

STABILITY OF MICROSPHERE OF *SARGASSUM PLAGYOPHYLLUM* (MERTENS) J. G. AGARDH EXTRACT PRODUCED BY SPRAY DRYING USING MALTODEXTRIN

EFFIONORA ANWAR*, DYAH AYU RATNA YULIANTI, KURNIA SARI SETIO PUTRI

Department of Pharmacy, Faculty of Pharmacy, Universitas Indonesia, Depok, 16424, Indonesia. Email: effionora.anwar@farmasi.ui.ac.id

Received: 30 April 2018, Revised and Accepted: 28 October 2018

ABSTRACT

Objective: This study aimed to determine the stability of microspheres of *Sargassum plagyophyllum* (brown seaweed) after preparation using spray drying with maltodextrin DE 10–15 and during drying and storage.

Methods: Aqueous extracts of brown seaweed were formulated into microspheres using maltodextrin DE 10–15 as a coating agent. For increasing the stability of polyphenol compounds, spray drying was performed with an inlet temperature of 110°C. Four microsphere formulations were produced using maltodextrin DE 10–15 at concentrations of 0%, 5%, 10%, and 15%. The resulting microspheres were then characterized in the assessments of moisture contents, particle size distributions, pH, total phlorotannin contents, and antioxidant activity, and surface morphology was analyzed using scanning electron microscope analyses.

Results: Powders that were produced with 0% and 15% maltodextrin were more stable at 4°C±2°C than at 28°C±2°C and 40°C±2°C. At the lowest temperature, phlorotannin contents were maintained in powders that were prepared with 15% maltodextrin but were decreased by 10% in powders that were prepared without maltodextrin.

Conclusion: Maltodextrin DE 10–15 is a suitable coating agent for dry formulations of *S. plagyophyllum* powder and maintained stability during spray drying at 110°C and during storage for 2 months at 4°C±2°C.

Keywords: Maltodextrin, Microsphere, Phlorotannin, *Sargassum plagyophyllum*, Spray drying.

© 2018 The Authors. Published by Innovare Academic Sciences Pvt Ltd. This is an open access article under the CC BY license (<http://creativecommons.org/licenses/by/4.0/>) DOI: <http://dx.doi.org/10.22159/ijap.2018.v10s1.83>

INTRODUCTION

Sargassum plagyophyllum is a brown marine macroalgae (Phaeophyta) that is frequently found in tropical and subtropical countries, such as Indonesia, Malaysia, Thailand, and Vietnam [1]. Brown marine algae are rich sources of bioactive phlorotannin polyphenols [2], which are the only group of phenols in brown algae [3] and are formed by the polymerization of phloroglucinol (1,3,5-trihydroxybenzene) monomer units in the acetate-malonate biosynthetic pathway [4,5]. Phlorotannins from brown seaweeds have anticancer, anti-inflammation, antioxidant, anti-allergic, antidiabetic, and anti-wrinkle properties [6]. However, like other polyphenols, phlorotannin is sensitive to environmental conditions, including temperature, light, pH, moisture, and oxygen contents, and is therefore susceptible to degradation during product processing and storage [7].

Spray drying is the most widely used process for drying liquids and extracts and has advantages of short contact times with drying medium, high rates of evaporation, and relatively low costs, leading to higher quality products than those produced using conventional drying methods [8]. Spray drying technologies have been widely exploited in the food industry and are used for producing large quantities of microcapsules. In addition, multiple shell materials have been approved for various uses, and these allow exploitation of a range of particle sizes for heat-sensitive food ingredients. During encapsulation, sensitive bioactive compounds are packaged within carrier materials, which protect sensitive core materials from deleterious environmental conditions [9]. Even though spray drying is widely used for producing food powders, some quality losses are associated with the high operating temperatures required.

In this study, microspheres of *S. plagyophyllum* brown algae extracts were produced using maltodextrin DE 10–15 as a coating agent in spray drying procedures, and an increased stability of phlorotannins was observed in the drying process and during subsequent storage.

MATERIALS AND METHODS

Materials

2,2-diphenyl-1-picrylhydrazyl (DPPH, Sigma), phloroglucinol (Sigma-Aldrich Inc.), Folin-Ciocalteu method (Merck) with phloroglucinol (Sigma), and Maltodextrin DE 10–15 (Sigma) were used.

Instruments

Brookfield viscometer (Brookfield, USA), sputter coating instrument (Quorum Q150R ES), scanning electron microscope (SEM) (Carl Zeiss EVO MA 10), Mastersizer 2000 (Malvern Instruments Ltd., Worcestershire, UK), pH meter (Eutech Instruments pH 510, Singapore), and moisture tester (AMB 50) were used.

Seaweed materials

The brown seaweed *S. plagyophyllum* was collected from Pantai Binuangeun, Lebak, Banten, Indonesia. The species was identified by an algae researcher from Oseanografi Research Laboratory Center, LIPI Jakarta. The collected seaweed was thoroughly washed in water to remove salts, epiphytes, and sand and was then air-dried in the shade for 3–4 days [10].

Preparation of seaweed extracts

A dried seaweed (600 g) was extracted using a maceration method for 24 h with stirring in 6 L of demineralized water at room temperature in the dark [10,11]. Macerates were then filtered to produce the aqueous extracts of *S. plagyophyllum*, which were then characterized for pH, total phlorotannin contents, and antioxidant activity.

Determinations of total phlorotannin contents

Total phlorotannin contents of *S. plagyophyllum* extracts were determined using the Folin-Ciocalteu method with phloroglucinol as a standard [11]. Briefly, aqueous extracts (5 g) were dissolved in 10 mL of demineralized water with shaking, and the resulting mixtures

were centrifuged at 1500 rpm for 4 min [12]. Supernatants (0.5 mL) were then mixed with 1.0-mL aliquots of Folin–Ciocalteu reagent (10 times dilution) with vortexing for 5 s, and the reactions were allowed to proceed for 5 min at 28°C in the dark. Subsequently, 2.0-mL aliquots of 7.5% sodium carbonate (w/v) were added and incubated in the dark at room temperature for 70 min. The absorbance of sample solutions was then measured at 707 nm using a spectrophotometer and a calibration curve that was prepared using phloroglucinol, which is the basic structural unit of phlorotannins [11]. Total phlorotannin contents were expressed as mg of phloroglucinol equivalents per g of aqueous extract [13].

DPPH radical scavenging activity

The DPPH free radical scavenging activities of *S. plagyophyllum* extracts were determined according to the method described by Mun'im *et al.* with slight modifications using ascorbic acid as a positive control [14]. Briefly, test samples were dissolved in 2.0-mL aliquots of ethanol and 1.0-mL ethanol solutions of 100-µg/mL DPPH were added with further 1.0-mL aliquots of ethanol. Reaction mixtures were incubated in the dark at 28°C for 30 min, and absorbance was determined using a spectrophotometer at 516 nm. Radical scavenging activity was expressed as concentrations of sample required to reduce 50% DPPH radical by (IC₅₀).

Formulation of microspheres from *S. plagyophyllum* extracts

Microspheres of *S. plagyophyllum* extracts were formulated using maltodextrin as a coating agent in spray drying procedures with an inlet temperature of 110°C. Maltodextrin DE 10–15 was used at 0%, 5%, 10%, and 15% and was dissolved gradually in the aqueous extracts of *S. plagyophyllum* during homogenization with a paddle stirrer. Microsphere solutions were then fed into the spray dryer while stirring.

Determinations of the viscosity of microsphere formulations

Viscosities of microspheres were measured using a Brookfield viscometer at 20 rpm with spindle 1.

Physical examinations of microspheres

Microspheres were subjected to sensory observations, and the color, texture, and smell were recorded.

Surface morphology analyses of particles

Appearances and shapes of powder samples were investigated by placing the powder on aluminum stubs using double-sided adhesive tape. Samples were then coated with gold using a sputter coating instrument (Quorum Q150R ES) at 20 mA for 60 s and were then examined using a SEM with an accelerating voltage of 14 kV and secondary electrons.

Particle size distributions

Particle size distributions of powder samples (±1.0 g) were measured using a Mastersizer 2000.

Moisture contents

Moisture contents of microspheres were determined using a moisture tester at 105°C–106°C. Briefly, powder samples (±500 mg) were evenly spread over the aluminum plate and were heated for 3–5 min.

pH measurements

The pH values of *S. plagyophyllum* extracts and powders were measured using a pH meter after dissolving 1-g powder samples in 10 mL of demineralized water.

Total phlorotannin contents

Powder samples (±400 mg) were dissolved in 10 mL of demineralized water, and the resulting mixtures were then filtered using filter paper. Phlorotannin contents were determined in the filtrates of microspheres as described above for extracts.

DPPH radical scavenging activity

DPPH radical scavenging activities of microspheres were determined as described for extracts.

Evaluations of storage stability

Powders that were prepared without maltodextrin and with 15% maltodextrin were evaluated after storage under various storage temperatures. Specifically, powder samples were packed into individual glass vials and were stored at 4°C±2°C, 28°C±2°C, and 40°C±2°C for 60 days. Total phlorotannin and moisture contents of stored powders were determined every 14 days, and changes in concentrations of bioactive compounds were calculated and expressed as percentages (%) of the original contents.

RESULTS AND DISCUSSION

Analyses of *S. plagyophyllum* aqueous extracts

Total phlorotannin contents

To develop the analytical procedure, we compared solvent extraction with 25%, 50%, and 75% (v/v) ethanol and demineralized water and found that polyphenol extraction from seaweeds is best achieved with demineralized water. Total phlorotannin contents of *S. plagyophyllum* water extracts were determined using the Folin–Ciocalteu method. After 70 min incubation under optimal conditions, a calibration curve of phloroglucinol was generated by plotting absorbance measurements against phloroglucinol concentrations, and the adjusted linear equation $y=0.0043x - 0.0936$ was determined with a correlation coefficient of $r=0.9994$. Total phlorotannin contents of *S. plagyophyllum* extracts were 0.24 ± 0.00 mg/g aqueous extract (0.024% w/w).

DPPH radical scavenging activity

DPPH radical scavenging activities were expressed as IC₅₀ values [15]. *S. plagyophyllum* aqueous extracts had lower DPPH scavenging activity than ascorbic acid (3.42 ppm), likely reflecting low total phlorotannin contents.

Determination of microsphere viscosities

Microspheres viscosities decreased with increases in maltodextrin concentrations used during preparation (Table 1). Concentration and temperature of maltodextrin solutions were the two dictators of viscosity, which increased with maltodextrin concentrations and decreased with increasing temperatures [16].

Physical examination

Microsphere powders of each formula had distinctive odors and fine particles and were slightly moist and had a brown color. Powder colors

Table 1: Physical properties of microspheres

Formulation code	Viscosity (cps)	Yield of powders (g)	Moisture content (%)	d (90) (µm)	pH	Total phlorotannin content (mg phloroglucinol/g sample)	Total phlorotannin content in the yield of powders (mg)	IC 50 (ppm)
F1	8	3.14	7.96	5.402	10.89±0.02	10.20±0.16	32.04±0.51	6319.38
F2	10	11.90	7.70	9.328	10.84±0.01	3.36±0.02	39.93±0.20	49172.40
F3	12	20.75	7.50	10.922	10.56±0.02	2.32±0.02	48.16±0.39	59945.63
F4	15	28.62	6.07	11.840	10.52±0.02	1.89±0.01	53.95±0.23	76318.00

were reduced with increasing maltodextrin concentrations and were also influenced by drying temperature [17].

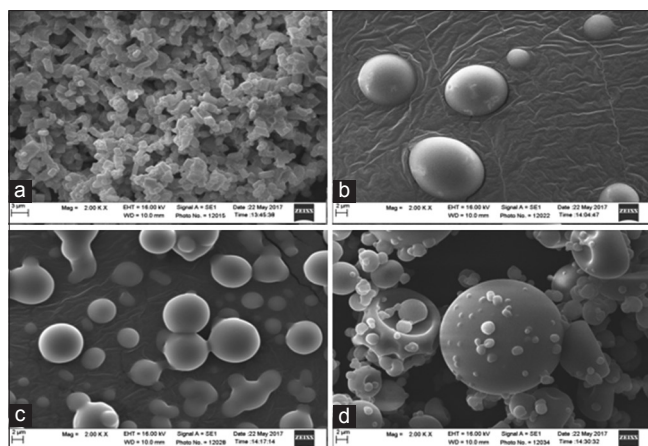


Fig. 1: Particle morphologies of microspheres following preparation with MD 10-15 at (a) 0%, (b) 5%, (c) 10%, and (d) 15%; magnification, $\times 2000$

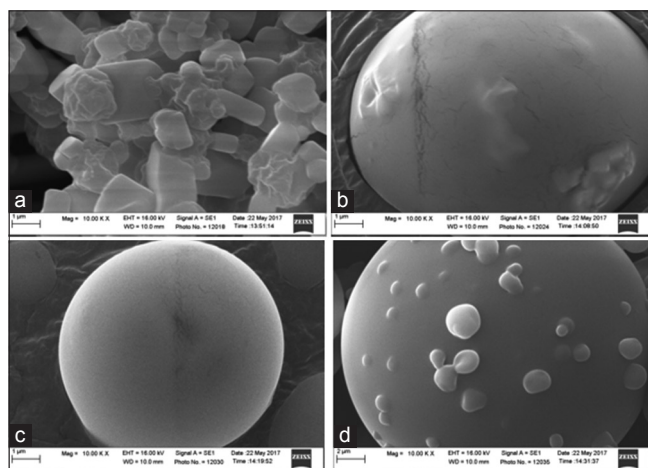


Fig. 2: Particle morphology of microspheres prepared with MD 10-15 at (a) 0%, (b) 5%, (c) 10%, and (d) 15%; magnification, $\times 10,000$

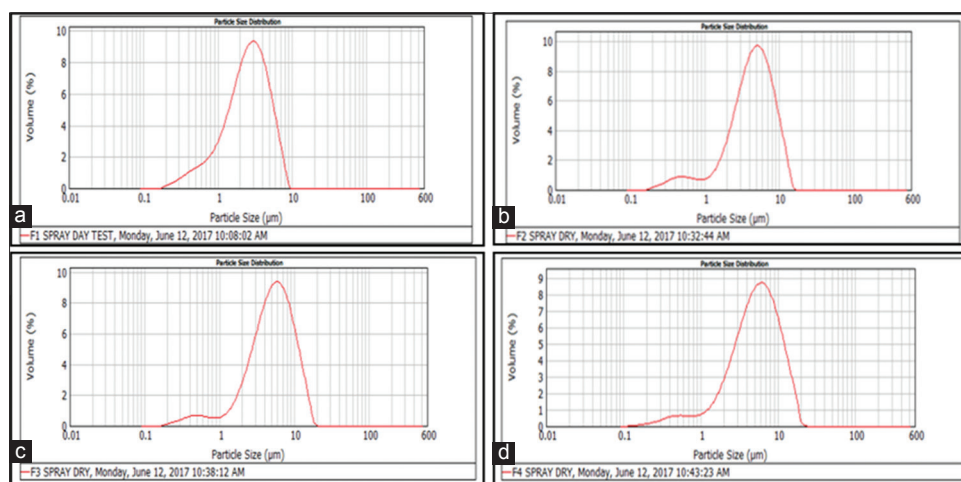


Fig. 3: Particle size distributions of microspheres prepared with MD 10-15 at (a) 0%, (b) 5%, (c) 10%, and (d) 15%

Surface morphology of particles

Particle morphologies were assessed using SEM analyses, which revealed spherical particles with cracks and pores on their surfaces following preparation with 5%, 10%, and 15% maltodextrin (Figs. 1 and 2). Cracks in particle surfaces were likely caused by high evaporation rates, which can interfere with the formation of films on particles [18]. In general, cracks that form during the encapsulation process can lead to increased contact of encapsulated bioactive compounds with air, thus increasing the chances of oxidation and degradation [19].

Particle size distributions

Particle size distributions are an important property of powders, particularly, because they directly affect other physical properties of the products. In this study, the particle size distributions of powders were calculated and presented as $d(90)$ values (Table 1). Increasing concentrations of maltodextrin during preparation resulted in wider particle size distribution curves of microspheres and overall increases in particle sizes (Fig. 3).

Moisture contents

Increasing concentrations of maltodextrin led to decreased moisture contents of the present powders (Table 1). In addition, total soluble solid contents of the extracts increased with maltodextrin concentrations, resulting in decreased availability of water for evaporation, as shown previously [8,17]. The stability of the present powders was reduced with increasing moisture contents. In agreement, increased moisture contents reportedly reduced glass transition temperatures, leading to the increased rates of physicochemical change, such as oxidation, in dried products [19].

pH measurements

Aqueous *S. plagyophyllum* extracts had pH values of 7.82 ± 0.02 , whereas the pH of microspheres ranged from 10.52 ± 0.08 to 10.89 ± 0.01 (Table 1), as shown previously by Caliskan and Dirim. We also show that increasing maltodextrin concentrations during preparation significantly increased the pH of the resulting powders. In a previous study, some acids were lost due to evaporation during the spray drying process [1,8]. However, we did not observe significant effects of increasing maltodextrin concentrations on the pH of the resulting powders.

Total phlorotannin contents

Microspheres that were prepared with 15% maltodextrin DE 10-15 had higher phlorotannin contents than those prepared with lower maltodextrin concentrations (Table 1), and these differences were significant. As carbohydrate matrices, maltodextrins increase the glass

Table 2: Effects of storage conditions on the retention of phlorotannins and moisture in microspheres; data are presented as means of three measurements

Weeks	Total phlorotannin content (%)						Moisture content (%)					
	F1			F4			F1			F4		
	4°C	28°C	40°C	4°C	28°C	40°C	4°C	28°C	40°C	4°C	28°C	40°C
0	1.00	1.00	1.00	0.18	0.18	0.18	7.96	7.96	7.96	6.07	6.07	6.07
2	0.99	0.99	0.98	0.18	0.18	0.18	7.94	8.16	6.77	6.13	6.16	5.96
4	0.93	0.92	0.90	0.18	0.18	0.18	8.2	8.34	5.76	6.35	7.15	5.56
6	0.92	0.89	0.88	0.18	0.17	0.18	8.64	8.77	5.17	6.55	7.39	5.36
8	0.90	0.87	0.86	0.18	0.17	0.17	8.96	10.89	4.77	6.94	8.01	5.17

transition temperature of dried products, thereby trapping the active compounds in a vitreous phase that protects against temperature, stickiness, collapse, and enzymatic or chemical changes such as oxidation [19].

DPPH radical scavenging activity

In our radical scavenging assays, microspheres had lower DPPH scavenging activity than ascorbic acid (IC_{50} , 3.42 ppm; Table 1). Moreover, increased concentrations of maltodextrin, which has no free-radical scavenging activity, resulted in lower DPPH scavenging activities. These data suggest that the low free radical scavenging activities under these conditions correspond with low phlorotannin contents of aqueous *S. plagyophyllum* extracts. Moreover, exposure to higher temperatures may have adversely affected the chemical structures of phenols by causing degradation or synthesis of different forms [20-23].

Storage stability evaluation

Total phlorotannin and moisture contents of powders that were produced in the presence of 0% and 15% maltodextrin were determined at 4°C±2°C, 28°C±2°C, and 40°C±2°C for 60 days (2 months). After preparation with 0% and 15% maltodextrin, powders were more stable at 4°C±2°C than at 28°C±2°C and 40°C±2°C. In addition, we observed significant decreases in total phlorotannin contents when maltodextrin was not used. At 4°C±2°C, phlorotannin contents were maintained in powders produced with 15% maltodextrin, whereas a 10% loss of phlorotannin contents followed storage of powders that were made without maltodextrin. Moisture contents in powders produced without maltodextrin and with 15% maltodextrin increased over each 14-day period of storage at 4°C±2°C and 28°C±2°C, whereas moisture contents decreased during storage at 40°C±2°C. Powders that were prepared without maltodextrin had higher changes in moisture contents than those prepared with 15% maltodextrin (Table 2).

CONCLUSION

Microspheres that were produced using 15% maltodextrin DE 10-15 had higher phlorotannin contents than those produced without maltodextrin. Stability of microsphere powders was assessed in terms of the loss of bioactive compounds and moisture and differed significantly between tested storage temperatures. In particular, powders that were produced with 0% and 15% maltodextrin were more stable at 4°C±2°C than at 28°C±2°C and 40°C±2°C, indicating that long-term storage is best achieved using a refrigerator (4°C±2°C). Taken together, the present data show that spray drying using maltodextrin as an encapsulating agent with an inlet temperature of 110°C produces stable microspheres of the *S. plagyophyllum* aqueous extract as indicated by changes in contents of bioactive compounds and moisture during storage for 60 days.

CONFLICTS OF INTEREST

The authors declared that they no conflicts of interest.

REFERENCES

- Chan YY, Kim KH, Cheah SH. Inhibitory effects of sargassum polycystum on tyrosinase activity and melanin formation in B16F10 murine melanoma cells. *J Ethnopharmacol* 2011;137:1183-8.
- Shin T, Ahn M, Hyun JW, Kim SH, Moon C. Antioxidant marine algae phlorotannins and radioprotection: A review of experimental evidence. *Acta Histochem* 2014;116:669-74.
- Sathya R, Kanaga N, Sankar P, Jeeva S. Antioxidant properties of phlorotannins from brown seaweed *Cystoseira trinodis* (Forsskal) C. Agardh. *Arab J Chem* 2011;10:S2608-14.
- Li Y, Wijesekara I, Li Y, Kim S. Phlorotannins as bioactive agents from brown algae. *Process Biochem* 2011;46:2219-24.
- Kapuge K, Sanjeeva A, Kim E, Son K, Jeon Y. Bioactive properties and potentials cosmeceutical applications of phlorotannins isolated from brown seaweeds: A review. *J Photochem Photobiol B Biol* 2016;162:100-5.
- Fang Z, Bhandari B. Effect of spray drying and storage on the stability of bayberry polyphenols. *Food Chem* 2011;129:1139-47.
- Caliskan G, Dirim SN. The effect of different drying processes and the amounts of maltodextrin addition on the powder properties of sumac extract powders. *Powder Technol* 2016;287:308-14.
- Zokti JA, Baharin BS, Mohammed AS, Abas F. Molecules green tea leaves extract: Microencapsulation, physicochemical and storage stability study. *Molecules* 2016;21:1-24.
- Masduqi AF, Izzati M, Prihastanti E. Effect of drying method on chemical content in sargassum polycystum seaweed [Efek metode pengeringan terhadap kandungan bahan kimia dalam rumput laut sargassum polycystum]. *Bull Anat dan Fisiol* 2014;22:1-9.
- Ye H, Zhou C, Sun Y, Zhang X, Liu J, Hu Q, et al. Antioxidant activities *in vitro* of ethanol extract from brown seaweed *Sargassum pallidum*. *Eur Food Res Technol* 2009;230:101-9.
- Koivikko R. Brown Algal Phlorotannins Improving and Applying Chemical Methods. *Turku: Department of Chemistry University of Turku*; 2008.
- Quiros AR, Frecha-Ferreiro S, Vidal-Perez AM, Lopez-Hernandez J. Antioxidant compounds in edible brown seaweeds. *Eur Food Res Technol* 2010;231:495-8.
- Kim J, Yoon M, Yang H, Jo J, Han D, Jeon YJ, et al. Enrichment and purification of marine polyphenol phlorotannins using macroporous adsorption resins. *Food Chem* 2014;162:135-42.
- Mun'im A, Negishi O, Ozawa T. Antioxidative compounds from *Crotalaria sessiliflora*. *Biosci Biotechnol Biochem* 2003;67:410-4.
- Molyneux P. The use of the stable free radical diphenylpicryl-hydrazyl (DPPH) for estimating antioxidant activity. *Songklanakarinn J Sci Technol* 2004;26:211-9.
- Pycia K, Juszczak L, Galkowska D, Witczak M, Jaworska G. Maltodextrins from chemically modified starches as agents affecting stability and rheological properties of albumin foam. Selected physicochemical properties. *Carbohydr Polym* 2016;146:301-9.
- Caliskan G, Dirim SN. The effects of the different drying conditions and the amounts of maltodextrin addition during spray drying of sumac extract. *Food Bioprod Process* 2013;91:539-48.
- Tan SP, Kha TC, Parks SE, Stathopoulos CE, Roach PD. Effects of the spray-drying temperatures on the physicochemical properties of an encapsulated bitter melon aqueous extract powder. *Powder Technol* 2015;281:65-75.
- Ramirez MJ, Giraldo GI, Orrego CE. Modeling and stability of polyphenol in spray-dried and freeze-dried fruit encapsulates. *Powder*

- Technol 2015;277:89-96.
20. Mishra P, Mishra S, Mahanta CL. Effect of maltodextrin concentration and inlet temperature during spray drying on physicochemical and antioxidant properties of amla (*Emblica officinalis*) juice powder. Food Bioprod Process 2014;92:252-8.
 21. Vijayalakshmi K, Srimathi PK. Investigation of antioxidant potential of quercetin and hesperidin: An *in vitro* approach. Asian J Pharm Clin Res 2017;10:83-6.
 22. Samran S, Dalimunthe D. The formulation of dry curcuma (*Curcuma xanthorrhiza* roxb.) extract microcapsules by spray wet microencapsulation techniques. Asian J Pharm Clin Res 2018;11:226-9.
 23. Amatrejo S, Tanjung HR. *Tinospora* extract (*Tinospora crispa* (L.) Miers.) encapsulation with sodium alginate isolated from brown algae (*Sargassum ilicifolium*). Asian J Pharm Clin Res 2018;10:267-9.