

IN-VITRO ANTIBACTERIAL SCREENING OF THE PHYTOCHEMICAL EXTRACTS AGAINST *E. FAECALIS*

LAKSHMI.T*¹ AND RAVISHANKAR.P²

¹Assistant Professor, Department of Pharmacology, Saveetha Dental College, Chennai, ²Reader, Department of Conservative Dentistry, Thai moogambigai Dental College, Chennai. Email: lakshmi085@gmail.com

Received: 20 Oct 2011, Revised and Accepted: 11 Dec 2011

ABSTRACT

Aim: The Objective of our study is to investigate the *in vitro* antibacterial activity of acetone bark and seed extract of *Acacia catechu willd* and *Aesculus hippocastanum* (Horse chest nut) against *Enterococcus faecalis*.

Materials and Methods: The inhibitory effect of acetone bark extract of *Acacia catechu willd* and *Aesculus hippocastanum* seed extract were tested against *E. faecalis* by using the Broth dilution method.

Results: The acetone bark extract of *Acacia catechu* exhibited antibacterial activity against *E. faecalis* with minimum bactericidal concentration of 10mg/ml whereas, *Aesculus hippocastanum* acetone seed extract does not show any antibacterial activity at concentration ranging from 62µg/ml to 10mg/ml.

Conclusion: The acetone bark extract of *Acacia catechu willd* was found to be bactericidal in action against tested bacterial strain.

Keywords: *Acacia catechu willd*, *Aesculus hippocastanum*, Anti bacterial activity, *E. faecalis*.

INTRODUCTION

Natural products have been used for thousands of years in Dental practice, they were also believed to be the new source of antimicrobial agents.^{1,2}

Acacia catechu Willd is widely used in Ayurveda for many diseases and mainly for skin diseases. Most of the people in Kerala use boiled Khadira water (karingali water) for drinking purpose. *Acacia catechu* is highly valuable for its powerful astringent and antioxidant activities. It is useful in dental, oral, throat infections and also as an astringent for reducing oozing from chronic ulcers and wounds. The main chemical constituents of *Acacia Catechu* are catechin, epicatechin, epigallocatechin, epicatechin gallate, phloroglucin, protocathechuic acid, quercetin, poriferasterol glucosides, lupenone, procyanidin, kaemferol, L-arabinose, D- galactose, D-rhamnose and aldobiuronic acid, afzelchin gum, mineral and taxifolin.^{3, 4-8} The extracts of *Acacia catechu* exhibits various pharmacological effects like antipyretic, anti-inflammatory, anti diarrhoeal, hypoglycaemic, hepatoprotective, antioxidant and antimicrobial activities.⁹⁻¹⁵ *Acacia catechu* is useful as a topical agent for sore gums and mouth ulcers.¹⁶

Aesculus hippocastanum (Horse chestnut), is believed to be derived from the brown conkers that look similar to chestnuts and because a horseshoe shaped mark .horse chest seed extract(HCSE), The primary active constituent found in horse chestnut seed extract is aescin¹⁷. Aescin is primarily an mixture of triterpene saponins present in two forms, which are distinguished by their water solubility and melting points. Other constituents include bioflavonoids (quercetin and kaempferol), proanthocyanidin A₂ (an antioxidant), and the coumarins fraxin and aesculin.¹⁸

Extract of horse chestnut bark (*Aesculus hippocastanum*) is one of the ingredients that gives Fortifying Mint Toothpaste, Sensitive Orange Tooth Gel for Children and Sage Mouthwash their fortifying effects. It contains aesculin, which firms the gums and has a harmonising influence on the formation and hardening processes within the body. These two opposing tendencies play an important role in the

development of the teeth as the tooth grows and requires both forming and hardening¹⁹.

Horse chest nut seed extract is found to be active against oral microbes like *streptococcus mutans*, *streptococcus salivarius*, *streptococcus mitis*, *streptococcus sanguis* and *Lactobacillus acidophilus*.²⁰

Enterococci are gram positive cocci that can occur singly, in pairs, or as short chains. They are facultative anaerobes, possessing the ability to grow in the presence or absence of oxygen.^{21, 22} *Enterococci* survive in harsh environments including extreme alkaline pH (9.6) and salt concentrations.²³ *E. faecalis* is associated with different forms of periradicular disease including primary endodontic infections and persistent infections *E. faecalis* is found in 4 to 40% of primary endodontic infections²⁴. Root canal treatment has been described as the disinfection of the root canal system, using endodontic instruments aided by an antimicrobial agent.^{25,26}

The most effective method to eradicate *E faecalis* is the use of sodium hypochlorite and 2% chlorhexidine.²⁷ Sodium hypochlorite is extremely toxic to periapical tissues if injected beyond apex.²⁸ Presence of inflammatory exudate and killed micro organisms can inhibit the action of chlorhexidine in root canal.²⁹ Various Plant products have been reported to inhibit the growth of several oral microbes. Hence an attempt was taken to evaluate the *invitro* antibacterial activity of acetone bark extract of *Acacia catechu willd* and acetone seed extract of *Aesculus hippocastanum* against *E. faecalis* to prevent Root canal failure.

MATERIALS AND METHODS

Plant material

Acetone Bark extract of *Acacia catechu willd* and seed extract Of *Aesculus hippocastanum* was obtained from Green Chem. Herbal Extract & Formulations. Bangalore.

Test microorganisms

Bacterial strain used were *Enterococcus faecalis* (ATCC 29212) ,The organisms were obtained from Department of Microbiology , Saveetha Dental College & Hospitals, Chennai .

Methodology

The plant extract 200mg were weighed aseptically into a sterile tube and dissolved in 2ml of sterile Tryptic soy Broth (TSB).From the stock solution various concentrations were prepared,viz.,62µg,125 µg,250 µg,500 µg/100µl ,1mg,5mg,10mg/100µl respectively in to wells of micro plates.100µl of these concentration were taken and the plates were incubated at 37°C for 24hrs.

Screening of Antibacterial Activity

The tested organism was grown in (TSB) Tryptic soy broth medium [MHA-Hi media ,Mumbai] for 24hrs at 37°C and concentration was adjusted to 0.5 Macfarland standard.³⁰⁻³²

The above concentration of extracts was taken in 100µl quantities in a U bottom micro culture plates. 100µl of the bacterial suspension was added to each well.control well received plain broth without plant extract. the plates were kept in sealed covers and incubated at 37°C overnight and growth/no growth was detected. All the tests were done in duplicate to minimize the test error.

Minimum Inhibitory Concentration (MIC)

Minimum inhibitory concentration of herbal extracts against tested microorganism was determined by broth dilution method ³³. A series of two- fold dilution of each extract

(62 µg/100µl to 10mg/100µl) was made in to which 100µl of the standardized bacterial suspension containing 10⁶ organisms was made in Tryptic soy broth as specified by National Committee for Clinical Laboratory Standards (NCCLS, 1990)³⁴.The control well received plain broth without herbal extract .The plates were incubated at 37°C for 24 hours and observed for visible growth. As the extracts were colored, MIC could not be read directly by visual methods.Hence subcultures from all the wells were made and growth/nogrowth is detected.then the MBC was obtained.

Minimum Bactericidal Concentration (MBC)

The MBCs were determined by selecting wells that showed no growth. The least concentration, at which no growth was observed, is noted as the MBC.

RESULT AND DISCUSSION

Various literature reveals the antibacterial efficacy of herbal extracts against *E.faecalis*.^{35,36}

The extract at different concentrations exhibited antibacterial activity against the bacterial strain tested. The Acetone bark extract of *Acacia catechu* exhibited a high degree of activity against the organism tested . The Acetone bark extract showed no growth at a concentration of 10mg/ml. whereas the Acetone seed extract of *Aesculus hippocastanum* does not showed any activity against *E.faecalis*.

The presence of No growth is an indication of high effectiveness of the extract whereas presence of Growth indicates the less effectiveness of the extract ,which was represented in Table 1 and 2.

Table 1: Antibacterial activity of phytochemical extracts against *E.Faecalis*

Herbal extract	62µg/ml	125 µg/ml	250 µg/ml	500 µg/ml	1mg/ml	5mg/ml	10mg/ml	Control
<i>Acacia catechu</i> Bark Acetone extract	++	++	++	++	++	++	--	++
<i>Aesculus Hippocastanum</i> seed Acetone extract	++	++	++	++	++	++	++	++

++ =Growth

-- =No Growth(Indicates MIC /MBC)

Table 2: Microbicidal Concentration (MBC)

Herbal Extracts	MBC Conc.Showing [No Growth]
<i>Acacia catechu</i> Bark Acetone extract V's <i>E.faecalis</i>	10mg/ml
<i>Aesculus hippocastanum</i> Seed Acetone extract V's <i>E.faecalis</i>	No activity



1. 1mg, 2. 5 mg, 3. 10 mg, 4.20 mg, 5.40 mg, c- control
shows activity against *E.faecalis* at 10 mg

Fig. 1: *Acacia Catechu* bark acetone extract

CONCLUSION

Phytochemical extracts contain many chemical compounds which are biologically active within the human body. For centuries

humans have used plants and plant extracts to treat various disease conditions and more recently to produce new drugs.

Still most of the plants carry a large number of unidentified compounds which can be really useful of making new drugs and for the identification of lead compounds.

Hence Our finding suggest that the antibacterial activity of the acetone bark extract of *Acacia catechu willd*, is an indication of its broad spectrum antibacterial potential which may be helpful in eradicating *E.faecalis* for the management of Root canal failure that occurs frequently during Endodontic procedure. However, further studies are necessary to isolate and reveal the active compound(s) contained in the refined extract of *Acacia catechu willd* and to establish the mechanism of action.

ACKNOWLEDGEMENT

Our Heartfelt thanks to Mr.Rajendran CEO Of Green Chem Herbal Extracts & Formulations, Bangalore, India for Providing me the Acetone Bark Extract of *Acacia Catchu Willd* & *Aesculus hippocastanum seed extract* as a Gift sample to conduct this *In vitro* Study and we also thank Dr.Auxilia Hemamalini ,HOD of Microbiology , Saveetha Dental College & Hospitals,Chennai for providing the test organism for the study.

REFERENCES

- Dhanya Kumar N. M, Preena Sidhu The Antimicrobial Activity Of *Azadirachta Indica*, *Glycyrrhiza Glabra*, *Cinnamum Zeylanicum*, *Syzygium Aromaticum*, *Accacia Nilotica* On *Streptococcus Mutans* and *Enterococcus Faecalis* - An *In Vitro* Study. Endodontology journal available at <http://medind.nic.in/eaat/t11/i1/eaat11i1p16.pdf>
- Anonymous, Indian Herbal Pharmacopoeia, Revised new edition 2002, Indian Drug Manufacturer's Association, Mumbai, 2002, 1-11.
- Sharma P, Dayal R, Ayyer KS, Chemical constituents of *Acacia catechu* leaves, Indian Journal of Chemical Society, Page No. 60, 1997.
- Rao PR, Seshadri TR, L-Epi-catechin from *Acacia catechu*, Journal Scientist Indian Research, 7B,1948, 59.
- Jain R, Patni V, Arora DK, Isolation and identification of flavonoid "quercetin" from *Acacia catechu (L.F.) Willd*- A katha yielding plant, Journal of Phytological Research, 20(1), 2007, 43-45.
- Sham JS, Chiu KW, Pang PK. Hypotensive action of *Acacia catechu*. *Planta Med* 1984 Apr; 50(2):177-180.
- Anonymous, the Wealth of India, Raw Material, Vol 1, CSIR, New Delhi, 2004, 11.
- Singh KN, Lal B, Note on traditional uses of Khair (*Acacia catechu Willd.*) by inhabitants of shivalik range of western Himalaya, Ethnobotanical Leaflets, 10, 2006, 109-112.
- Qadry JS, Shah's and Qadry's Pharmacognosy, 12th edition, B.S Shah Prakashan, Ahmedabad, 2008, 302-303.
- Lakshmi.T, Geetha R.V, Anitha Roy "In vitro Evaluation of Anti bacterial Activity of *Acacia catechu willd* Heartwood Extract." International journal of Pharma and Biosciences. Vol.2 issue 2 (April-June) 2011.
- Geetha R.V, Anitha Roy , Lakshmi .T "In vitro evaluation of anti bacterial activity of heart wood extract of *acacia catechu willd* on enteric pathogens" International journal of pharmaceutical sciences review and research vol.9 issue.2 July-August 2011.
- Anitha Roy, Geetha R.V ,Lakshmi T "In Vitro Evaluation of Anti Mycotic Activity of Heartwood Extract of *Acacia Catechu Willd*" Journal of pharmacy research vol.4 issue 7 2011.
- Lakshmi.T, Geetha RV, Anitha Roy *In vitro* evaluation of anti bacterial activity of Ethanolic Bark extract of *Acacia catechu willd* against enteric pathogens." International journal of Drug and Developmental Research .Volume 3 issue 3 July-Sep 2011 .
- Lakshmi.T.Black cutch (*Acacia catechu willd*)-A potent medicinal plant letter to Editor, Internationale pharmaceutica sciencia vol.1 issue 2 April-june 2011.
- Naik GH, Priyadarsini KI, Satav JG, Banavalikar MM, Sohoni DP, Biyani MK, Mohan H, Comparative antioxidant activity of individual herbal components used in Ayurvedic medicine, 63(1), 2003, 97-104.
- Bimla, Meera, Chander, Jagdish, Kalidhar SB, A Review on the chemistry and bioactivity of *Acacia* Spp., Journal of Medicinal and Aromatic Plants Science, 27, 2005, 51-90.
- Horse chestnut (*Aesculus hippocastanum* L.). http://www.mayoclinic.com/health/horse-chestnut/NS_patient-horsechestnut.
- Bombardelli E, Morazzoni P. *Aesculus hippocastanum* L. *Fitoterapia* 1996;67:483-511.
- Horse chest nut for strong teeth available at <http://www.dr.hauschka-med.de/english/products/med-teeth/horse-chestnut-for-strong-teeth/>
- Anitha Roy, Geetha RV, Lakshmi.T. *In vitro* antibacterial activity of Aqueous and Ethanolic extract of *Aesculus hippocastanum* on oral microbes. Asian journal of pharmaceutical and clinical Research. Vol4 issue 4 Oct-Dec 2011.
- Gilmore MS. The *Enterococci*: pathogenesis, molecular biology, and antibiotic resistance. Washington: ASM Press, 2002.
- Rôças IN, Siqueira JF, Santos KRN. Association of *Enterococcus faecalis* with different forms of periradicular diseases. J Endod 2004;30:315-20.
- Koch S, Hufnagel M, Theilacker C, Huebner J. Enterococcal infections: host response, therapeutic, and prophylactic possibilities. Vaccine 2004;22:822-30.
- Tendolkar PM, Baghdayan AS, Shankar N. Pathogenic *Enterococci*: new developments in the 21st century. Cell Mol Life Sci 2003;60:2622-36.
- Engström B. The significance of *Enterococci* in root canal treatment. Odontol Revy 1964;15:87-106.
- N. Vivacqua-Gomes et al Recovery of *Enterococcus faecalis* after single- or multiple-visit root canal treatments carried out in infected teeth ex vivo. International Endodontic Journal, 38, 697-704, 2005.
- Charles H Stuart, Scott A Schwartz, Thomas J Beeson (2006). *Enterococcus faecalis*: its role in root canal treatment failure and current concepts and retreatment. Journal Of Endodontics 32 (2): 93-97.
- Joshua M, Davis, James Maki (2007). An *in vitro* comparison of antimicrobial effects of various endodontic medicaments on *Enterococcus faecalis*. Journal Of Endodontics 33 (5):567- 569.
- Mohamaddi Z, Abbott PV (2009). The properties and applications of chlorhexidine in endodontics. International endodontic journal 42(2); 288-302.
- J.H Jorgenson & John turniegd Susceptibility test methods dilution and disc diffusion methods, Manual of Clinical microbiology vol 1 ,9th edition pg no.1153-1172. ASM Press Washington.
- Betty A.Forbes., Daniel F.Sahm., Alice S.Weissfeld. Bailey & Scott's Diagnostic Microbiology 11th edition Mosby page no 229 - 257.
- Ramappa Raghavendra and Gurumurthy. D. Mahadevan *In Vitro* Antimicrobial Activity Of Various Plant Latex Against Resistant Human Pathogens. International journal of pharmacy and pharmaceutical sciences. Vol.3 Issue 4 Oct-Dec 2011.
- Jennifer MA: Determination of Minimum Inhibitory Concentrations: Journal of Antimicrobial Chemotherapy 2001; 48, (S1): 5 -16.
- National Committee for Clinical Laboratory Standards: Methods for Disc Susceptibility Tests for Bacteria that Grow Aerobically: NCCLS Document M2-A7: National Committee for Clinical Laboratory Standards: Wayne, USA: 2000; 7.

35. Geetha R.V ,Anitha Roy ,Lakshmi.T "*In Vitro* Evaluation Of Anti Bacterial Activity Of Heartwood Extract of *Acacia Catechu* On Oral Microbes".International Journal Of Current Research And Review Vol.3 Issue 6 June 2011.
36. Naiyak Arathi *et al* Evaluation of Antibacterial and Anti candidial efficacy of Aqueous and Alcoholic extract of Neem (*Azadirachta indica*)-An In Vitro study International Journal of *Research in Ayurveda & Pharmacy*, 2(1), Jan-Feb 2011 230-235.