

## AUTHENTICATION OF TURMERIC USING PROTON-NUCLEAR MAGNETIC RESONANCE SPECTROSCOPY AND MULTIVARIATE ANALYSIS

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### ABSTRACT

**Objective:** The objective of this study was to apply <sup>1</sup>H-NMR spectroscopy-based metabolite fingerprinting in combination with multivariate analysis for authentication of turmeric (*Curcuma longa*) from *C. heyneana* and *C. manga*.

**Methods:** Partial least square-discriminant analysis (PLS-DA) and orthogonal projections to latent structures-discriminant analysis (OPLS-DA) were used for differentiation of authentic and adulterated *C. longa* with *C. manga* and *C. heyneana*. The variables used were peaks with certain chemical shifts at optimized <sup>1</sup>H-NMR spectra of authentic and adulterated *C. longa*.

**Results:** All of the authentic *C. longa* samples were clearly separated from the adulterated ones. The multivariate calibration of partial least square (PLS) was successfully applied to predict adulterants in *C. longa*. The lower RMSEC (root mean square error of calibration) values, 0.94% for adulterated *C. longa* with *C. heyneana* and 1.37% for adulterated *C. longa* with *C. manga*, and the lower RMSEP (root mean square error of prediction) values, 0.83% for adulterated *C. longa* with *C. heyneana* and 1.34% for adulterated *C. longa* with *C. manga* indicated the good of accuracy and precision of the calibration models.

**Conclusion:** The combination of <sup>1</sup>H-NMR spectroscopy and chemometrics of multivariate analysis PLS-DA, OPLS-DA, and PLS proves an adequate technique for authentication of turmeric.

**Keywords:** <sup>1</sup>H-NMR spectroscopy, Turmeric, Authentication, PLS-DA, OPLS-DA, PLS

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### INTRODUCTION

*Curcuma longa* is one of the herbaceous perennial used for a long time in the field of foodstuff, cosmetics, and traditional medicine [1], with several pharmacological activities of antioxidant [2], anti-inflammatory [3], antibacterial, hepatoprotective, cardioprotective [4, 5], maintain gastrointestinal tract, and chemoresistance activities [6] due to curcuminoids compound (curcumin, demethoxycurcumin, and bisdemethoxycurcumin). Adulteration of medicinal plant is a common practice in the world to gain more economical benefit [7]. Among other *Curcuma* species, *Curcuma heyneana* and *Curcuma manga* are very potential to be used as adulterants in *C. longa* because they have strong yellow color, lower price, and wide availability [8].

Several methods have been developed for authentication of *C. longa* including high-performance liquid chromatography [9, 10], thin layer chromatography [11], high-performance thin layer chromatography [12], ultra-performance liquid chromatography [13], and capillary electrophoresis [14] which are aimed to determine the curcuminoids content. However, these methods are destructive, are not simple in sample preparation (too laborious), are time-consuming, and require more chemicals. The non-destructive and reliable methods including ultraviolet-visible spectroscopy, Fourier Transform Raman spectroscopy, near infrared, attenuated total reflectance (mid-infrared) spectroscopy [15-17], and proton nuclear magnetic resonance (<sup>1</sup>H-NMR) spectroscopy have been applied for authentication in foods and medicinal plants [18]. The latter, <sup>1</sup>H-NMR spectroscopy offered great advantages in metabolomics study for authentication of medicinal plants [19, 20] especially in combination with chemometrics of partial least square-discriminant analysis (PLS-DA) and orthogonal projections to latent structures-discriminant analysis (OPLS-DA). In this study, a combination of <sup>1</sup>H-NMR spectroscopy and multivariate analysis of pattern recognition and regression was carried out for the authentication of *C. longa* adulterated with *C. heyneana* and *C. manga*.

### MATERIALS AND METHODS

#### Sample collection and preparation

Rhizomes sample of *Curcuma longa*, *Curcuma heyneana*, and *Curcuma manga* were collected from Yogyakarta and Central Java, Indonesia. The authentication (plant determination) of these rhizomes was performed in Department of Pharmaceutical Biology, Faculty of Pharmacy, Universitas Gadjah Mada, Yogyakarta, Indonesia. Rhizomes were cleaned and chopped into small pieces. The chopped rhizomes were air-dried for 5-6 d. The dried rhizomes were ground into powder. The adulterated powder of *C. longa* with *C. heyneana* and *C. manga* were prepared by mixing in binary mixtures using the adulterant concentration of 5, 10, 25, 40, 50, 60, and 75 % wt/wt.

#### Sample extraction for <sup>1</sup>H-NMR analysis

The extraction method was adapted from Kim *et al.* [19] with slight modification. Approximately of 25 mg of powder was weighed and put into 2 ml centrifuge tube. Subsequently added with 0.5 ml of methanol-D<sub>4</sub> (CD<sub>3</sub>OD) and 0.5 ml of KH<sub>2</sub>PO<sub>4</sub> (phosphate) buffer 90 mmol pH 6.0 in D<sub>2</sub>O containing TSP (trimethylsilyl propionic acid-D<sub>4</sub> sodium salt) 0.01%. The mixtures were vortexed for 1 min, ultrasonicated for 20 min, and centrifuged at 13500 rpm for 10 min. Approximately of 800 ml of supernatant was taken and transferred into NMR tube for NMR measurement.

#### <sup>1</sup>H-NMR spectra measurement

The <sup>1</sup>H-NMR spectra were acquired on a 500 MHz Jeol ECZ-R spectrometer. Each <sup>1</sup>H-NMR spectrum was acquired using the field strength of 11.74736 T (500 MHz), and X\_Offset was 5.0 ppm. The relaxation delay was 5s, and the total scans for each spectrum were 128 scans. 3-Trimethylsilyl propionic acid-D<sub>4</sub> sodium salt (TSP) was used as an internal standard for the calibration of chemical shift in NMR signals.

#### Data preprocessing and multivariate analysis

Preprocessing of data namely phasing, baseline correction, normalization, binning, and scaling was performed using

MestreNova 12.0.0 software. The spectra were manually phase corrected, and the chemical shift of internal standard of TSP was set at 0.00 ppm. Baseline correction was carried out using a polynomial fit mode, and then the spectra were normalized using total area. Binning for every bin width of 0.04 ppm was performed for each spectrum to reduce data dimensionality. For pattern recognition analysis, binning was carried out in the region of 0.00-10.00 ppm excluding the regions of residual water and solvent (methanol) while for partial least square analysis, binning was performed in the aromatic region (6.00-8.00 ppm). All data were Pareto scaled for multivariate analysis. Chemometrics of multivariate analysis was carried out using SIMCA 14 and Minitab 17 software. The variables used were the chemical shifts binned for every 0.04 ppm using average sum mode. Chemometrics supervised pattern recognition of PLS-DA was used to differentiate authentic and adulterated *C. longa* with *C. heyneana* and *C. manga* while OPLS-DA was employed to maximize the differentiation between samples. The number of variables for PLS-DA and OPLS-DA analysis was 238 variables. Chemometrics regression of PLS using 51 variables was applied for quantification of adulterant (*C.*

*heyneana* and *C. manga*) in binary mixtures with *C. longa*. The PLS-DA and OPLS-DA models were validated using the permutation test while the PLS model was validated using RMSEC, RMSEP, and leave one out cross-validation technique.

## RESULTS AND DISCUSSION

### Spectra analysis of *Curcuma longa*, *Curcuma heyneana*, and *Curcuma manga*

<sup>1</sup>H-NMR spectroscopy is capable of measuring spectra of *C. longa*, *C. heyneana*, and *C. manga*. Representative spectra in fig. 1 showed the spectra of authentic *C. longa*, *C. heyneana*, *C. manga*, and adulterated *C. longa* with 25% of adulterants concentration. The spectra of authentic *C. longa*, *C. heyneana*, and *C. manga* showed clear differences, and they can be differentiated visually. However, the spectra of adulterated *C. longa* with 25% of *C. heyneana* and 25% of *C. manga* showed a similar pattern with the spectra of authentic *C. longa*. It is very difficult to differentiate them and to state whether the sample is authentic or adulterated just by inspecting the spectra visually. Therefore, an adequate statistical method such as chemometrics is important to overcome this problem.

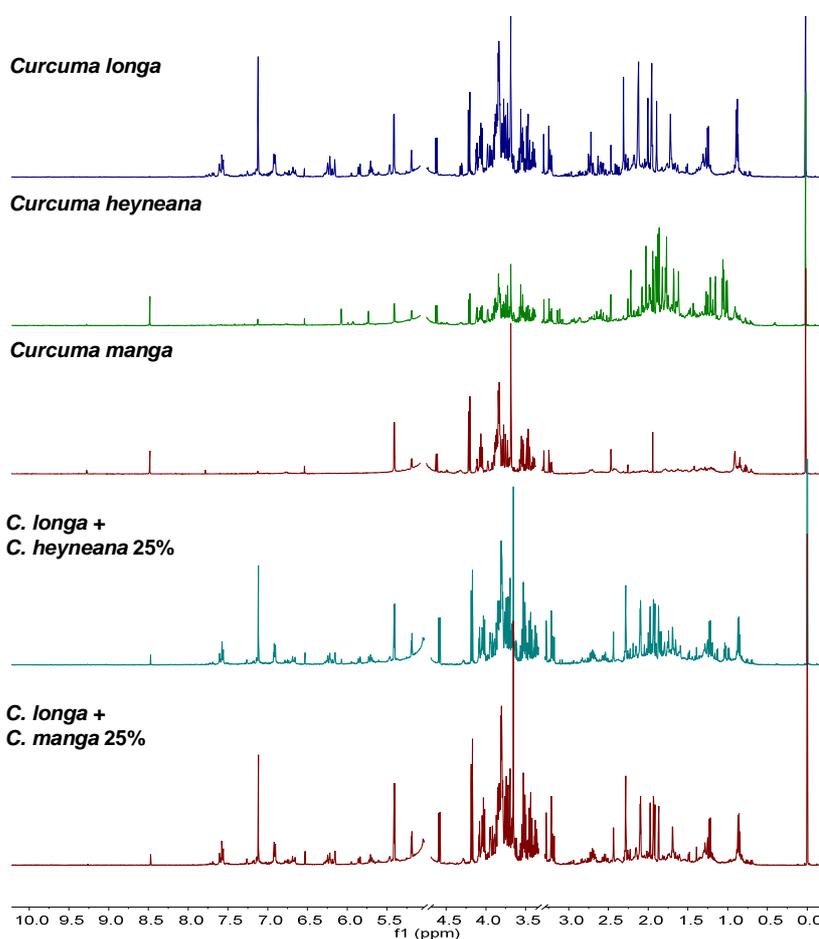


Fig. 1: <sup>1</sup>H-NMR spectra of *Curcuma longa*, *Curcuma heyneana*, *Curcuma manga*, and adulterated *Curcuma longa* with 25% of adulterants concentration

Generally, the spectra can be divided into three regions, namely amino acid region (0.00-3.00 ppm), sugar region (3.00-5.50 ppm), and aromatic region (6.00-8.00 ppm) [18, 21]. *C. longa* and *C. heyneana* have more intense signals in the amino acid region compared to *C. manga* while in the regions of aromatic, only *C. longa* showed intense signals. This corresponds to the high content of curcuminoids in *C. longa* especially curcumin than in *C. heyneana* and *C. manga*. Extracted using methanol-D<sub>4</sub> and phosphate buffer in D<sub>2</sub>O, curcumin appeared in the chemical shift of 7.28 ppm (singlet), 3.90 ppm (singlet), 6.80 ppm and 7.22 ppm (doublet), while

demethoxycurcumin signals appeared in the chemical shift of 5.89 ppm (singlet), 3.94 ppm (singlet), and 6.92 ppm (doublet) [22, 23].

Adulteration affected curcuminoids content especially curcumin in *C. longa* due to the lower curcumin content in *C. heyneana* and *C. manga*. In the powder form, *C. longa* contains 5-6.5 % of curcumin, while curcumin content in *C. heyneana* is around 0.67-1.2 % and in *C. manga* is not more than 0.05 % [24]. Representative spectra in the aromatic region of authentic *C. longa* and adulterated *C. longa* with *C. heyneana* in various adulterant concentrations were shown in fig. 2.

Deep investigation of stacked spectra of authentic and adulterated *C. longa* with various concentrations of *C. heyneana* in this region showed the decreasing of signal intensities in some areas. These correspond to the decreasing of curcuminoids content in adulterated samples. In addition, the spectra of authentic and adulterated *C. longa* with various concentrations of *C. manga* in the aromatic region also showed the decreasing of signal intensities in some areas

as shown in fig. 3. The decreasing of signal intensities in this aromatic region (6.00-8.00 ppm) as the increasing of adulterants concentration might be caused by the decreasing of curcuminoids content in the mixture because of the lower concentration of curcuminoids in *C. heyneana* and *C. manga*. Therefore, this aromatic region can be used to build a chemometrics model for quantification of adulterants in assessing the authenticity of *C. longa*.

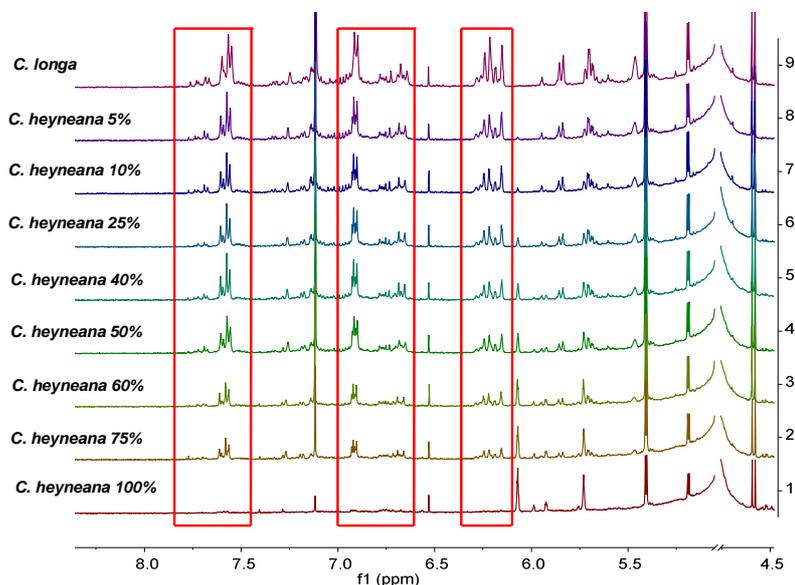


Fig. 2:  $^1\text{H-NMR}$  spectra of authentic and adulterated *Curcuma longa* with *Curcuma heyneana* in various adulterant concentrations in the aromatic region

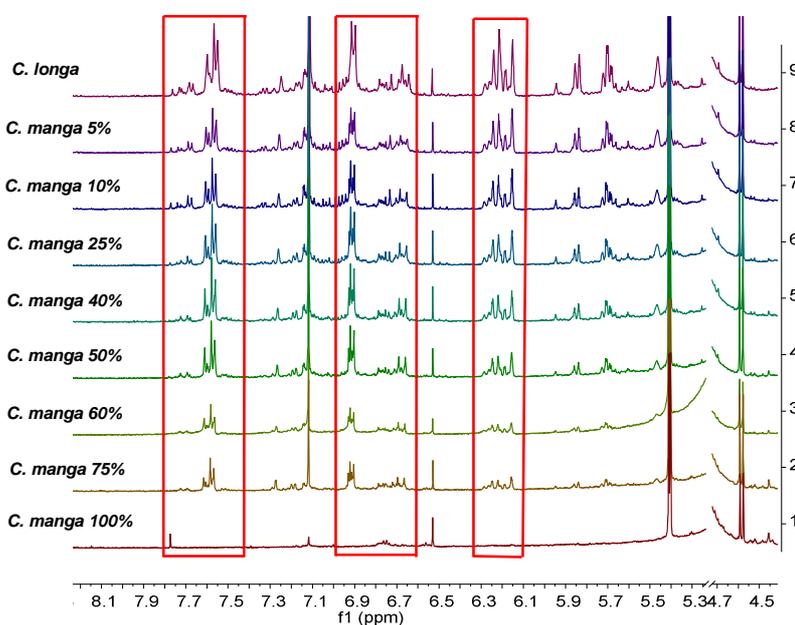


Fig. 3:  $^1\text{H-NMR}$  spectra of authentic and adulterated *Curcuma longa* with *Curcuma manga* in various adulterant concentrations in aromatic region

#### $^1\text{H-NMR}$ spectroscopy and chemometrics supervised pattern recognition of PLS-DA and OPLS-DA for authentication of *Curcuma longa*

Original  $^1\text{H-NMR}$  spectra contain thousands of variables. Because of the complexity of the data, it is very difficult to analyze the spectra visually. Chemometrics such as supervised pattern recognition offers some advantages to manage huge data generated from NMR spectroscopy. PLS-DA was performed to distinguish between authentic *C. longa* and adulterated *C. longa* with *C. heyneana* and *C.*

*manga*. PLS-DA is a supervised pattern recognition which allows to search latent variables in a dataset to obtain maximum variation [25]. PLS-DA was carried out using 8 principal components explaining the total variance of 97.9%. PLS-DA score plot using PC1 and PC2 showed a good differentiation between authentic *C. longa* and adulterated *C. longa* with *C. heyneana* and *C. manga* as shown in fig. 4. The measured  $R^2_X$ ,  $R^2_Y$ , and  $Q^2$  were 0.979, 0.98, and 0.706, respectively. The high value of  $R^2_X$  and  $R^2_Y$  (close to 1) indicated the goodness of fit of the model and the  $Q^2$  value (higher than 0.5) indicated the goodness of predictivity of the model [21].

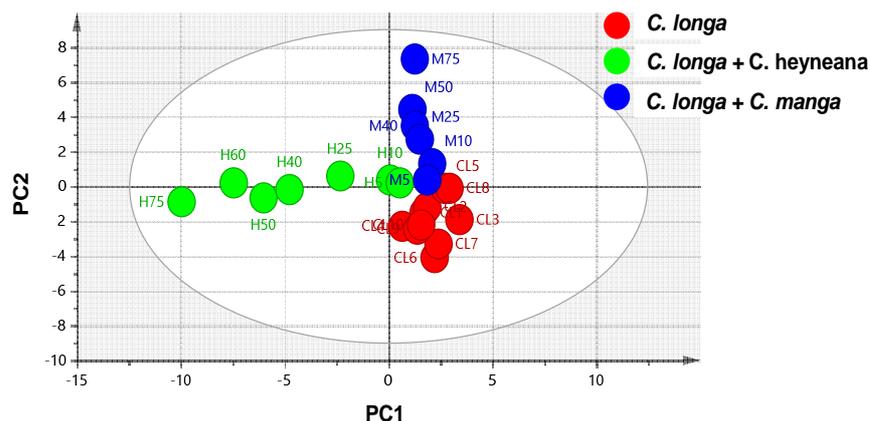


Fig. 4: PLS-DA score plot of *Curcuma longa* and adulterated *Curcuma longa* with *Curcuma heyneana* and *Curcuma manga*

Supervised method of OPLS-DA was successfully applied to differentiate between authentic and adulterated *C. longa* with *C. heyneana* and *C. manga*, and it provided better separation than PLS-DA as shown in fig. 5. OPLS-DA was carried out using two predictive and five orthogonal components. The high value of R2X (0.867) and R2Y (0.92) showed the goodness of fit of the model and the Q2 (0.521) showed the goodness of predictivity of the model. OPLS-DA

showed a better performance for differentiation than PLS-DA because OPLS-DA incorporates orthogonal signal correction (OSC) filter that allows separation of Y predictive and Y orthogonal. Variables not correlated to Y predictive are removed so that the noise is minimized and only variables correlated to Y are used to build the model. Therefore, maximum separation is obtained indicating the better prediction performance [26].

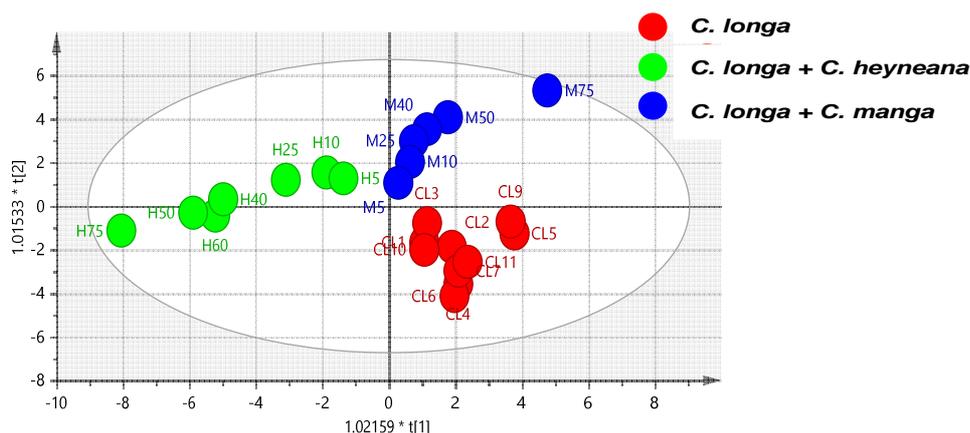


Fig. 5: OPLS-DA score plot of *Curcuma longa* and adulterated *Curcuma longa* with *Curcuma heyneana* and *Curcuma manga*

Although PLS-DA and OPLS-DA have a great performance for classification, they have a tendency to be overfitting which can cause misclassification. Overfitting could generate good separation even in a random dataset. Therefore, careful validation is needed to prove the model validity. A permutation test is one of the validation techniques which can be used to check the model validity. In the permutation test, the X variables are left intact, while the Y variables are permuted then the original variables were compared to the permuted variables. Original model must be higher than all the permuted models to obtain valid models. Moreover, the intersection of Q2 value must at zero or below zero. Results of permutation test confirmed the validity of the models both in PLS-DA and OPLS-DA models as shown in fig. 6a and b, respectively. The original models of Q2 and R2 values were higher than all permuted models both in PLS-DA and OPLS-DA models, and the intersection of Q2 was (0,-0.991) in PLS-DA and (0,-0.79) in OPLS-DA indicated the good quality of the models.

#### **<sup>1</sup>H-NMR-based metabolite fingerprinting and partial least square (PLS) regression for quantification of adulterants in *Curcuma longa***

Partial least square (PLS) is one of the regression methods in multivariate analysis with some desirable advantages. PLS is based

on the features of principal component analysis and multiple regression. PLS can be used to quantify the concentration of adulteration from large data. PLS allows to analyze data with more variables than observations, and it has a lower risk in overfitting [27]. Therefore, it has been widely used in food and plants medicinal science for authentication. Quantification of adulterants of *C. heyneana* and *C. manga* in binary mixtures with *C. longa* was performed using PLS model in the concentration range of 0-100 % wt/wt. Fig. 7 showed the PLS response plot which correlates the actual and calculated response of *C. heyneana* in *C. longa* obtained from <sup>1</sup>H-NMR spectra. The actual response corresponds to the actual concentration of *C. heyneana* in *C. longa* while the calculated response is the concentration of *C. heyneana* predicted by the model. The R<sup>2</sup> value showed the proportion of variation in each response that is explained by the predictors. Result showed that a good relationship was obtained between actual and calculated response with the equation of  $y = 0.9992x + 0.0344$  and the R<sup>2</sup> value was 0.9992, indicating that the model fits the data well. PLS response plot of actual response and calculated response of *C. manga* in binary mixtures with *C. longa* was shown in fig. 8. There was a linear relationship between the actual and calculated response (R<sup>2</sup>=0.9982) with the equation of  $y = 0.9982x + 0.0745$ .

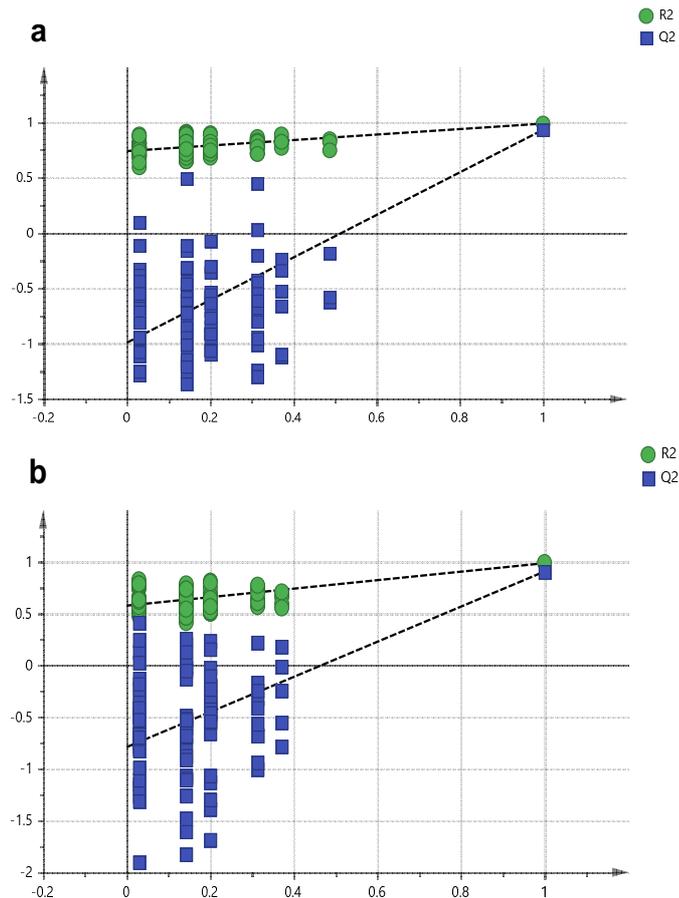


Fig. 6: Permutation test of PLS-DA (a) and OPLS-DA (b) models

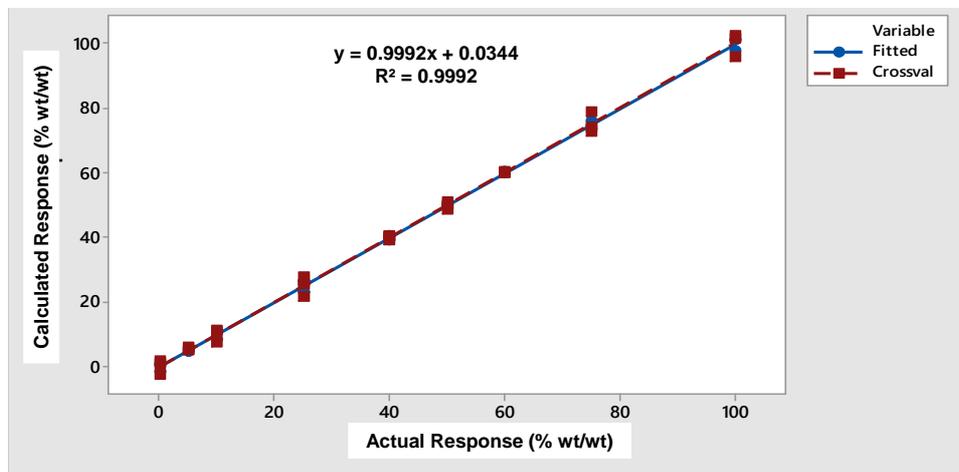


Fig. 7: PLS response plot of actual and predicted concentration of *Curcuma heyneana* in binary mixtures with *Curcuma longa*

The PLS models were evaluated using the root mean square error of calibration (RMSEC) value as the validity criteria for the calibration model. The obtained RMSEC values were 0.94% and 1.37% for the calibration model of *C. heyneana* in *C. longa* and *C. manga* in *C. longa*, respectively. RMSEC is a parameter to evaluate the occurrence of overfitting and to make a prior assumption that the relationship is in a linear way. The lower RMSEC values indicated the high accuracy and precision of the models [27]. The PLS models were validated using leave one out cross-validation technique. The predicted R<sup>2</sup> value was used to evaluate cross-validation. It tells how well each calculated model predicts the response. Cross-validation selects the number of components which provide the most accurate predictive model. In the

PLS model of adulterated *C. longa* with *C. heyneana*, cross-validation selected ten components and it produced the highest predicted R<sup>2</sup> value (0.9968) while in the PLS model of adulterated *C. longa* with *C. manga*, cross-validation selected five components with the predicted R<sup>2</sup> value of 0.9892. The models were also validated using the validation model. The quality of the validation model was evaluated using RMSEP (root mean square error of prediction) value. It can give the proof of good predictive performance. The RMSEP values for validation model of *C. heyneana* in *C. longa* and *C. manga* in *C. longa* were 0.83% and 1.34%, respectively. The small difference between RMSEC and RMSEP indicated the goodness of fit of the model and model overfitting did not occur.

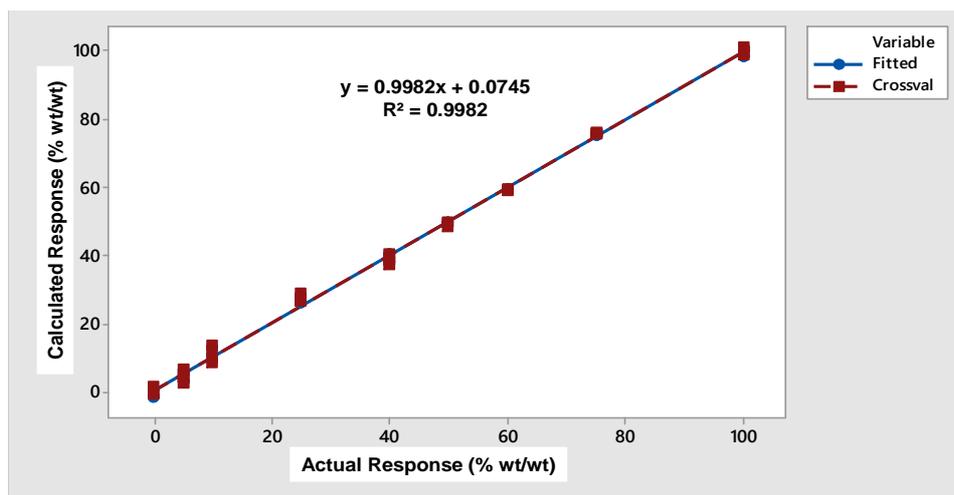


Fig. 8: PLS response plot of actual and predicted concentration of *Curcuma manga* in binary mixtures with *Curcuma longa*

## CONCLUSION

Chemometrics supervised pattern recognition of PLS-DA and OPLS-DA proves to be very useful for differentiation of *C. longa* and adulterated *C. longa* with *C. heyneana* and *C. manga*. Chemometrics regression of PLS showed an adequate technique for the detection and quantification of adulteration in *C. longa* with *C. heyneana* and *C. manga* in binary mixtures. These results strongly support that combination of <sup>1</sup>H-NMR-based metabolite fingerprinting and chemometrics of PLS-DA, OPLS-DA and PLS is a powerful method for the authentication of *C. longa*.

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## AUTHORS CONTRIBUTIONS

All the author have contributed equally

## CONFLICT OF INTERESTS

The author declares that there is no conflict of interest

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