulation. SGPT catalyses the conversion of alanine to pyruvate and glutamate, and is released in a similar manner. However, GPT is more specific to the liver, and is thus a better parameter for detecting liver injury<sup>17</sup>. Our study using the model of CCl<sub>4</sub>-induced liver damage in the rats demonstrated that HGV-1 at the different doses caused significant inhibition of SGPT levels. In other hand, serum ALP and bilirubin levels are related to the hepatic function. The present study using the model of CCl<sub>4</sub>-induced liver damage in rats demonstrated that HGV-1 caused significant inhibition of SGPT, SALP and bilirubin levels. Therefore, the administration of HGV-1 capable to relief and improve of the functional status of the liver from the CCl<sub>4</sub>-induced liver damage.

It well accepted that a deficiency of GSH within living organisms can lead to tissue disorder and injury. The liver injury induced by hepatotoxic agents such as paracetamol and CCl<sub>4</sub> are known to be correlated with low tissue levels of GSH<sup>18</sup>. Accordingly, the present results were suggested that the administration HGV-1 might provide a mean for recovery of reduce GSH levels and to prevent tissue disorders and liver damages. In present study, we have demonstrated the effectiveness of low doses of HGV-1 (10 and 20 mg/kg) by using model CCl<sub>4</sub>-induced liver damaged in rats.

Another antioxidant defense system in the body is catalase (CAT). The reduction of this protective defense system results in increased sensitivity to free radical-induced cellular damage. The administration of CCl<sub>4</sub> lead to generation of free radical such as trichloromethyl free radical ( $\bullet$ CCl<sub>3</sub>) and trichloromethylperoxy free radical ( $CCl_3O_2\bullet$ )<sup>19,20</sup> which is associated with inactivation of CAT. The excessive and accumulation of free radicals may result in alterations in the some biological activity of cellular macromolecules. The administration of HGV-1 increases the activities of CAT and protect from the accumulation of free radical result from

metabolism of CCl4. Hence, it may be possible that the mechanism of hepatoprotective of HGV-1 is due to its antioxidant effect.

HGV-1 effectively reduced the generation of NO radicals and scavenged NO radicals in a dose dependent manner. HGV-1 exhibited potent NO radical scavenging with  $ES_{50}$  values is 32.68  $\mu$ M. The pretreatment with HGV-1 capable to prevent the accumulation of free radicals which is generated from CCl<sub>4</sub>. This antioxidant mechanism probably contributes to the hepatoprotective of HGV-1 against CCl<sub>4</sub>.

In conclusion, the results of the present study demonstrate that HGV-1 has a potent hepatoprotective action upon carbon tetrachloride-induced hepatic damage in rats. Our results indicated that the hepatoprotective effects of HGV-1 may be due to its antioxidant and free radical scavenging properties.

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