ASIAN JOURNAL OF PHARMACEUTICAL AND CLINICAL RESEARCH



Vol 12. Issue 3. 2019

Online - 2455-3891 Print - 0974-2441 Research Article

SIMULTANEOUS DETERMINATION OF DIPHENHYDRAMINE, EPHEDRINE, NOSCAPINE, AND GLYCEROL GLYCOLATE USING STABILITY-INDICATING HIGH-PERFORMANCE LIQUID CHROMATOGRAPHY: APPLICATION TO NOSCOF TABLETS

PULAGURTHA BHASKARARAO*, GOWRI SANKAR DANNANA

Departmentof Pharmaceutical Analysis, College of Pharmaceutical Sciences, Andhra University, Visakhapatnam, Andhra Pradesh, India.

Email: bhaskarmph@gmail.com

Received: 24 November 2018, Revised and Accepted: 07 January 2019

ABSTRACT

Objective: Noscof tablet is a fixed dosage combination formulation having diphenhydramine (DH), ephedrine (ED), noscapine (NP), and glycerol glycolate (GG). A sensitive, selective, accurate, precise, and stability-indicating reversed-phase high-performance liquid chromatography (RP-HPLC) method with photodiode array detection has been developed and validated for simultaneous analysis of DH, ED, NP, and GG in bulk drug and Noscof tablets

Methods: Reversed-phase chromatographic separation and analysis of DH, ED, NP, and GG were done on an Altima C18 column with $0.01 \text{ M KH}_2\text{PO}_4$ buffer (pH 3.5) and acetonitrile (50:50%, v/v) as mobile phase at 0.8 ml/min flow rate in isocratic mode. Detection was performed at 260 nm. The method was validated in harmony with International Conference on Harmonization (ICH) guidelines. The tablet sample solution was subjected to diverse stress conditions using ICH strategy such as hydrolytic degradation (neutral - with distilled water, alkaline - with 2 N NaOH, and acidic - with 2 N HCl), oxidation (with 10% H_2O_2), photodegradation (exposing to UV light), and dry heat degradation (exposing to 105°C).

Results: Using the above stated chromatographic conditions, sharp peaks were obtained for ED, NP, DH, and GG with retention time of 3.272 min, 4.098 min, 5.467 min, and 6.783 min, respectively. Good regression coefficient values were obtained in the range of 2–12 μ g/ml for ED, 3.75–22.5 μ g/ml for NP, 3.125–18.75 μ g/ml for DH, and 25–150 μ g/ml for GG. The quantification limits were 0.181 μ g/ml, 0.187 μ g/ml, 0.246 μ g/ml, and 1.114 μ g/ml for ED, NP, DH, and GG, respectively. The values of validation parameters are within the acceptance limits given by ICH. The ED, NP, DH, and GG showed more percent of degradation in acid condition and less percent of degradation in the neutral condition. The peaks of degradants did not interfere with the peaks of analytes. ED, NP, DH, and GG were assessed with a good percentage of the assay (near to 100%) and low percent relative standard deviation (<2%) in Noscof tablets using the proposed method.

Conclusion: The stability indicating RP-HPLC method developed was suitable for quantifying ED, NP, DH, and GG simultaneously in bulk as well as in tablet formulation.

Keywords: Noscof, Diphenhydramine, Ephedrine, Noscapine, Glycerol glycolate, Stability, Analysis.

© 2019 The Authors. Published by Innovare Academic Sciences Pvt Ltd. This is an open access article under the CC BY license (http://creativecommons.org/licenses/by/4. 0/) DOI: http://dx.doi.org/10.22159/ajpcr.2019.v12i3.30942

INTRODUCTION

Combination drug therapy involves the use of ≥2 pharmaceutical agents given separately or as a single fixed combination dosage formulation [1]. This therapy is prescribed when there is no proper therapeutic response with monotherapy. Advantages of fixed dosage combination formulation include intake of few pills daily by a patient, reduction of medication errors, and decrease of medication costs, adverse effects of individual pharmaceutical agent are minimized [1-3].

Noscof tablet (manufactured by Medico Labs, Ahmadabad, India) is a fixed dosage combination formulation labeled to have 12.5 mg of diphenhydramine (DH), 8 mg of ephedrine (ED), 15 mg of noscapine (NP), and 100 mg of glycerol glycolate (GG) [4]. DH is a first-generation antihistamine [5]. ED is a central nervous system stimulant [6]. NP is an opium alkaloid having antitussive activity [7]. GG medication is used to treat diarrhea, meningitis, stroke, and encephalitis [8].

Noscof tablet is employed in the management and relief of symptoms of allergy, hay fever, common cold, asthma, decreased blood pressure, cancer of prostate, heart stroke, diarrhea, encephalitis, meningitis, Reye's syndrome, and dry cough [4,9]. Noscof acts as a stimulant for the central nervous system. The activity of Noscof tablet involves blockage of histamine action, cardiac output raise, provoking vasoconstriction, suppression of cough reflex in brain, miniaturization of skin, and

hydration of body. Through reducing blood vessels swelling in the nasal passage, Noscof expands the airway and thus improves breathing.

Our investigation is an attempt for developing and validating a reversed-phase high-performance liquid chromatographic (RP-HPLC) method to quantify DH, ED, NP, and GG simultaneously in bulk and fixed dosage combined formulation, Noscof. As per our literature survey knowledge, yet no stability indicating analytical method using (RP-HPLC) technique using photodiode array detector (PDA) is reported for the estimation of DH, ED, NP, and GG simultaneously in bulk and fixed dosage combined formulation, Noscof. Hence, this study is aimed to develop a quick, simple, precise, and accurate RP-HPLC method for concurrent estimation of the above said drug combination in bulk and tablet formulation (Noscof). The developed method is validated following guidelines as stated by the International Conference on Harmonization (ICH) [10].

METHODS

Reference drugs, chemicals, and solvents

The standards of DH, ED, NP, and GG were procured from BMR chemicals and enterprises (Hyderabad, India). Water of HPLC grade (Milli-Q water, Millipore, USA) was used throughout the project. Noscof tablets (Medico Labs, Ahmadabad, India) consisting 12.5 mg, 8 mg, 15 mg, and 100 mg of DH, ED, NP, and GG, respectively, were purchased and used.

Acetonitrile of HPLC grade is from Merck Specialities Private Limited (Mumbai, India). Analytical reagent grade potassium dihydrogen phosphate, orthophosphoric acid, hydrochloric acid, sodium hydroxide, and hydrogen peroxide were purchased from Avantor Performance Materials India Limited (Gurgaon, India) and used in this project.

Chromatography apparatus

The simultaneous analysis of DH, ED, NP, and GG was done using waters HPLC system (model 2695) outfitted with quaternary pumps, autosampler, and PDA detector. The analysis system was examined using Empower 2 software.

Chromatographic condition for the analysis

For analysis and validation, Altima C18 column, 5.0 μ m, 150 mm \times 4.6 mm, with a temperature of 30°C was used. Isocratic elution was performed with 0.01 M potassium dihydrogen phosphate and acetonitrile mixture (50:50, by volume) at 0.8 ml/min flow rate. The mobile phase was filtered using Nylon filters (0.45 μ m) and degassed before use. pH of 0.01 M potassium dihydrogen phosphate was adjusted to 3.5 with orthophosphoric acid. Eluents were detected and analyzed at a detection wavelength of 260 nm by injecting 10 μ l volume.

Standard solutions of DH, ED, NP, and GG

Stock solution was prepared by dissolving accurately weighed quantities of DH (3.125 mg), ED (2 mg), NP (3.75 mg), and GG (25 mg) in 25 ml of diluent acetonitrile and water mixture (50:50 by volume) in a standard flask of capacity 25 ml. 1 ml of stock solution was diluted with mobile phase to make working solution with concentration 12.5 μ g/ml DH, 8 μ g/ml ED, 15 μ g/ml NP, and 100 μ g/ml GG. Prepared solutions are stored (4°C) and brought back to room temperature just at the time of use.

Construction of DH, ED, NP, and GG calibration curves

To prepare calibration samples, appropriate aliquot volumes of stock solution were transferred into a series of 10 ml standard flasks then diluted to volume (10 ml) with mobile phase. The calibration samples have six concentrations of DH (3.125–18.75 $\mu g/ml$), six concentrations of ED (2–12 $\mu g/ml$), six concentrations of NP (3.75–22.25 $\mu g/ml$), and six concentrations of GG (25–150 $\mu g/ml$). The calibration samples are injected into Altima C18 column with a flow rate of 0.8 ml/min. The peak area, determined at 260 nm, of DH, ED, NP, and GG was recorded versus their concentration. The linearity curves of DH, ED, NP, and GG was constructed, and regression equations for the selected drugs were calculated.

Analysis of DH, ED, NP, and GG in noscof tablet

A total number of 10 Noscof tablets were powdered. Tablet powder equivalent to 12.5 mg of DH, 8 mg of ED, 15 mg of NP, and 100 mg of GG was taken into a 100 ml standard flask, 75 ml of diluent was added followed by sonication for 25 min. After sonication, the volume was made to 100 ml with diluent and filtered through a nylon filter. Concentration of tablet stock solution is 80 µg/ml - ED, 150 µg/ml - NP, 125 µg/ml - DP, and 1000 µg/ml - GG. 1 ml of tablet stock solution was diluted to 10 ml with mobile phase in 10 ml standard flask. The final concentration of tablet test solution is 8 µg/ml - ED, 15 µg/ml - NP, 12.5 µg/ml - DH, and 100 µg/ml - GG. 10 µl of the tablet test solution is injected into Altima C18 column with a flow rate of 0.8 ml/min for analysis. The peak areas of DH, ED, NP, and GG were determined. The concentrations of DH, ED, NP, and GG in Noscof tablet were calculated from the corresponding calibration curves or calculated regression equations.

Degradation studies

The stability tests were performed on the tablet formulation following the guidelines of ICH [11,12].

Oxidation

To 1 ml of tablet stock solution (80 μ g/ml - ED, 150 μ g/ml - NP, 125 μ g/ml - DH, and 1000 μ g/ml - GG), 1 ml of 10% hydrogen peroxide was added. The solution was mixed and kept refluxed for 30 min at 60°C.

Acid degradation

About 1 ml of tablet stock solution (80 μ g/ml - ED, 150 μ g/ml - NP, 125 μ g/ml - DH, and 1000 μ g/ml - GG) is mixed with 1ml of 2N hydrochloric acid and refluxed for 30 min at 60°C. After degradation, the solution was neutralized with a sufficient volume of 2N sodium hydroxide.

Alkali degradation

About 1 ml of tablet stock solution (80 μ g/ml - ED, 150 μ g/ml - NP, 125 μ g/ml - DH, and 1000 μ g/ml - GG) is mixed with 1ml of 2N sodium hydroxide and refluxed for 30 min at 60°C. After degradation, the solution was neutralized with a sufficient volume of 2N hydrochloric acid.

Dry heat degradation

About 1 ml of tablet sample solution (80 μ g/ml - ED, 150 μ g/ml - NP, 125 μ g/ml - DH, and 1000 μ g/ml - GG) was placed in oven at 105°C for 6 h for dry heat degradation.

Photo stability

To study the effect of UV light on selected drug combination, 1 ml of tablet sample solution (80 $\mu g/ml$ - ED, 150 $\mu g/ml$ - NP, 125 $\mu g/ml$ - DH, and 1000 $\mu g/ml$ - GG) was exposed to UV light by placing the solution in UV Chamber for 7 days.

Neutral degradation

For this, 1 ml of tablet sample solution (80 μ g/ml - ED, 150 μ g/ml - NP, 125 μ g/ml - DH, and 1000 μ g/ml - GG) was refluxed with 1 ml of water for 6 h at a temperature of 60°C.

In all the conditions, the degraded sample solutions were cooled to room temperature and diluted to 10 ml with mobile phase to obtain a working solution (8 µg/ml - ED, 15 µg/ml - NP, 12.5 µg/ml - DH, and 100 µg/ml - GG) for analysis. 10 µl of the working solution was injected into the system. The corresponding chromatograms were recorded to evaluate the stability of ED, NP, DP, and GG in the applied degradation conditions.

RESULTS AND DISCUSSION

The current investigation considers the first RP-HPLC-PDA method for simultaneous estimation of ED, NP, DH, and GG. The stability of the selected drug combination was assessed under acid, alkali, oxidative, neutral, thermal, and photo conditions.

Method development

During optimization process, different columns (BDS C8, 150 mm \times 4.6 mm 5.0 μ ; discovery C8, 250 mm \times 4.6 mm 5.0 μ ; discovery C18, 150 mm \times 4.6 mm 5.0 μ ; Kromasil C18, 150 mm \times 4.6 mm 5.0 μ ; symmetry C18, 150 mm \times 4.6 mm 5.0 μ ; and Altima C18, 150 mm \times 4.6 mm 5.0 μ), different organic modifiers (methanol/acetonitrile) proportions, and various buffers (orthophosphoric acid buffer/potassium dihydrogen orthophosphate buffer) with different pH values (2.5/3.5) were tried. As seen in Fig. 1, the good resolution and good peak shapes were obtained using Altima C18, 150 mm \times 4.6 mm 5.0 μ as an analytical column with 0.01M potassium dihydrogen orthophosphate buffer, adjusted to pH 3.5 with orthophosphoric acid:acetonitrile (50:50 v/v)

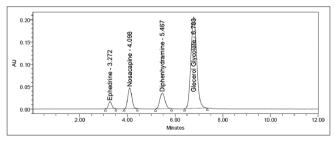


Fig. 1: Chromatogram showing the complete resolution of ephedrine, noscapine, diphenhydramine, and glycerol glycolate

as the mobile phase. For good resolution and better separation, the flow rate of mobile phase was adjusted to $0.8\,\mathrm{ml/min}$. The chromatogram obtained with optimized conditions showing the separation of peaks due to ED, NP, DH, and GG is depicted in Fig. 1.

Method validation

The developed method is validated following guidelines as stated by ICH [10].

System suitability

The suitability of the system for the simultaneous analysis of ED, NP, DH, and GG using the proposed method is evaluated after injection of six replicates of the standard solutions (8 $\mu g/ml$ - ED, 15 $\mu g/ml$ - NP, 12.5 $\mu g/ml$ - DH, and 100 $\mu g/ml$ - GG). The chromatograms were verified for each drug to calculate its retention time, plate count, peak area, peak tailing, and resolution [13]. The results revealed a %RSD of <1% for both peak areas and retention times. The other parameters of system suitability are well inside the endorsed limit. The accepted requirements are satisfied by this method and are shown in Table 1.

Linearity

Linearity was carried out by analyzing a series of calibration solutions in concentration range 2–12 $\mu g/ml$ (ED), 3.75–22.5 $\mu g/ml$ (NP), 3.125–18.75 $\mu g/ml$ (DH), and 25–150 $\mu g/ml$ (GG). The chromatograms and peak area response were determined. The calibration curves obtained by marking peak area response of drugs versus concentration of drugs are presented in Fig. 2. The regression equations for ED, NP, DH, and GG were calculated using the corresponding calibration curve data (Table 2). The calibration curves, regression equations, and regression coefficient data revealed good linear ship between drug concentration and peak are a response.

Limit of detection (LOD) and limit of quantification (LOQ)

The sensitivity parameters, LOD and LOQ, for ED, NP, DH, and GG were established at a signal-to-noise ratio of 3:1 (LOD) and 10:1 (LOQ). The values are shown in Table 2. The values revealed adequate sensitivity of the method for the simultaneous analysis of ED, NP, DH, and GG.

Table 1: System suitability testing parameters for the simultaneous determination of ED, NP, DH, and GG

Suitability parameter	Mean value obtai	Recommended limit			
	ED NP DH GG				
Retention time	3.396±0.761	4.215±0.500	5.654±0.461	7.214±0.878	RSD≤2
Peak area	208612±1.066	752469±0.839	697869±0.360	4717995±0.551	RSD≤2
Plate count	2460±1.397	2692±0.466	2934±0.706	3900±0.993	>2000
Resolution	-	2.683±1.521	3.867±1.336	3.467±1.490	>1.5
Peak tailing	1.135±1.551	1.138±1.027	1.097±1.104	1.093±0.472	≤2

ED: Ephedrine, NP: Noscapine, DH: Diphenhydramine, GG: Glycerol glycolate

Table 2: Linearity, regression, LOD and LOQ data for ED, NP, DH, and GG

Parameter	Values obtained							
	ED	NP	DH	GG				
Linearity (µg/ml)	2–12	3.75-22.5	3.125–18.75	25-100				
Regression equation (A=Sc+I)	A=25525 c+1148	A=48451 c+7848	A=54957 c+11136	A=45046 c+79125				
Regression coefficient (R ²)	0.9998	0.9992	0.9994	0.9990				
Slope (S)	25525	48451	54957	45046				
Intercept (I)	1148	7848	11136	79125				
LOD (µg/ml)	0.060	0.062	0.081	0.368				
LOQ (µg/ml)	0.181	0.187	0.246	1.114				

ED: Ephedrine, NP: Noscapine, DH: Diphenhydramine, GG: Glycerol glycolate, LOD: Limit of detection, LOQ: Limit of quantification

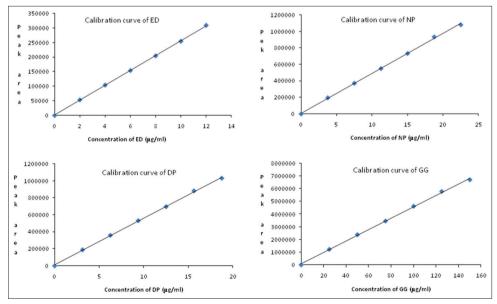


Fig. 2: Calibration curves of ephedrine, noscapine, DP, and glycerol glycolate

Table 3: Intra- and inter-day precision data for ED, NP, DH, and GG

Injection No.	Values obta	nined for intrad	lay analysis		Values obtained for interday analysis			
	ED	NP	DH	GG	ED	NP	DH	GG
1	205,930	749,116	698,137	4699,457	193,700	724,380	648,381	4,525,401
2	209,230	747,827	689,205	4,700,871	194,044	705,394	648,986	4,504,576
3	207,031	753,579	694,389	4,760,524	193,500	713,665	645,913	4,510,085
4	208,029	750,061	697,222	4,763,620	191,696	718,623	653,035	4,476,993
5	209,944	746,996	695,790	4,697,301	190,553	713,349	660,628	4,487,029
6	209,922	749,053	696,849	4,699,152	192,642	723,808	659,289	4,440,562
Mean	208,348	749,439	695,265	4,720,154	192,689	716,537	652,705	4,490,774
%RSD	0.788	0.306	0.465	0.689	0.699	1.009	0.932	0.667

ED: Ephedrine, NP: Noscapine, DH: Diphenhydramine, GG: Glycerol glycolate

Table 4: Accuracy and recovery data for ED, NP, DH, and GG

Labeled	50% level	50% level			100% level			150% level		
claim (mg)	Spiked (mg)	Total found (mg)	Assay (%)	Spiked (mg)	Total found (mg)	Assay (%)	Spiked (mg)	Total found (mg)	Assay (%)	
Accuracy data	a of ED									
8	4	11.86	98.83	8	15.82	98.85	12	19.83	99.17	
8	4	11.95	99.58	8	15.91	99.45	12	19.86	99.32	
8	4	11.93	99.40	8	15.91	99.44	12	19.90	99.48	
Accuracy data	a of NP									
15	7.5	22.32	99.21	15	30.13	100.45	22.5	37.24	99.31	
15	7.5	22.54	100.19	15	30.22	100.74	22.5	37.20	99.20	
15	7.5	22.41	99.60	15	30.25	100.85	22.5	37.41	99.75	
Accuracy dat	a of DH									
12.5	6.25	18.71	99.78	12.5	25.41	101.62	18.75	31.45	100.63	
12.5	6.25	18.79	100.19	12.5	25.04	100.14	18.75	31.48	100.75	
12.5	6.25	18.64	99.42	12.5	25.29	101.15	18.75	31.39	100.44	
Accuracy dat	a of GG									
100	50	149.68	99.78	100	198.59	99.29	150	250.56	100.22	
100	50	149.71	99.81	100	200.16	100.08	150	247.52	99.01	
100	50	150.38	100.25	100	199.37	99.69	150	250.25	100.10	

ED: Ephedrine, NP: Noscapine, DH: Diphenhydramine, GG: Glycerol glycolate

Table 5: Percent degradation of ED, NP, DH, and GG under different stress conditions

Condition applied	Peak area		Degradation (%)	Peak area		Degradation (%)	
	WD	AD		WD	AD		
	Degradation data of ED			Degradation data of NP			
Acid	208,612	196,502	5.99	752,469	700,944	7.03	
Alkali	208,612	199,492	4.56	752,469	708,533	6.03	
Oxidation	208,612	201,203	3.74	752,469	712,962	5.44	
Dry heat	208,612	203,929	2.44	752,469	730,975	3.05	
UV light	208,612	205,897	1.50	752,469	738,293	2.08	
Neutral	208,612	205,976	0.51	752,469	750,236	0.50	
	Degradation	data of DH		Degradation d	ata of GG		
Acid	697,869	656,528	6.02	4,717,995	4,358,919	7.70	
Alkali	697,869	658,498	5.74	4,717,995	4,464,009	5.48	
Oxidation	697,869	672,627	3.71	4,717,995	4,584,918	2.92	
Dry heat	697,869	677,905	2.96	4,717,995	4,592,504	2.76	
UV light	697,869	690,671	1.13	4,717,995	4,659,410	1.34	
Neutral	697,869	693,983	0.66	4,717,995	4,682,368	0.85	

 $WD: Without\ degradation,\ AD:\ After\ degradation,\ ED:\ Ephedrine,\ NP:\ Noscapine,\ DH:\ Diphen hydramine,\ GG:\ Glycerol\ glycolate$

Selectivity

Selectivity was carried out to check the interference due to coeluting peaks (from mobile phase blank and placebo) at the retention times of ED, NP, DH, and GG. To confirm the method selectivity, placebo solution and mobile phase blank were injected into the chromatography system. The chromatograms from the placebo and mobile phase blank solutions were compared with the chromatograms of standard solution (8 $\mu g/ml$ - ED, 15 $\mu g/ml$ - NP, 12.5 $\mu g/ml$ - DH, and 100 $\mu g/ml$ - GG) as well as the tablet sample solution (8 $\mu g/ml$ - ED, 15 $\mu g/ml$ - NP,

 $12.5~\mu g/ml$ - DH, and $100~\mu g/ml$ - GG). The chromatograms in Fig. 3 demonstrated that there are no interferences from excipients used in placebo and components of mobile phase at the retention time of ED, NP, DH, and GG. This proved the selectivity of method for ED, NP, DP, and GG simultaneous analysis.

Precision

Intra- and inter-day precision was demonstrated by the analysis of standard solution with concentration 8 μ g/ml (ED), 15 μ g/ml (NP),

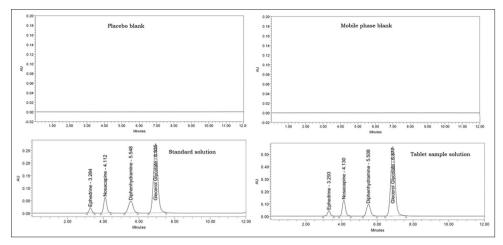


Fig. 3: Chromatograms demonstrating method selectivity

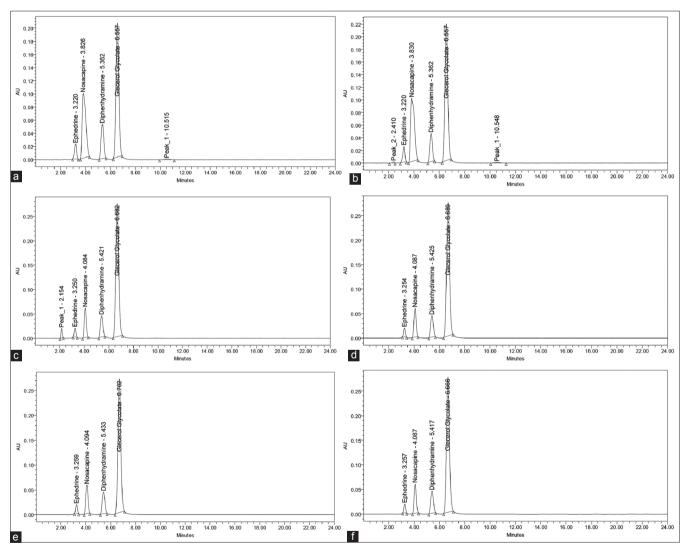


Fig. 4: Degradation chromatograms of tablet sample in (a) 2N HCl, (b) 2N NaOH, (c) 10% H₂O₂, (d) Dry heat, (e) UV light, (f) Distilled water

12.5 μ g/ml (DH), and 100 μ g/ml (GG) on the same day (intraday) and on two separate days (interday). For precision, the values of %RSD for intra- and inter-day variation are given in Table 3. The values were found to be good enough and <2%. This indicated the reproducibility and repeatability of the method.

Accuracy and recovery

For recovery, pre-analyzed tablet sample solution was spiked with pure ED, NP, DH, and GG at three concentration levels (50%, 100%, and 150% of labeled claim). The resulting solution was analyzed 3 times using the propose method. For accuracy, the results were expressed

Table 6: Results of the effect of small changes in method conditions on system suitability values of ED, NP, DH, and GG

Parameter	Value investigated	PC	PT	Rs	PC	PT	Rs
		Robustness data of ED			Robustness data of NP		
Mobile phase*	45:55	2212	1.09		2581	1.13	2.5
•	55:45	2148	1.08		2334	1.10	2.9
Flow rate (ml/min)	0.7	2212	1.17	-	2376	1.17	2.7
, ,	0.9	3008	1.12	-	2275	1.18	2.6
Temperature (2°C)	28	2260	1.05	-	2547	1.07	2.7
	32	2451	1.03	-	2629	1.06	2.7
-	-	Robustne	ss data of DH		Robustnes	ss data of GG	
Mobile phase*	45:55	2784	1.03	3.3	3190	1.11	2.0
•	55:45	2689	1.05	4.0	3149	1.06	4.4
Flow rate (ml/min)	0.7	2626	1.11	3.5	3358	1.12	2.8
, ,	0.9	2550	1.15	3.5	3283	1.12	3.1
Temperature (2°C)	28	2975	1.01	3.5	3302	1.08	2.2
1 - (-)	32	3040	0.98	3.6	3493	1.09	2.4

^{*}Acetonitrile and 0.01N KH₂PO₄ buffer ratio; PC: Plate count, PT: Peak tailing, Rs: Resolution, ED: Ephedrine, NP: Noscapine, DH: Diphenhydramine, GG: Glycerol glycolate

Table 7: Assay of ED, NP, DH, and GG in Noscof tablet

Drug	Labeled claim (mg)	Determined (mg)*	Assay (%)*	RSD (%)
ED	8	7.942	99.28	0.036
NP	15	14.989	99.92	0.668
DH	12.5	12.560	100.48	0.605
GG	100	99.773	99.77	0.080

^{*}Average of three estimations, ED: Ephedrine, NP: Noscapine, DH: Diphenhydramine, GG: Glycerol glycolate

as percentage assay of ED, NP, DH, and GG in the samples. The overall results are demonstrated in Table 4, indicating the accuracy of the RP-HPLC method developed.

Degradation study

The percent degradation of ED, NP, DH, and GG under different stress conditions applied is summarized in Table 5. Forced degradation study of tablet sample demonstrated that ED, NP, DH, and GG were more degraded in acid condition as compared with other applied stress conditions. The results also indicated that ED, NP, DH, and GG were observed to be more susceptible to neutral degradation condition than any other stress conditions. The chromatograms of degradation studies are shown in Fig. 4a-f. From the degradation chromatograms, the method specificity and stability indicating nature has proved since the peaks of degradation products are well resolved from the peaks of ED, NP, DH, and GG.

Robustness

Method robustness was determined through observing changes in the tailing factor, plate count, and plate count of ED, NP, DH, and GG when small and deliberate changes in flow rate (± 1 ml/min), mobile phase composition ($\pm 5\%$), and temperature ($\pm 2^{\circ}$ C) of the optimized method are made. The results are summarized in Table 6. No significant impact on retention time, tailing factor and plate count of ED, NP, DH, and GG were observed. All the values are well inside the limits and hence proved the method robustness.

Application of the proposed RP-HPLC method to assay ED, NP, DH, and GG simultaneously in Noscof tablet

The content of ED, NP, DH, and GG in Noscof tablet was estimated using the developed RP-HPLC method. The results are presented in Table 7. The percent assay and percent relative, standard deviation values, showed that the developed RP-HPLC method provides a good degree of accuracy and reproducibility.

CONCLUSION

The developed RP-HPLC method with PDA is selective, precise, specific, and accurate for the quantification of ED, NP, DH, and GG simultaneously

as bulk and in Noscof tablets devoid of any excipients interference. The method is also proved to be stability indicating one, as the peaks degradants formed during applied stress conditions were separated well from the ED, NP, DH, and GG peaks. The results obtained for the assay of ED, NP, DH, and GG in Noscof tablet revealed good accuracy and precision. Therefore, the proposed method is suitable for regular analysis in quality control laboratories.

AUTHORS' CONTRIBUTIONS

GSD designed and studied to successfully; PB performed the analysis, processed the experimental data, drafted the manuscript and designed the figures; GSD supervised the work.

CONFLICTS OF INTEREST

Authors, PB and GSD declare no conflicts of interest.

REFERENCES

- Yvette CT. Monitoring Combination Drug Therapy. Available from: https://www.pharmacytimes.com/publications/issue/2010/january2010/ rxfocuscombination-0110. [Last accessed on 2010 Jan 18].
- Bangalore S, Kamalakkannan G, Parkar S, Messerli FH. Fixed-dose combinations improve medication compliance: A meta-analysis. Am J Med 2007;120:713-9.
- Sun W, Sanderson PE, Zheng W. Drug combination therapy increases successful drug repositioning. Drug Discov Today 2016;21:1189-95.
 Noscof (Ephedrine) Drug Price and Information. Medindia. Available
- Noscof (Ephedrine) Drug Price and Information. Medindia. Available from: https://www.medindia.net/drug-price/ephedrine/noscof.htm. [Last accessed on 2018 Nov 13].
- 5. Wong HC. Long-term use of diphenhydramine. CMAJ 2015;187:1078.
- Ephedrine. Drug Information 2013. Bethesda, MD: American Society of Health-System Pharmacists; 2013. p. 1352.
- Mahmoudian M, Mojaverian N. Efffect of noscapine, the antitussive opioid alkaloid, on bradykinin-induced smooth muscle contraction in the isolated ileum of the guinea-pig. Acta Physiol Hung 2001;88:231-7.
- Glycerol Glycolate-Uses, Side-effects, Reviews, and Precautions-TabletWise. Tabletwise. Available from: https://www.tabletwise.com/ medicine/glycerol-glycolate. [Last accessed on 2018 Nov 07].
- Noscof Tablet-Uses, Side-Effects, Reviews, and Precautions-Medico Labs-Tabletwise-India, Tabletwise. Available from: https://www.

- tabletwise.com/noscof-tablet. [Last accessed on 2018 Nov 10].
- International Conference on Harmonization (ICH). Validation of Analytical Procedures: Text and Methodology, Q2 (R1). Geneva, Switzerland: International Conference on Harmonization; 2005.
- 11. International Conference on Harmonization (ICH) of Technical Requirements for the Registration of Pharmaceutical for Human Use Stability Testing of New Drugs Substance and Products Q1A (R2),
- Geneva, Switzerland; 2003.
- Pradhan KK, Mishra US. Development and validation of a stability indicating RP-HPLC method for the determination of valsartan. Int J Pharm Pharm Sci 2015;7:57-61.
- Bhoomaiah B, Shree AJ. Development and validation of RP-HPLC method for simultaneous determination of metformin and miglitol in bulk and pharmaceutical formulation. Int J Pharm Pharm Sci 2014;6:135-41.