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Research Article

ANTI OXIDANT PROPERTY METHANOLIC EXTRACT OF Solanum pubescens Willd., ON PARACETAMOL INDUCED OXIDATIVE STRESS IN ALBINO RATS

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ABSTRACT

Objetive: To investigate antioxidant activity of methanolic leaf extract of Solanum pubescens Willd, on paracetamol induced oxidative stress in albino rats.

Methods: Paracetamol is administered as an inducer for oxidative stress. Thirty Wistar albino rats were randomly divided into five groups. Either sex of Wister strains of albino rats were divided in to 5 groups were Group 1 served as normal control, Group 2 served as Paracetamol control, Group 3 were administered with standard drug (Silymarin), Group 4 and Group 5 were administered to different doses of methanolic extract of *Solanum pubescens Willd.*, (i.e. 200 and 300 mg/kg/Kg body weight) for 7 days. On the 7th day animals were sacrificed by cervical decapitation and the tissue homogenate was prepared to evaluate total protein and antioxidant activity were assayed by employing enzymatic and non enzymatic parameters from liver, such as Total protein, GSH, LPO, SOD, CAT, GHS peroxidase, Na+/K+ ATPase.

Results: Altered levels of the parameters were brought back to normal on treatment with methanolic extract of Solanum pubescens Willd.,

Conclusion: It was concluded from the result that the methanolic extract of *Solanum pubescens Willd.*, showed significant antioxidant property in a dose dependent manner.

Keywords: Solanum pubescens Willd., Antioxidant activity, Oxidative stress, Paracetamol and Silymarin.

INTRODUCTION

Antioxidants

Oxidative stress, defined as "the imbalance between oxidants and antioxidants in favor of the oxidants potentially leading to damage" has been suggested to be the cause of aging and various diseases in humans [1].

Antioxidants play an important role in inhibiting and scavenging free radicals, thus providing protection to human against various infections and degenerative diseases [2]. Reactive oxygen species, such as superoxide anion radical (O_2) , hydrogen peroxide radical (H_2O_2) and hydroxyl radical are often generated as byproducts of biological reactions or from exogenous factors. The involvement of these species in the pathogenesis of a large number of diseases including rheumatoid arthritis, atherosclerosis, skin-aging, nephritis, reperfusion injury, asthma, diabetes mellitus and carcinogenesis are well documented [3]. A potent scavenger of these species may serve as a possible preventive intervention for free radical mediated diseases [4].

Solanum pubescens Willd., belongs to the family *Solanaceae*, have pharmacological actions like antidiabetic [5], hepatoprotective [6], gastroprotective [7], anti-inflammatory [8], antimicrobial [9], antihelmethic [10] and anti lice [11] activity and the secondary metabolites like flavonoids [12] which are responsible for those pharmacological activities are collected from literature review.

These flavonoids are responsible for free radical scavenging activity which is one of the main mechanisms of anti oxidant activity, no literature found on the antioxidant activity, So, we planned for a trial on anti oxidant property of methanolic extract of *Solanum pubescens Willd*.

MATERIALS AND METHODS

Plant Material

Fresh leaves of Solanum pubescens were collected from Chittoor district, Andhra Pradesh, India and authentified by Dr. K. Madhava Chetty, Professor, Department of Botany S.V. University, Tirupathi, Andhra Pradesh, India.

Animals

Healthy albino rats of either sex weighing 150-200g were used for the present study. The animals were housed individually in polypropylene cages, maintained under standard conditions (12 hours light and 12 hours dark cycle, $25 + 5^{\circ}$ C and 40-60% humidity). They were fed with standard rat pellet diet (National Institute for Nutrition, Hyderabad) and provided water ad libitum. All the animal experiments were conducted according to the ethical norms approved by CPCSEA, Ethical committee IAEC Reg. No. (1447/PO/a/11/CPCSEA).

Antioxidant activity

Experimental Design

Paracetamol induced oxidative stress in albino rats [14]

Healthy albino rats of either sex weighing 150-200g were used as the experimental model, divided into 5 groups of 6 animals each. Group 1, served as control, receives only normal saline. Group-2 receives saline for 7 days and on 5th day paracetamol (2g/kg body weight) was administered. Group-3 receives standard drug silymarin (100mg/kg body weight) once daily for 7 days. On 5th day paracetamol 2g/kg was administered. Group 4, and 5 receives test drug in two different doses for 7 days and on 5th day after administration of herbal drug paracetamol 2g/kg was given orally

Treatment protocol

Group 1: Receives saline (1ml/kg) for 7 days

Group 2: Receives saline for 7 days and on 5th day paracetamol 2g/kg was administered

Group 3: Receives silymarin (100mg/kg) for 7days. On 5th day Paracetamol 2g/kg was administered.

Group 4: Receives 200mg/kg of methanolic extract of *Solanum pubescen* once daily for 7 days and on 5th day after administration of herbal drug paracetamol 2 g/ kg was given orally.

Group 5: Receives 300mg/kg of methanolic extract of *Solanum pubescens* once daily for 7 days and on 5th day after administration of herbal drug Paracetamol 2 g/kg was given orally.

Biochemical studies

After treatment period, on the 7^{th} day, the animals were sacrificed by cervical decapitation, blood was collected in clean dry test tubes and centrifuged at 3000rpm for 5 min. Serum was separated and used for estimation of total proteins. Liver was dissected out and washed in ice- cold saline fallowed by Tris-HCl (pH-4), blotted dry under air

and weighed with weighing balance. A 2g portion of the liver tissue was sliced and then homogenate after precipitation of protein using 10% TAC was used for the estimation of enzymatic and non enzymatic antioxidants.

Estimation of total protein [15]

The protein content of the tissue homogenate and serum were measured by Lowry method. 0.5ml of tissue homogenate & 0.5ml of serum were mixed with 0.5ml of 10% TCA separately and centrifuged for 10 min. The precipitate obtained was dissolved in 1 ml of 0.1N NaOH, from this 0.1 ml used for the protein estimation.

Estimation Lipid Peroxidation (LPO) [16]

Reagents: 1.5ml of 8.1% sodium dodecyl sulphate, 1.5 ml of 20% acetate buffer (pH3.5) and 1.5 ml of 0.8% TBA solution

As a marker for lipid peroxidation the levels of Thiobarbituric acid reactive substances (TBARS) in the liver was measured by the method of Ohkawa et al. A mixture of 0.4 ml of 10% of liver homogenate, 1.5ml of 8.1% sodium dodecyl sulphate (SDS), 1.5 ml of 20% acetate buffer (p^H3.5) and 1.5 ml of 0.8% TBA solution was heated at 95°C for 1h. After cooling, 5ml of n-butanol-pyridine (15:1) was added, and the absorbance of the n-butanol- pyridine layer was measured at 532 nm.

Estimation of glutathione (GSH)

Reagents: 10 % Tri chloro acetic acid (TCA), 1.8 ml of EDTA 0.6 mM 5, 5'-dithiobis-2-nitrobenzoic acid (DTNB) and 0.2 M 4.0 ml of disodium hydrogen phosphate solution pH 8.0

The GSH was determined by the method of Beutler and Kelly [17]. 0.2 ml of tissue homogenate was mixed with 1.8 ml of EDTA solution. To this 3.0 ml of precipitating reagent TCA was added mixed thoroughly and kept for 5min before centrifugation. To 2ml of filtrate, 4.0 ml of disodium hydrogen phosphate solution and 1.0 ml of DTNB (5, 5-dithio bis 2-nitro benzoic acid) reagent were added and the absorbance read at 412nm.

Assay of SOD [18]

Reagents: 1.2ml sodium pyrophosphate buffer (pH8.3, 0.025ml/ L), 0.1ml phenazine methosulphate (186m mol/L), 0.3ml Nitro blue tetrazolium (300n mol/L) and 0.2 ml NADH (780m mol/L).

The activity of SOD in tissue was assayed by the method of Kakkar The assay mixture contained 1.2ml sodium pyrophosphate buffer (pH8.3, 0.025ml/ L), 0.1ml phenazine methosulphate (186m mol/L), 0.3ml Nitro blue tetrazolium (300n mol/L), 0.2 ml NADH (780m mol/L) and diluted enzyme preparation and water in a total volume of 3 ml. After incubation at 30^{0} for 90 sec, the reaction was terminated by the addition of 1.0ml of glacial acetic acid. The reaction mixture was stirred vigorously and shaken with 4.0 ml n-butanol.The chromogen in the butanol layer was measured at 560nm against n-butanol.

Assay of Catalase [19]

Reagents: Dichromate/acetic acid reagent (5 % solution of potassium dichromate in acetic acid at 1:3 ratio), 0.01 M Phosphate buffer, p^{H} 7.0, 0.2 M Hydrogen peroxide.

Catalase (CAT) was estimated by the method of Sinha (1972). The reaction mixture (1.5 mL) contained 1.0 mL of 0.01 M phosphate buffer (P^H 7.0) 0.1 mL of tissue homogenate and 0.4 mL of 2 M H2O2. The reaction was stopped by the addition of 2.0 mL dichromate acetic acid reagent (5 % potassium dichromate and glacial acetic acid were mixed in 1:3 ratio).Then the absorbance was measured at 530 nm, CAT activity was expressed as μ M of H₂O₂ consumed/min/mg protein.

Assay of glutathione peroxidase [20]

 $Reagents: 0.2 ml of glutathione, 0.1 ml of hydrogen peroxide and 0.5 ml of 10% TCA <math display="inline">\,$

The glutathione peroxidase activity was assayed according to the method of Rotruk. The assay homogenate. To this, mixture, 0.2ml of glutathione added followed by 0.1ml of hydrogen peroxide. The contents were mixed well and incubated at 37° for 10 min. along with a control tubes containing all the reagents except tissue homogenate. After 10 min, the reaction was arrested by the addition of 0.5ml of 10% TCA. The tubes were assayed for Glutathione utilized /min/mg protein.

Assay of Na⁺/K⁺ ATPase [13]

Na⁺/K⁺ ATPase were assayed according to the procedure of Bonting. The assay mixture contained 1ml of the buffer, 0.2ml of each KCl, NaCl, EDTA and ATP solution and 0.2 ml of the tissue homogenate. The contents were incubated at 37^{0} for 15 min. At the end of the incubation period the reaction was arrested by the addition of 1ml of 10% TCA. The tubes were centrifuged and the phosphorous content of the supernatant was estimated according to Fiske and Subbarow's method. The enzyme activity was expressed as micromoles of Pi liberated/h/mg of protein.

Statistical Analysis

The mean value \pm SEM calculated for each parameter. Results were subjected to statistical analysis using Student t-test. The values were considered significant when P < 0.001.

RESSULT AND DISCUSSION

Table 1: Effect of MESP on Total protein level on paracetamol induced oxidative stress in albino rats.

Group	Treatment	Total protein	
1	Normal control	6.480±0.064	
	(saline 2ml/kg)		
2	Paracetamol 2g/kg	5.147±0.1145	
3	Paracetamol (2g/kg)+Silymarin	6.290±0.109**	
	(100mg/kg)		
4	Paracetamol (2g/kg) + MESP	5.753±0.1201**	
	(200mg/kg)		
5	Paracetamol (2g/kg) + MESP	6.348±0.1076***	
	(300mg/kg)		

Values are expressed as mean ± SD, n=6 statistical significance test was done by ONE-WAY ANOVA, followed by Dunnet's *t*-test. **P < 0.01. ***P<0.001

Table 2: Effect of methanolic extract of Solanum pubescens on liver enzymatic and non enzymatic antioxidants of paracetamol induced oxidative stress in Albino rats.

Parameters	Group I	Group II	Group III	Group IV	Group v
Glutathione	0.5367±0.03724	0.422±0.08446	0.5667±0.0682**	0.5733±0.8664**	0.5833±0.08017***
Lipid peroxide	0.4383±0.06494	0.5367±0.03141	0.4150±0.0680**	0.4167±0.06121**	0.4183±0.05636***
Glutathione peroxide	0.5650±0.04593	0.3567±0.0588	0.5433±0.03670**	0.56±0.05621**	0.5617±0.0534***
Super oxide	5.017±0.5636	3.500±0.2214	5.175±0.5037**	5.317±0.2368**	5.375±0.3060***
dismutase					
Catalase	51.50±2.405	26±5.756	45.83±2.482**	46.17±2.75**	48±2.113***
Na+/K+ ATPase	0.0053±0.0005612	0.003817 ± 0.0005154	0.00545±0.0005891**	0.005167±0.0005886**	0.005267±0.000588***

Values are expressed as mean \pm SD, n=6 statistical significance test was done by ONE-WAY ANOVA, followed by Dunnet's-test. **P < 0.01. ***P<0.001

DISCUSSION

The results of antioxidant property of methanolic extract of *Solanum pubescens* on paracetamol treated rats were shown on Table 1 and 2. The Total protein level increased in herbal plant treated group when compared to paracetamol treated group. The antioxidant enzymes GSH, LPO SOD, Glutathione peroxidase, Catalase were significantly decreased and Lipid peroxidation was increased in paracetamol treated rats when compared to control group. The treatments with methanolic extract of *Solanum pubescens Willd.*, significantly reverse the levels of GSH SOD, CAT, Glutathione peroxidase, and Lipid peroxidation when compared to paracetamol group.

CONCLUSION

From the present study it is concluded that the methanolic extract of *Solanum pubescens Willd.*, is a potent antioxidant and free radical scavenger.

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