

## ANTHELMINTIC ACTIVITY OF TRACHYSPERMUM AMMI (L) EXTRACT

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## ABSTRACT

Objective: The anthelmintic activities of alcoholic and aqueous extract of seeds of *Trachyspermum ammi* L. were evaluated separately on Indian adult earthworm *p.posthuma* (Annelida).

Methods: For this work seeds were extracted separately with ethanol and distilled water by soxhalation and maceration method with various concentration (10,20,40mg/ml) of each extract were tested for anthelmintic activity which involve the determination of time of paralysis and time of death of worms.

Results: All extract were able to show anthelmintic activity at all concentration. The activities are well comparable with standard drug albendazole as positive control. Tween 20 with distilled water (for alcoholic extract) and distilled water (for aqueous extract) were used as negative control did not show any anthelmintic activity.

Conclusions: Seeds of *Trachyspermum ammi* L showed good anthelmintic activity against Indian earthworm. Dose dependent activity was observed in plant extract.

**Keywords:** *Trachyspermum ammi* L., *pheretima posthuma*, anthelmintic activity, alcoholic extract, aqueous extract.

## INTRODUCTION

Helminth infections are among the most widespread infections in human, distressing a huge population in the world. Although the majority of infections due to helminths are generally restricted to tropical regions and cause enormous hazard to health and contribute to the prevalence of undernourishment, anaemia, eosinophilia and pneumonia Parasitic diseases cause ruthless morbidity affecting principally population in endemic area .The gastro-intestinal helminthes becomes resistant to currently available anthelmintic drugs therefore there is a foremost problem in treatment of helminthes diseases. Hence there is an increasing demand towards natural anthelmintics.[1-3]

Ajwain, also known as *Trachyspermum ammi*. L is a small grayish egg shaped seed like fruit that belongs to the family Umbelliferae or Apiaceae is a highly valued medicinally important seed spice. Ajwain was originated in Egypt, but is now primarily grown and used in south Asian countries. Pakistan, India and Saudi-Arabia are the leading users of Ajwain. [4]

## Vernacular names

Hindi - Ajwain

English - Bishop's weed

Sanskrit - Dipyaka, Yamini, Yaminiki, Yaviniki

Punjabi - Lodhar

Bengali -Yamani, Yauvan, Yavan, Javan, Yavani

Gujrati - Ajma, Ajmo, Yavan, Javain;

Kannada - Oma, Yom, Omu;

Kashmiri - Kath;

Malayalam - Omam

Marathi - Onva

Oriya - Juani

Tamil - Omam

Telugu - Vamu

In Indian system of medicine, ajwain is administered for stomach disorder, a paste of crushed fruits is applied externally for relieving colic pain; and a hot and dry fomentation of the fruits is lapped on

the chest to cure asthma [5, 6]. Ajwan-ka-arak (aqueous extract) is popular preparation for diarrhoea. Therapeutic uses of *T. ammi* fruits includes stomachic, carminative, expectorant, antiseptic, amoebiasis and antimicrobial activity. It also cures abdominal tumor, abdominal pains and piles.[7] It's also prescribed to comfort dipsomania, hysteria, sore throat; many ajowan ayurvedic formulations are available which is given to overcome infections with worms5. It is also used for relieving flatulence, dyspepsia, spasmodic disorders, flatulence, common cold, acute pharyngitis, sore and congested throat.[8]

The seed of ajwain is bitter, pungent and it acts as Asthma, antibacterial, antifungal, anthelmintic, hypocholesterolemic ,bronchodilator and antioxidant effects[9-15]as well as carminative, laxative, and stomachic. It also cures abdominal tumors, abdominal pains and piles.Seeds contain an essential oil containing about 50% thymol which is a strong germicide, anti-spasmodic and fungicide.[16-18]

Huge population in the world is now using herbal products for preventive and therapeutic purpose, still further research and studies are needed to be done to evaluate their pharmacological effects. For this reason, present study was designed.

## MATERIAL AND METHODS

## Plant material

Plant material was collected from local market and authenticated at KWC-Arts, Commerce, Science, Department of Botany, Sangli.



Fig.1: *Trachyspermum ammi* L.

## Animal-

Indian adult earthworms *Pheretima posthuma* were used to study anthelmintic activity *in-vitro* due to its anatomical and physiological resemblance with the intestinal roundworm parasites of human beings.[19-21]The earthworms were collected from moist soil and

washed with normal saline. The earthworms of 5-7 cm in length and 0.1-0.2 cm in width were used for all experimental protocol.

### Preparation of extract

#### Aqueous extract (Maceration method)

500 gm of seeds of *Trachyspermum Ammi*. L was kept for maceration with 1000 ml of distilled water for 7 days. The extract was double filtered by using muslin cloth and Whatman no.1 filter paper and concentrated by evaporation on water bath. The extract was dried and used. The percentage yield of extract was found to be 2.4 percent.

#### Alcoholic extract ( Soxhletion method)

500g of dried seeds of *Trachyspermum Ammi*. Linn was extracted exhaustively for 72 hours in a soxhlet apparatus with ethanol.

#### Drugs and chemicals

Albendazole suspension was used. The solvents and other chemicals of analytical grade were used during experimental protocol. [22]

#### Anthelmintic Activity

Alcohol extract and aqueous extract from the seeds of *Trachyspermum ammi* investigated for their anthelmintic activity against *Pheretima posthuma*. All the test solutions and standard drug solutions were prepared freshly before starting the experiment. Various concentrations (10 mg/ml, 20 mg/ml and 40 mg/ml) of extract were tested in the bioassay, which involved determination of time of paralysis and time of death of the worms. Albendazole was included as standard reference and distilled water as control. The assay was performed on adult Indian earthworm, *Pheretima*

*posthuma*, collected from moist soil and washed with normal saline to remove all faecal matter were used for the anthelmintic study. The earthworms of 5-7 cm in length and 0.1-0.2 cm in width were used for all the experimental protocol. In the first set of experiment, six groups of six earthworms were released in to 25 ml of solutions of albendazole, aqueous extracts of seeds of *Trachyspermum ammi* (10%, 20%, and 40%) in distilled water. Observations were made for the time taken to paralysis and death of individual worms. Time for paralysis was noted when no movement of any sort could be observed except when the worms were shaken vigorously. Death was concluded when the worms lost their motility followed with fading away of their body color.

### RESULTS AND DISCUSSION

Preliminary phytochemical screening has shown the presence of volatile oil, tannins, glycosides and steroidal substances in alcoholic extract of plant. Tannins are chemically polyphenolic compound and where shown to produce anthelmintic activities and reported the effect of tannin can bind to free proteins in gastro intestinal tract of host animal or glycoproteins on the cuticle of parasite and may cause death.

From the result shown in table alcoholic extract of *trachyspermum ammi* exhibited anthelmintic activity in dose dependent manner giving shortest time of paralysis and death. The aqueous extract of seeds of *trachyspermum ammi* at higher concentration (40mg/ml) showed good anthelmintic activity and alcoholic extract of *trachyspermum ammi* normal concentration showed good anthelmintic activity and this is compared with effect produced by reference standard drug albendazole. The experimental evidence obtained in the lab model could provide a rational for the traditional use of this plant as anthelmintic.

Table 1: Anthelmintic activity of *Trachyspermum ammi* (L)

Extract	Concentration (mg/ml)	<i>Trachyspermum ammi</i>	
		Paralysis (P) (Time in min)	Death (D) (Time in min)
Control	-	-	-
Standard	10mg/ml	59.87±1.73	72.28±0.98
	20mg/ml	57.91±3.04	59.85±1.72
	40mg/ml	40.99±1.41	49.00±1.93
Ethanolic extract	10mg/ml	59.76±1.59	82.38±1.43
	20mg/ml	52.14±1.63	68.41±2.31
	40mg/ml	34.18±1.25	48.21±1.86
Aqueous extract	10mg/ml	62.33±0.53	84.50±0.39
	20mg/ml	55.27±0.37	72.92±1.25
	40mg/ml	35.63±1.22	52.42±0.68

Results are expressed as mean ±SEM. The results were analyzed by Analysis of variance (ANOVA)

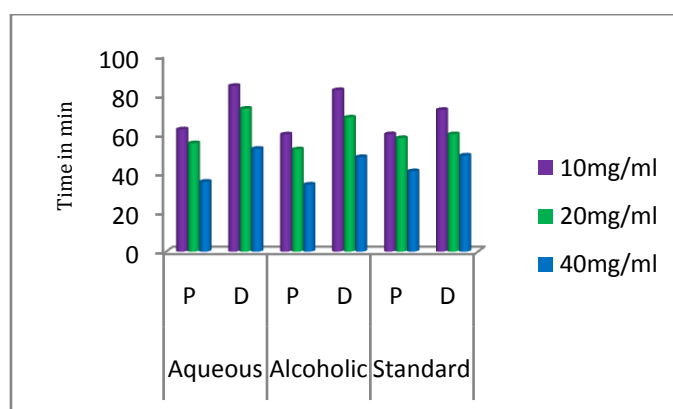


Fig. 1: Anthelmintic activity of Aqueous, Alcoholic and Standard drug

### CONCLUSION

It was concluded based on findings of present study that seeds of *trachyspermum ammi* passes varying degree of anthelmintic activity

against Indian earthworm the dose of extract increase a gradual increase in the activity of extract is dose dependent.

This study strongly supports the traditional use of seeds as anthelmintic.

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