

IN- VITRO CYTOTOXIC, ANTIOXIDANT AND GC-MS STUDIES ON *CENTRATHERUM PUNCTATUM* Cass.

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ABSTRACT

Objective: Herbal medicine is as ancient as mankind and has significantly contributed to the health care of the human society. The present study is carried out to investigate the cytotoxic and antioxidant potentials of Ethanol extract of aerial parts of *Centratherum punctatum* Cass. (Family - Compositae).

Methods: Antioxidant activity measured using DPPH assay and evaluating cytotoxic effect using Trypan blue dye exclusion method and analysis of active extract using GC-MS.

Results: Cytotoxic effect was evaluated employing Trypan blue dye exclusion method using Ehrlich Ascites Carcinoma cell lines which depicted the cytotoxic potentials of the selected drug source. Besides the extract also showed significant antioxidant activity comparable with that of standard ascorbic acid in the DPPH free radical scavenging assay. Gas chromatography mass spectrometry (GC-MS) analysis of the Ethanolic extract which revealed potential cytotoxic effect revealed the presence of anticancerous compounds such as Eugenol, Spathulenol, Viridiflorol, Hexadecanoic acid, Phthalic acid, bis(7-methyloctyl) ester, Eicosane and Squalene.

Conclusion: Present findings indicated promising anticancer and antioxidant potentials of the Ethanol extract of aerial parts of *Centratherum punctatum* Cass.

Keywords: In-vitro Cytotoxicity; In-vitro Antioxidant; GC-MS; DPPH Assay; *Centratherum Punctatum* Cass.

INTRODUCTION

The traditional medicine systems recommend the usage of different parts of herbs in the form of tinctures, powders, decoctions or extracts. Though these systems are effective, they need to be standardized and validated for better acceptability and adaptability. This can be achieved only through standardization and validation studies which involve botanical, chemical *In-vitro* and *In-vivo* studies. In the present work attempts were made to evaluate the cytotoxic potentials of the ethanol extract of aerial parts of an Asteraceae drug source *Centratherum punctatum* Cass. as it is used to control various ailments like Cancer, Inflammation, intestinal disorders, fever and pain. The extract is subjected to both cytotoxic and antioxidant studies employing in-vitro methods. After establishing the efficacy extract was assessed for its potential bioactive molecules using GCMS method.

MATERIALS & METHODS

Plant Material

Fresh plants of *Centratherum punctatum* Cass. were collected from the Herbal Garden of Srimad Andavan Arts and Science College, Tiruvanaikovil, Trichy - 620005 during the month of February. Identified with the help of Flora of Presidency of Madras [1] and confirmed by comparing with the Herbarium specimen deposited at Royal Botanic Garden, Kew (Voucher specimen number K000373089).

Chemicals

All the reagents used were of analytical grade obtained from Merck-India.

Preparation of Ethanol Extract

After proper identification and authentication aerial parts of the plant were cleaned, shade dried and coarsely powdered. 250 gms of powder was weighed and transferred to Stoppered flask, and treated with 1000 ml of Ethanol until the powder is fully immersed. The flask was shaken every hour for the initial 6 hrs and then it was kept aside and again shaken after 24 hrs. This process was repeated for 3 days and then the extract was filtered. The extract was collected and the solvent was distilled off. [2] The final residue obtained was

subjected to In-vitro cytotoxic activity, DPPH Assay and after confirming the selected therapeutic potentials the extract was subjected to GC-MS analysis.

In-vitro Cytotoxicity

Trypan blue Exclusion method

Short term in-vitro cytotoxic potential of selected drug was assessed using Ehrlich Ascites Carcinoma cell lines by incubating with different concentrations of the Ethanolic extract of the drug under study at room temperature for 3 hours. The tumour cells were aspirated from peritoneal cavity of tumour bearing mice using an Insulin syringe and transferred to a test tube containing isotonic saline. The cells were then washed in normal saline and cell number was determined using a Haemocytometer and adjusted to 1×10^6 cells/ml. For the cytotoxic assay, different concentrations of the Ethanolic extract of drug was added to each tubes and the final volume was adjusted to 1 ml with normal saline. Control tubes were kept with saline, tumour cells and without the drug. All the tubes were incubated at 37°C for 3 hours. After incubation, 0.1 ml of 0.4% trypan blue dye in isotonic saline was added to each tube and the number of viable (unstained) and dead (stained) cells were counted using haemocytometer. [3]

In-vitro Antioxidant Assay

DPPH Radical Scavenging Assay

Free radical scavenging capacity of the Ethanol extract of *Centratherum punctatum* Cass. was determined using DPPH. DPPH solution (0.004% w/v) was prepared in 95 % methanol. Five different concentrations of drug under study were taken in test tubes. 1 ml of freshly prepared DPPH reagent was added to the test tubes and incubated in dark. After 10 minutes of incubation, the absorbance was measured at 517 nm using spectrophotometer (Systronics UV:Visible spectrophotometer 119, India). Ascorbic acid was used as a positive control. % scavenging activity of the DPPH free radical was measured using the following equation

$$\text{Inhibition (\%)} = \frac{(A_0 - A_1)}{A_0} \times 100$$

Where; A_0 is the absorbance of control and A_1 is the absorbance of test. [4]

GC-MS investigation of ethanol extract of *Centratherrum punctatum* Cass.

A Volume of 1µl of clear extract was injected into GC-MS (PerkinElmer Clarus 500) with a oven programming of 50°C (1min) @10 °C/min to 150 °C (1 min) @8°C/min to 250°C (1min)@15 °C/min to 300 °C (5 min). The injector temperature was maintained at 280°C. The split ratio was set as 1:8. The carrier gas used in the analysis was helium which had the flow rate of 1ml/min. A 30 m Capillary column of elite 5ms, with a Column id of 250 µm was used. The compounds were detected in the range of 40- 450amu by matching with NIST library.[5,6,7]

RESULTS AND DISCUSSION

In-vitro Cytotoxicity

Trypan blue Exclusion method

The drug under study was reevaluated for its cytotoxic potential against EAC cell lines using Trypan blue method and the data of the

results obtained were encouraging. The extract must be having considerable membrane damage potential and might have activated the apoptotic pathway inside the cancer cells as reported by earlier workers in the same family.[8]

In-vitro Antioxidant Assay

DPPH Radical Scavenging Assay

The DPPH assay is one of the most widely accepted method for assessing antioxidant potential of plant extracts. Table – 2 clearly depicts the scavenging effect of **Ethanol extract of *Centratherrum punctatum* Cass.** which is comparable with that of ascorbic acid positive control. [9]

GC-MS investigation of Ethanol extract of *Centratherrum punctatum* Cass.

The data of the results obtained through GC-MS analysis of ethanolic extract of the aerial parts of *Centratherrum punctatum* Cass. is presented in **Figure 1 & 2**.

Table 1: Cytotoxic effect of Ethanol extract of *Centratherrum punctatum* Cass. on EAC cells

| Concentration of Drug (µg/ml) | Viable cells | Viable Cells (%) | Death Cells | Death Cells (%) |
|-------------------------------|--------------|------------------|-------------|-----------------|
| Control | 130 | 96.3 | 5 | 3.7 |
| 25 | 86 | 81.9 | 19 | 18.1 |
| 50 | 89 | 72.6 | 34 | 27.6 |
| 100 | 79 | 66.9 | 39 | 33.1 |
| 200 | 61 | 47.7 | 67 | 52.3 |
| 500 | 24 | 22.6 | 82 | 77.4 |

Table 2: DPPH Assay of Ethanol extract of *Centratherrum punctatum* Cass.

| S. No. | Concentration of Extract (mg/ml) | Scavenging of DPPH free radical (% activity of Ethanol extract) |
|--------|----------------------------------|---|
| 1. | 0.1 | 15.32±2.72 |
| 2. | 0.2 | 29.65±3.21 |
| 3. | 0.3 | 36.17±4.58 |
| 4. | 0.4 | 49.35±5.66 |
| 5. | 0.5 | 54.26±5.22 |
| 6. | Ascorbic acid (0.5mg/ml) | 82.45±4.26 |

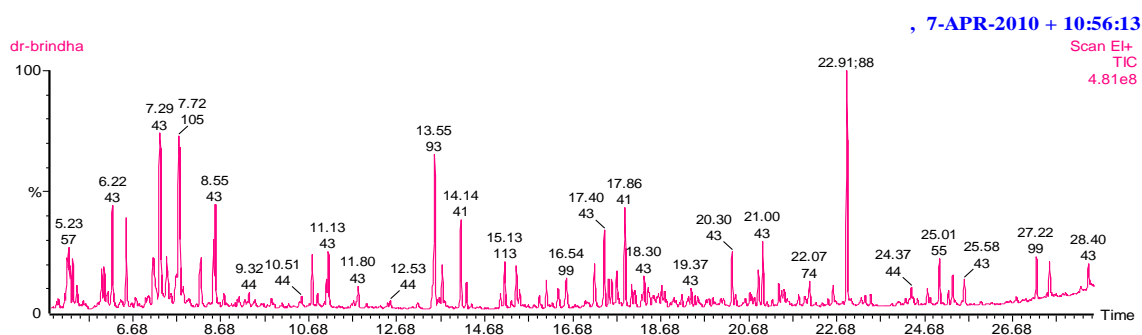


Fig. 1: Chromatogram of Ethanol Extract of *Centratherrum punctatum* Cass.

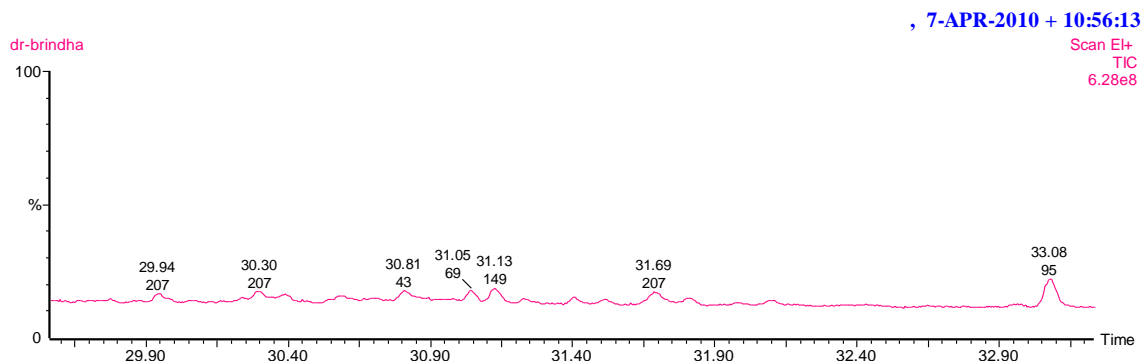


Fig. 2: Chromatogram of Ethanol Extract of *Centratherrum punctatum* Cass.

Thirty compounds identified through GCMS analysis in the Ethanol extract of *Centratherum punctatum* Cass. are given in the Table 4.

Table 3: List of Chemical fractions identified in the Ethanol Extract of *Centratherum punctatum* Cass.

| S. No. | Peak name | Molecular Formula | Molecular Weight | Retention time | % Peak Area |
|--------|--|-------------------|------------------|----------------------------|-------------|
| 1. | Cyclopentanol | C6H12O | 100 | 4.39, 4.44, 5.23 | 4.497 |
| 2. | 2,3-Dioxabicyclo[2.2.1]heptanes | C6H10O2 | 114 | 7.29 | 1.500 |
| 3. | Hemimellitene | C9H12 | 120 | 7.72, 7.75 | 1.801 |
| 4. | Cyclohexanol | C12H20O2 | 196 | 13.55 | 1.034 |
| 5. | Eugenol | C10H12O2 | 164 | 13.65, 13.71 | 0.318 |
| 6. | Limonene oxide | C10H16O | 152 | 15.28 | 0.038 |
| 7. | 2H-1-Benzopyran-2-one | C9H6O2 | 146 | 15.40 | 0.282 |
| 8. | Bicyclo[3.1.1]hept-2-en-4-ol, 2,6,6-trimethyl-, acetate | C12H18O2 | 194 | 15.48 | 0.107 |
| 9. | Nonanoic acid, 9-oxo-, ethyl ester | C11H20O3 | 200 | 16.08 | 0.156 |
| 10. | 2-Butenedioic acid (Z)-, | C12H20O4 | 228 | 16.54 | 0.284 |
| 11. | Acetic acid, 1-methyl-1-(4-methyl-5-oxo-cyclohex-3-enyl)ethyl ester | C12H18O3 | 210 | 17.17 | 0.329 |
| 12. | Spathulenol | C15H24O | 220 | 17.57 | 0.110 |
| 13. | Caryophyllene oxide | C15H24O | 220 | 17.68 | 0.237 |
| 14. | Viridiflorol | C15H26O | 222 | 17.86, 18.03, 18.77 | 0.884 |
| 15. | 1,2-Cyclohexanediol, 1-methyl-4-(1-methyl-4-phenyl)- | C10H18O2 | 170 | 18.30 | 0.233 |
| 16. | 7-Oxabicyclo[4.1.0]heptane, 1-methyl-4-(2-methoxyiranyl)- | C10H16O2 | 168 | 18.39 | 0.145 |
| 17. | 1á-Cadin-4-en-10-ol | C15H26O | 222 | 18.51 | 0.094 |
| 18. | 1,3-Bis-(2-cyclopropyl,2-methylcyclopropyl)-but-2-en-1-one | C18H26O | 258 | 19.03 | 0.033 |
| 19. | 2-Pentadecanone, 6,10,14-trimethyl- | C18H36O | 268 | 21.00 | 0.388 |
| 20. | Vinyl decanoate | C12H22O2 | 198 | 21.82, 21.95, 22.48 | 0.214 |
| 21. | Hexadecanoic acid, ethyl ester | C18H36O2 | 284 | 22.91 | 1.463 |
| 22. | Hexanedioic acid, mono(2-ethylhexyl)ester | C14H26O4 | 258 | 27.52 | 0.265 |
| 23. | 1,2-Benzenedicarboxylic acid, diisooctyl ester | C24H38O4 | 390 | 28.40 | 0.225 |
| 24. | 1,2-Benzenedicarboxylic acid, mono(2-ethylhexyl) ester | C16H22O4 | 278 | 28.82 | 64.382 |
| 25. | Docosanoic acid, ethyl ester | C24H48O2 | 368 | 29.14 | 0.189 |
| 26. | Phthalic acid, bis(7-methyloctyl) ester | C26H42O4 | 418 | 30.30, 31.13, 31.40, 31.52 | 0.438 |
| 27. | Eicosane | C20H42 | 282 | 30.81 | 0.279 |
| 28. | Squalene | C30H50 | 410 | 31.05 | 0.115 |
| 29. | 2,5,5,8a-Tetramethyl-4-methylene-6,7,8,8a-tetrahydro-4H,5H-chromen-4a-yl hydroperoxide | C14H22O3 | 238 | 31.69 | 0.208 |
| 30. | Azulene | C15H24 | 204 | 33.08 | 0.324 |

Among 30 compound fractions identified following were proven for their anticancer and antioxidant activity. (TABLE IV)

Table 4: List of Compounds

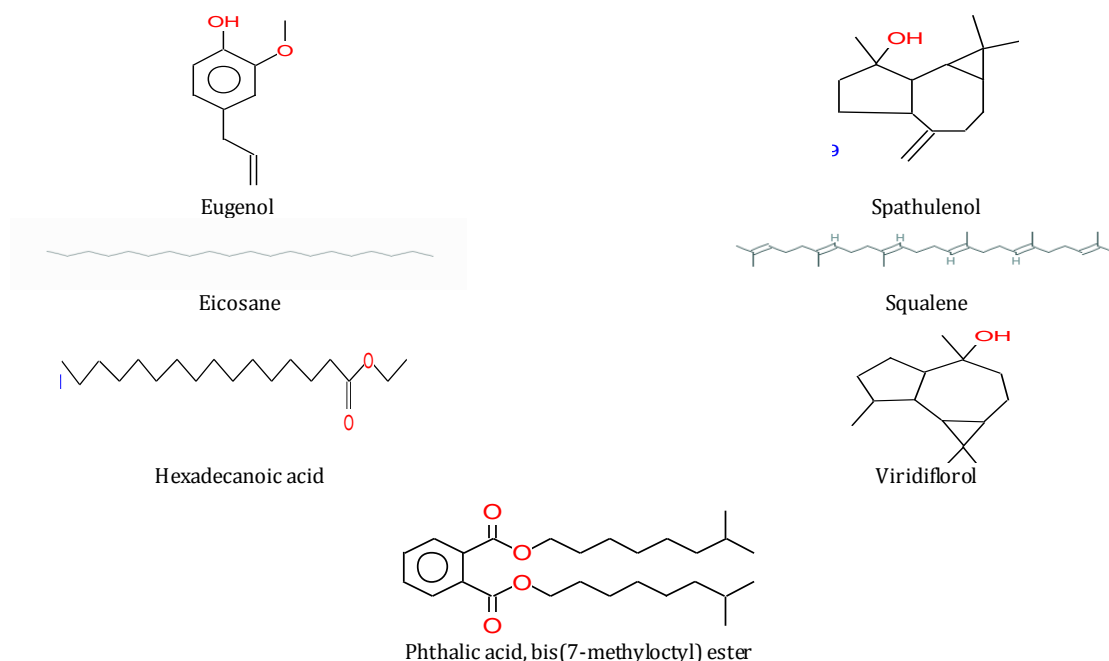
| S. No. | Compound Name | Nature of Compound | Activity Established |
|--------|---|----------------------------------|--|
| 1. | Eugenol | Phenylpropene | Kills human colon cancer cell lines <i>in vitro</i> . [10] |
| 2. | Spathulenol | Diterpene | Immuno modulatory effect. [11] |
| 3. | Viridiflorol | Sesquiterpénols | Anticancer activity against human amelanotic melanoma cell line C32, Renal cell adenocarcinoma, Hormone-dependent prostate carcinoma and Human breast cancer cell line MCF-7. [12] |
| 4. | Hexadecanoic acid, ethyl ester | Palmitic acid ester | Antioxidant. [13] |
| 5. | Phthalic acid, bis(7-methyloctyl) ester | Aromatic dicarboxylic acid ester | Antitumour activity against mice sarcoma 180 cell lines. [14] |
| 6. | Eicosane | Alkane | Antitumour activity against the human gastric SGC-7901 cell line. [15] |
| 7. | Squalene | Triterpene | Antioxidant, Antitumor and Immunostimulant. [16] |

CONCLUSION

The greatest lacuna existing in herbal-based medicines are lack of standards and validation studies. Considering the immense potentials of existing herbal drug for human health care in the present work attempts were made in the present work to scientifically validate and chemically standardize the potential anticancer drug *Centratherum punctatum* Cass.

Chemical standardization studies revealed that *Centratherum punctatum* Cass. is rich in secondary metabolites which possessed wide range of biological activities such as anticancer, anti

inflammatory, anti pyretic and analgesic. The anti-oxidant activity against DPPH free radicals and *in-vitro* cytotoxic activity against EAC cell lines exhibited by the selected drug can be attributed to the presence of anticancer fractions such as Eugenol, Spathulenol, Viridiflorol, Hexadecanoic acid, Phthalic acid, bis(7-methyloctyl) ester, Eicosane and Squalene. Following structures of the Fractions which possessed proven anticancer activity were identified through GC-MS in the ethanolic extract of *Centratherum punctatum* Cass. screened for *In-vitro* Cytotoxic effect. Further *In-depth* studies can result in the development of a human friendly anti cancer drug from this plant source.



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