

DESIGN, DEVELOPMENT AND EVALUATION OF MOUTH DISSOLVING TABLETS OF TOFACITINIB CITRATE

MEGHANA RAYKAR¹, MALARKODI VELRAJ^{2*}

^{1,2}Department of Pharmaceutical Sciences, School of Pharmaceutical Sciences, Vels Institute of Science, Technology and Advanced Studies, Chennai, Tamil Nadu, India, Chennai, Tamilnadu, India
Email: malarkodisanna@gmail.com

Received: 01 Aug 2021, Revised and Accepted: 13 Oct 2021

ABSTRACT

Objective: This study aims to Formulate Mouth Dissolving Tablets (MDTs) of Tofacitinib Citrate with the increase in bioavailability and patient compliance.

Methods: Mouth Dissolving Tablets (MDTs) of Tofacitinib Citrate were developed by full factorial design at 3² levels and prepared by direct compression method using super integrants like sodium starch glycolate, Ludiflash. The tablets were compressed into compacts on a 10 station tablet machine. The bulk drug was characterised by determining, MP, Solubility, pH and FTIR spectra.

Results: The weight variation, hardness and diameter, thickness, friability, drug content, wetting time, *in vitro* disintegration time and *in vitro* dissolution studies, and stability study, tablet thickness, weight variation and drug content post compression parameters remained consistent and reproducible. All the formulations showed, almost 100 percent of drug release within 75 min. Formulations F1, F2 and F3 were prepared with 5 mg of SSG and 20 mg, 30 mg, and 40 mg Ludiflash which shows % release of drug in the order of F1<F2<F3. Formulations F4, F5 and F6 were prepared with 10 mg of SSG and 20 mg, 30 mg, and 40 mg Ludiflash which shows % release of drug in the order of F4<F5<F6. Formulations F7, F8 and F9 were prepared with 15 mg of SSG and 20 mg, 30 mg, and 40 mg Ludiflash which shows % release of drug in the order of F7<F8<F9.

Conclusion: It is concluded that the amount of superdisintegrants decreases disintegration time of tablets, decreases wetting time, increases the cumulative % drug release causes better absorption.

Keywords: Mouth dissolving tablets (MDTs), Tofacitinib citrate, Sodium starch glycolate (SSG), Ludiflash, Factorial design, Bioavailability and bioequivalence (BABE)

© 2022 The Authors. Published by Innovare Academic Sciences Pvt Ltd. This is an open access article under the CC BY license (<https://creativecommons.org/licenses/by/4.0/>)
DOI: <https://dx.doi.org/10.22159/ijap.2022v14i1.42810>. Journal homepage: <https://innovareacademics.in/journals/index.php/ijap>

INTRODUCTION

Mouth Dissolving Tablets (MDTs) dissolve or disintegrate in saliva and are swallowed without the need of water. MDTs offer an advantage over the conventional tablets because of their convenience of easy manufacturing, self-administration, Compactness. Therefore it improves the onset of action, increases bioavailability, and stability which helps to improve the choice of the dosage form in the current market [1, 2]. It also applies to people who are ill in bed, in traveling, and also those who are busy, especially those who have no access to water dissolves in the oral cavity within 15-3 min [3]. The demand for the development of Mouth Dissolving Tablets (MDTs) has hugely increased as it has better compliance in patients [4]. Mouth Dissolving Tablets are appreciated by a significant sector of populations, particularly those who have difficulty to swallowing. It has been reported that dysphasia (difficulty in swallowing) is common for all age groups and more specific with pediatric, geriatric populations along with institutionalized patients, psychiatric patients, and patients with nausea, vomiting, and motion sickness complications [5]. MDTs with good taste and flavor increase the acceptability of bitter drugs by various groups of the population [4, 5]. The ability to change the disease progress, cost-effectiveness, drug safety should be essential factors for all the treatments, and all these factors can be fulfilled by Mouth dissolving Tablets [6, 7]. Tofacitinib citrate is a Janus kinase JAK1/JAK3 inhibitor class [8]. It is currently developed by Pfizer for treating severe active rheumatoid arthritis in adult patients [9]. It is used for the treatment of severe active rheumatoid arthritis in adult patients, Ulcerative colitis, Psoriatic arthritis [10]. Janus kinases (JAKs) comprise a family of four enzymes, JAK1, JAK2, JAK3, and tyrosine kinase 2 (TYK2), which are centrally working in cell signaling processes important in cancer and immune-inflammatory diseases. Progression in the Pharmaceutical field has taken a recent step forward with the approval of Tofacitinib [11]. Tofacitinib citrate is a citrate salt obtained by combining equimolar amounts of

tofacitinib and citric acid. Tofacitinib act as a non-specific protein-tyrosine kinase inhibitor and an antirheumatic drug [12]. Also used to treat Atopic dermatitis, solid organ malignancy, and lymphoma in rheumatoid arthritis patients. The aim of this study to prepare mouth dissolving tablets of Tofacitinib Citrate used to treat certain types of arthritis [13].

MATERIALS AND METHODS

Material

Tofacitinib citrate gift sample was obtained from Formulation Development and Research Centre of Excellence, Unichem Laboratories Ltd., Goa-4035011, India. Sodium Starch Glycolate (SSG), Magnesium Stearate, Talc, Lactose was purchased from Mumbai, India [14]. The Tofacitinib citrate (Chemical Formula: C₂₂H₂₈N₆O₈) has 74% oral absorption produces absolute bioavailability, with peak plasma concentration (T max) achieved in 0.5-1 hour. The volume of distribution (Vd) = 87L after intravenous administration and has 40% protein binding, mostly bound to albumin. Distribution is equal between red blood cells and plasma half-life ~3h [15, 16].

Preparation of ludiflash

Ludiflash is a simple mixture of 90 % w/w of Mannitol, 5% w/w of Crospovidone, and 5% w/w of polyvinyl acetate was blended in a double cone blender and was kept in an oven for 2 h drying. Active pharmaceutical ingredients lubricant and other ingredients were added in the above Ludiflash excipients which Produce high Porosity tablets and having quick penetration Power [17].

Method (Direct compression)

In this process, all ingredients were accurately weighed and passed through Sieve No.180 then mixed to form powder blend and then compressed using 6 mm flat punch on Tablet press 10 station

compression machine. The hardness of the tablets was maintained at 2-3 Kg/cm². Tablet weight was maintained at 75 mg [18, 19].

Characterization of tofacitinib citrate

Determination of λ_{max}

For assurance of λ_{max} stock solution Tofacitinib Citrate (conc. 1000 μ g/ml) in 0.1 N HCl were prepared. 1 ml of the stock arrangement was additionally weakened to 100 ml. Coming about arrangements were examined in the range of 400 to 200 nm utilizing methanol as a clear with the assistance of a UV-visible spectrophotometer [20]. Normal triplicate readings were taken.

Calibration curve of tofacitinib citrate in pH 6.8 phosphate buffer

A stock solution of Tofacitinib Citrate was prepared by dissolving 100 mg of Tofacitinib Citrate in 100 ml of phosphate buffer pH 6.8, to obtain 1 mg/ml solution and from which 1 ml was withdrawn and diluted up to 100 ml with pH 6.8 Phosphate buffer to produce 10 μ g/ml of solution. 10 μ g/ml solution was scanned for wavelength at

which maximum absorbance occurs λ_{max} in a U. V. Spectrophotometer (Jasco V-630, Japan) between 200-400 nm. The λ_{max} was found at 287 nm for Tofacitinib Citrate solution in phosphate buffer pH 6.8 and the same study was carried out in 0.1 N HCl, which shows maximum absorbance at 287 nm. Normal triplicate readings were taken [21].

The partition coefficient of the drug

Log P [22], was estimated utilizing a separating funnel by shaking equivalent volumes of oil and watery stage.

Melting point identification

The Melting purpose of Tofacitinib Citrate was resolved to utilize the open capillary technique [23].

Formulation of a mouth dissolving tablet

The mouth dissolving tablets of Tofacitinib Citrate was prepared by using 3² full factorial design [24, 25].

Table 1: Formulae of tofacitinib citrate orally disintegrating tablets

S. No.	Ingredients (mg)	F1	F2	F3	F4	F5	F6	F7	F8	F9
1.	Tofacitinib Citrate	5	5	5	5	5	5	5	5	5
2.	Sodium Starch Glycolate	5	5	5	10	10	10	15	15	15
3.	Ludiflash	20	30	40	20	30	40	20	30	40
4.	Mag. Stearate	1	1	1	1	1	1	1	1	1
5.	Talc	1.5	1.5	1.5	1.5	1.5	1.5	1.5	1.5	1.5
6.	Lactose	q. s.								

Pre-compression parameters of a powder blend

Evaluation of pre-compression parameters

The angle of repose

The frictional forces in a loose powder can be measured by the angle of repose. It is defined as the maximum angle possible between the surface of the pile of powder and the horizontal plane [26].

$$\theta = \tan^{-1}(h/r)$$

Where θ is the angle of repose "h" is the height in cms, "r" is the radius in cms.

Bulk density

A Bulk density is determined by pouring pre sieved (180 mesh) bulk drug into a graduated cylinder via a large funnel and measuring the volume and weight. The average weight of triplicate readings was computed [26].

$$\text{Bulk Density} = \frac{\text{Mass of powder (M)}}{\text{Bulk volume of the powder (V)}}$$

Tapped density

It is the ratio of the mass of granules to the volume of the granules after it is expressed by gm/cc [27].

$$\text{Tapped Density} = \frac{\text{Weight of powder (W)}}{\text{Tapped volume of the powder (V)}}$$

Carr's index

Carr's Index was measured for the property of a powder to be compressed; as such, they are measured for the relative importance of inter particulate interactions. The average of Triplicate (three) readings was noted down [27].

$$\text{Carr's index(\%)} = \frac{\text{Tapped Density} - \text{Bulk Density}}{\text{Tapped Density}} \times 100$$

Hausner's ratio

This is the ratio of the poured density to the tapped density [28].

$$\text{Hausner's Ratio} = \frac{\text{Tapped Density}}{\text{Bulk Density}}$$

Post-compression parameters

Evaluation of post-compression parameters

Thickness and diameter

The thickness of individual tablets was measured with a micrometer which permits accurate measurement and provides information on the variation between tablets [29].

Hardness

Tablet hardness is also called crushing strength of a tablet. It may be due to poor flow properties of the powder, moisture content of the powder. Monsanto hardness tester was used to check the hardness of the tablets [30].

Friability

Twenty tablets from each batch were selected randomly and weighed. These tablets were subjected to friability testing using a friabilator (Roche type) for 100 revolutions (25 rpm for 4 min.) Tablets were removed. De-dusted and weighed again. Average Triplicate readings were noted and SD was computed [31].

$$\%F = \frac{\text{Initial Weight} - \text{Final Weight}}{\text{Initial Weight}} \times 100$$

Weight variation

The 20 tablets were selected at random and weighed on a Digital balance Average of three weights was calculated from the total weight. The percentage deviations from the mean value were calculated [32].

$$\text{Weight Variation} = \left[\frac{w1 - w2}{w2} \right] \times 100\%$$

Where w1 is the initial weight of the tablet

w2 is the average weight of the tablet

Wetting time

A petri dish containing 6 ml of 6.8 phosphate buffer was used. A tissue paper folded twice was kept in the dish and a tablet was placed on it. A small quantity of amaranth red color was put on the upper surface of the tablet. The time required for the upper surface

of the tablet to become red was noted as the wetting time of the tablet. An average of three readings was noted and Standard deviation was computed [33].

Determination of drug content

Ten tablets from each formulation were powdered. The powder equivalent to 5 mg of Tofacitinib citrate was weighed and dissolved in acidic buffer pH 1.2 in 100 ml standard flasks. From this, suitable dilution was prepared and the solution was analyzed at 287 nm using a UV double beam Spectrophotometer using phosphate buffer PH 6.8 as blank [34].

Disintegration test

One Tablet was placed in each of the 6 tubes of the disintegration tablet, and a disk was placed upon each tablet. The apparatus was maintained at (37±0.5 °C) using PH 6.8 (stimulated saliva fluid) and was operated (30 cycles/min.) The time taken for complete disintegration with no palpable mass remaining was noted. Average disintegration time and standard deviation were computed [35].

Dissolution test

In-vitro dissolution tests for all the formulations from F1-F9 were carried out by using modified dissolution apparatus [36, 37].

RESULTS AND DISCUSSION

Result of pre-compression parameters

The powder bed was evaluated for the rheological properties like Bulk density, Tapped density, Angle of repose using standard pharmacopoeial techniques and from the results, Carr's index,

Hausner's ratio were computed. Results of triplicate readings were averaged.

Bulk density

The apparent bulk densities for all formulated batches were found to be in between 0.543±0.023 gm/ml and 0.586±0.028 gm/ml Bulk densities were found in acceptable limits, which indicating that the packing properties required during compression are adequate in all formulations.

Tapped density

The values of tapped density were found to be in between 0.586±0.028 gm/ml and 0.626±0.011 gm/ml Tap densities were found in acceptable limit, which indicating that the packing properties required during compression are adequate in all formulations.

Percentage carr's index

The values of percentage Carr's index range from 6.063±2.602% to 8.246±0.323%, indicating that the blends have excellent compressibility.

Hausner's ratio

Flow property was also insured by measuring Hausner's ratio. The values were found to be in between 1.052±0.039 to 1.1056±0.037 which indicates excellent flowing property.

The angle of repose

The angle of repose of all formulated batches was found to be between 21.443°±0.965 and 23.636°±4.602, which implies good free-flowing nature of blends from hopper to die cavity.

Table 2: Result of pre-compression parameters

S. No.	Parameter	F1	F2	F3	F4	F5	F6	F7	F8	F9
1.	Bulk Density ±SD (n=3)	0.58±0.01	0.54±0.192	0.55±0.01	0.54±0.04	0.56±0.089	0.54±0.04	0.57±0.01	0.58±0.186	0.54±0.097
2.	Bulk Density ±SD (n=3)	0.62±0.05	0.58±0.189	0.60±0.04	0.58±0.08	0.60±0.05	0.59±0.03	0.61±0.01	0.63±0.06	0.58±0.05
3.	Bulk Density ±SD (n=3)	6.41±0.04	7.5±0.026	8.246±0.05	7.36±0.04	7.17±0.06	9.27±0.01	6.06±0.05	7.34±0.18	7.36±0.03
4.	Bulk Density ±SD (n=3)	1.065±0.168	1.084±0.094	1.080±0.01	1.079±0.018	1.076±0.04	1.105±0.01	1.061±0.05	1.076±0.02	1.073±0.01
5.	Bulk Density ±SD (n=3)	23.63±0.02	21.63±0.04	22.44±0.01	21.63±0.06	21.66±0.07	22.58±0.195	22.63±0.08	23.15±0.01	23.16±0.06

mean ±SD, n=3

Result of post-compression parameters

The mean thicknesses of all the formulations, F1 to F9 were found to be in the range of 2.02±0.13 to 2.313±0.45 mm and the tablet mean diameter of all formulations was found to be in the range of 6.01±0.01 to 6.09±0.06 mm. This indicated that the tablet production is consistent and reproducible. The hardness was found to be between the range of 2.24±0.01 to 2.67±0.005 kg/cm², indicating that tablets have good mechanical strength.

All the batches of all the formulation tablets were found to pass the weight variation test as the friability is less than 1 % w/w. The formulations F1, F2, and F3 were prepared with 5 mg of SSG and 20 mg,

30 mg, and 40 mg Ludiflash, respectively. F1, F2, and F3 showed disintegration times of 59.6, 51 and 44 sec respectively and wetting times of 56.08, 50.74, and 43.68 sec respectively. The formulations F4, F5, and F6 were prepared with 10 mg of SSG and 20 mg, 30 mg, and 40 mg Ludiflash, respectively. F4, F5, and F6 showed disintegration times of 46.5, 45.7, and 41.25 sec respectively, and wetting times of 45.47, 44.32, 37.32 sec, respectively. The formulations F7, F8, and F9 were prepared 15 mg of SSG and 20 mg, 30 mg, and 40 mg Ludiflash, respectively. F7, F8, and F9 showed disintegration times of 40.5, 37 and 29.75 sec. Respectively and wetting times of 40.92, 29.61, and 27.89 sec respectively. The results suggest that as the content of Ludiflash is increasing the disintegration time and wetting time of tablets decrease.

Table 3: Result of post-compression parameters

S. No.	Batch code	Thickness (mm)±SD (n=3)	Diameter (mm)±SD (n=3)	Hardness (kg/cm ²)±SD (n=3)	Weight variation±SD (n=3)	Friability %±SD (n=3)	Disintegration time (sec)±SD (n=3)
1.	F1	2.18±0.001	6.053 ±0.066	2.24±0.01	74.933±0.125	0.778±0.102	59.56±0.087
2.	F2	2.096 ±0.098	6.052 ±0.055	2.675±0.005	75.283±1.113	0.444±0.280	51±0.092
3.	F3	2.050 ±0.120	6.056 ±0.055	2.57±0.02	75.766±0.577	0.416±0.295	44±0.148
4.	F4	2.313 ±0.452	6.01±0.011	2.463±0.005	75.8±0.507	0.770±0.169	48±0.092
5.	F5	2.09±0.084	6.05±0.060	2.523±0.005	73.4±1.732	0.636±0.048	45.7±0.01
6.	F6	2.04±0.113	6.053 ±0.064	2.39±0.01	75.75±0.409	0.572±0.268	46.5±0.06
7.	F7	2.02±0.13	6.081 ±0.111	2.343±0.015	74.65±1.125	0.402±0.244	40.5±0.102
8.	F8	2.262 ±0.620	6.059 ±0.070	2.523±0.015	75.3167±1.284	0.772±0.154	37±0.068
9.	F9	2.15±0.049	6.097 ±0.066	2.33±0.01	74.616 ±0.288	0.536±0.068	29.75±0.048

Mean±SD, n=3

Result of *in vitro* drug release data of formulation F1-F3***In vitro* drug release data of formulation F1 (n=3)**

The F1 formulation, containing 5 mg of SSG and 20 mg of Ludiflash, was found to release nearly 17% of the drug into dissolution fluid within the first 10 min. The drug release into dissolution media continues gradually and in 75 min it could release 84% of the drug. The raw data obtained were subjected to regression analysis and cum % of drug release was plotted against time [38, 39].

***In vitro* drug release data of formulation F2 (n=3)**

The F2 formulation, containing 5 mg of SSG and 30 mg of Ludiflash was found to release nearly 18.23% of the drug into dissolution fluid within the first 10 min. The drug release into dissolution media continues gradually and in 75 min it could release 95.85% of the

drug. The raw data obtained were subjected to regression analysis and cum % of drug release was plotted against time [38, 39].

***In vitro* drug release data of formulation F3 (n=3)**

The F3 formulation, containing 5 mg of SSG and 40 mg of Ludiflash was found to release nearly 22.90% of the drug into dissolution fluid within the first 10 min. The drug release into dissolution media continues gradually and in 60 min it could release 84.58% of the drug. The raw data obtained were subjected to regression analysis and cum % of drug release was plotted against time [38, 39].

In the above discussion of F1, F2 and F3 containing 5 mg of SSG and varying amounts of Ludiflash 20 mg, 30 mg, and 40 mg, respectively, the release rate constant was found to increase in the following order $F3 > F2 > F1$ and the disintegration time was found to be $F3 < F2 < F1$.

Table 4: Result of *in vitro* drug release data of formulation F1-F3

S. No.	Time (min)	F1		F2		F3	
		Cumulative drug release (CDR)±SD (n=3)	Cumulative drug release % (%CDR) ±SD (n=3)	Cumulative drug release (CDR) ±SD (n=3)	Cumulative drug release % (%CDR) ±SD (n=3)	Cumulative drug release (CDR)±SD (n=3)	Cumulative drug release % (%CDR)±SD (n=3)
1.	0	0	0	0	0	0	0
2.	1	0.100452565±0.049	2.5142684±0.164	0.095508±0.079	2.3945213±0.047	0.114784±0.094	2.8985802±0.083
3.	3	0.256637613±0.047	6.4234879±0.068	0.225545±0.049	5.6547348±0.069	0.323433±0.045	8.1674946±0.026
4.	5	0.455397251±0.063	11.398324±0.124	0.40067±0.84	10.045391±0.056	0.598961±0.174	15.125272±0.074
5.	10	0.696563862±0.047	17.434582±0.162	0.727154±0.048	18.230805±0.092	0.907174±0.19	22.908434±0.046
6.	15	1.038467985±0.074	25.992241±0.082	1.220583±0.042	30.601798±0.0956	1.467147±0.024	37.049171±0.076
7.	30	1.500553134±0.086	37.557959±0.163	1.813912±0.086	45.477415±0.092	1.9765±0.083	49.91162±0.186
8.	45	2.049463627±0.045	51.296864±0.164	2.48468±0.194	62.294536±0.179	2.66403±0.179	67.273472±0.178
9.	60	2.709001006±0.049	67.804696±0.086	3.153939±0.167	79.073835±0.092	3.349547±0.086	84.584531±0.187
10.	75	3.385300034±0.92	84.732061±0.176	3.823198±0.047	95.853135±0.178	4.035568±0.142	101.90829±0.168

*Data are expressed as mean ±SD (n=3)

Comparative *in vitro* drug release data of formulation F1-F3

The comparative study of dissolution profile of formulations F1, F2, and F3 was prepared with 5 mg of sodium starch glycolate and 20 mg, 30 mg, and 40 mg Ludiflash, respectively. Each of the tablets in all the formulations contains 5 mg of Tofacitinib citrate. The

percentage release of drugs from F1, F2, and F3 were found to be 84.7320%, 95.8531%, and 101.9082% in 75 min. Study respectively. The slope values of release data suggest that as the amount of Ludiflash increased rate of release of the drug gradually increases. The order of the above formulation was obtained in the following manner $F1 < F2 < F3$.

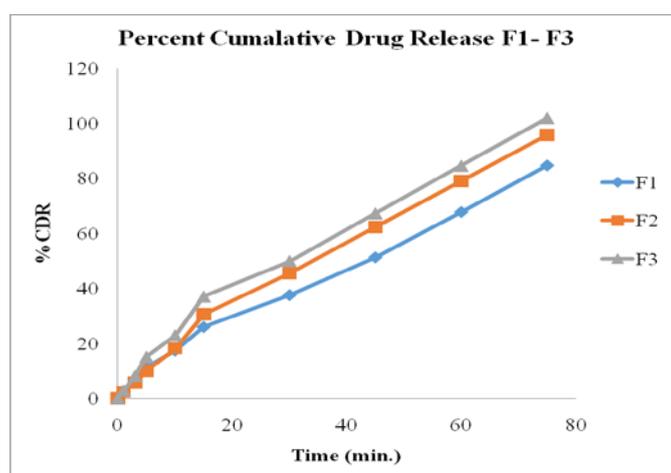


Fig. 1: Comparative *in vitro* drug release profile of formulations F1-F3, *in vitro* drug release data of formulation F1-F3 (data represents mean±SD, n=3)

Result of *in vitro* drug release data of formulation F4-F6***In vitro* drug release data of formulation F4**

The F4 formulation, containing 10 mg of SSG and 20 mg of Ludiflash was found to release nearly 21.26% of the drug into dissolution fluid within the first 10 min. The drug release into dissolution media continues gradually and in 75 min it could release 96.71% of the

drug. The raw data obtained were subjected to regression analysis and cum % of drug release was plotted against time [38, 39].

***In vitro* drug release data of formulation F5**

The F5 formulation, containing 10 mg of SSG and 30 mg of Ludiflash was found to release nearly 23.76% of the drug into dissolution fluid within the first 10 min. The drug release into dissolution media

continues gradually and in 60 min it could release 83.51% of the drug. The raw data obtained were subjected to regression analysis and cum % of drug release was plotted against time [38, 39].

In vitro drug release data of formulation F6

The F6 formulation, containing 10 mg of SSG and 40 mg of Ludiflash was found to release nearly 25.17% of the drug into dissolution fluid within the first 10 min. The drug release into dissolution media

continues gradually and in 60 min it could release 89.22% of the drug. The raw data obtained were subjected to regression analysis and cum % of drug release was plotted against time [38, 39].

In the above discussion of F4, F5 and F6 containing 10 mg of SSG and varying amounts of Ludiflash 20 mg, 30 mg and 40 mg, respectively, the release rate constant was found to increase in the following order $F_6 > F_5 > F_4$, and the disintegration time was found to be $F_6 < F_5 < F_4$.

Table 5: In vitro drug release data of formulation F4-F6

S. No.	Time (min)	F4		F5		F6	
		Cumulative drug release (CDR)±SD (n=3)	Cumulative drug release (%CDR) ±SD (n=3)	Cumulative drug release (CDR)±SD (n=3)	Cumulative drug release (%CDR) ±SD (n=3)	Cumulative drug release (CDR) ±SD (n=3)	Cumulative drug release (%CDR) ±SD (n=3)
1.	0	0	0	0	0	0	0
2.	1	0.106403±0.094	2.6767364±0.054	0.140764±0.069	3.5387483±0.086	0.147637±0.093	3.6922075±0.073
3.	3	0.263091±0.079	6.6184712±0.068	0.33768±0.056	8.4891193±0.094	0.338686±0.172	8.4701117±0.095
4.	5	0.537278±0.095	13.516085±0.082	0.6117±0.163	15.377838±0.186	0.604995±0.18	15.13017±0.08
5.	10	0.845491±0.087	21.269682±0.075	0.945391±0.195	23.766669±0.084	1.006571±0.064	25.173075±0.085
6.	15	1.229635±0.034	30.933425±0.186	1.373952±0.026	34.54051±0.162	1.524472±0.069	38.125144±0.19
7.	30	1.823802±0.017	45.880646±0.854	1.96175±0.048	49.31746±0.054	2.209152±0.83	55.248133±0.029
8.	45	2.474958±0.025	62.26153±0.094	2.645592±0.182	66.508917±0.059	2.884613±0.067	72.140569±0.095
9.	60	3.159806±0.085	79.489964±0.169	3.321891±0.059	83.510753±0.078	3.567784±0.054	89.225832±0.059
10.	75	3.844653±0.074	96.718398±0.189	3.99886±0.087	100.52944±0.534	4.251626±0.029	106.32786±0.068

*Data are expressed as mean±SD (n=3)

Comparative in vitro drug release data of formulation F4-F6

The comparative study of dissolution profile of formulations F4, F5, and F6 was prepared with 10 mg of sodium starch glycolate and 20 mg, 30 mg, and 40 mg Ludiflash, respectively. Each of the tablets in all the formulations contains 5 mg of Tofacinib Citrate. The basic *in vitro* data obtained were tabulated (table 9, 10, and 11); the

percentage release of drugs from F4, F5, and F6 were found to be 96.71 %, 100 %, and 106 % in 75 min. Study respectively. The slope values of release data suggest that as the amount of Ludiflash increased rate of release of the drug gradually increases. The order of the above formulation was obtained in the following manner $F_4 < F_5 < F_6$.

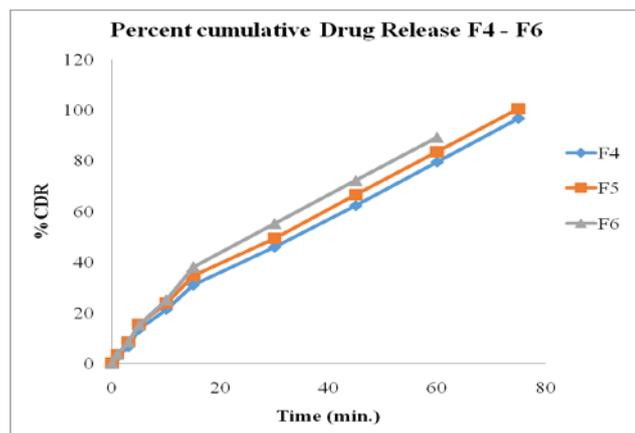


Fig. 2: Comparative in vitro drug release profile of formulations F4-F6, In vitro drug release data of formulation F4-F6 (data represents mean±SD, n=3)

Result of in vitro drug release data of formulation F7-F9

In vitro drug release data of formulation F7 (n =3)

The F7 formulation, containing 15 mg of SSG and 20 mg of Ludiflash was found to release nearly 26.70% of the drug into dissolution fluid within the first 10 min. The drug release into dissolution media continues gradually and in 60 min it could release 91.87% of the drug. The raw data obtained were subjected to regression analysis and cum % of drug release was plotted against time [38, 39].

In vitro drug release data of formulation F8

The F8 formulation, containing 15 mg of SSG and 30 mg of Ludiflash was found to release nearly 39.039% of the drug into dissolution fluid within the first 10 min. The drug release into dissolution media continues gradually and in 60 min it could release 99.84% of the

drug. The raw data obtained were subjected to regression analysis and cum % of drug release was plotted against time [38, 39].

In vitro drug release data of formulation F9

The F9 formulation, containing 15 mg of SSG and 40 mg of Ludiflash was found to release nearly 39.573% of the drug into dissolution fluid within the first 10 min. The drug release into dissolution media continues gradually and in 30 min it could release 100% of the drug. The raw data obtained were subjected to regression analysis and cum % of drug release was plotted against time [38, 39].

In the above discussion of F7, F8 and F9, containing 15 mg of SSG and varying amounts of Ludiflash 20 mg, 30 mg and 40 mg, respectively, the release rate constant was found to increase in the following order $F_9 > F_8 > F_7$, and the disintegration time was found to be $F_9 < F_8 < F_7$.

Table 6: *In vitro* drug release data of formulation F7-F9

S. No.	Time (min)	F7		F8		F9	
		Cumulative drug release (CDR)±SD (n=3)	Cumulative drug release % (%CDR)±SD (n=3)	Cumulative drug release (CDR) ± SD (n=3)	Cumulative drug release % (%CDR)± SD (n=3)	Cumulative drug release (CDR)±SD (n=3)	Cumulative drug release % (%CDR)± SD (n=3)
1	0	0	0	0	0	0	0
2.	1	0.149313±0.046	3.7341263±0.084	0.1556822±0.074	3.916434785±0.028	0.17378478±0.018	4.34614066±0.124
3.	3	0.3412±0.0845	8.5329899±0.047	0.63419376±0.089	15.95415875±0.049	0.834495474±0.092	20.8696912±0.189
4.	5	0.632987±0.092	15.830214±0.82	1.14958096±0.074	28.91954816±0.189	1.582366745±0.047	39.5730191±0.029
5.	10	1.067751±0.079	26.703111±0.195	1.68457928±0.039	42.3782869±0.058	2.35822997±0.062	58.9763909±0.068
6.	15	1.638116±0.058	40.967238±0.049	2.26516929±0.082	56.98395745±0.075	3.174824003±0.054	79.3983895±0.048
7.	30	2.3176±0.045	57.960279±0.192	2.86570567±0.09	72.09141067±0.052	4.006838753±0.059	100.206040±0.049
8.	45	2.9969±0.0783	74.949129±0.078	3.48166276±0.039	87.5867967 ±0.054	-	-
9.	60	3.67355±0.069	91.870908±0.029	3.99537378±0.086	100.5100195±0.058	-	-

*Data are expressed as mean±SD (n=3)

Comparative *in vitro* drug release data of formulation F7-F9

The comparative study of dissolution profile of formulations F7, F8, and F9 was prepared with 15 mg of sodium starch glycolate and 20 mg, 30 mg, and 40 mg Ludiflash, respectively. Each of the tablets in all the formulations contain 5 mg of Tofacitinib Citrate. The

percentage release of drugs from F7, F8, and F9 were found to be 91.87 %, 99.84 %, and 100 % in 60, 60, and 30 min. Study respectively. The slope values of release data suggest that as the amount of Ludiflash increased rate of release of the drug gradually increased. The order of the above formulation was obtained in the following manner F4<F5<F6.

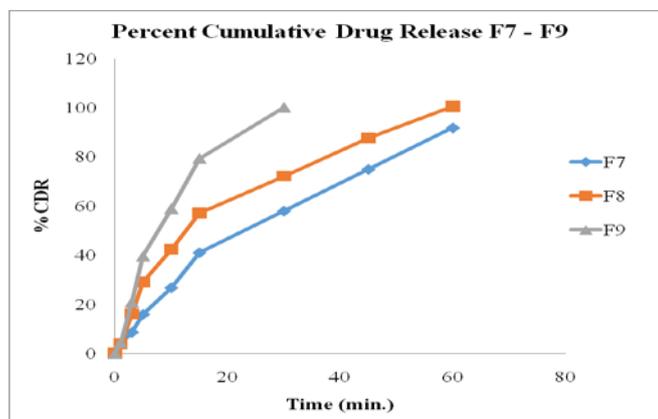


Fig. 3: Comparative *in vitro* drug release profile of formulations F7-F9, *In vitro* drug release data of formulation F7-F9 (data represents mean±SD, n=3)

Result of stability studies of F9 formulation: stability studies at 40 °C/75 % RH

The stability of Tofacitinib citrate in the fast dissolving tablets was assessed according to ICH guidelines. Arrangements were made inside a stability chamber to induce stress of temperature and humidity simultaneously and uniformly and all the tablets were kept for study [40]. A temperature of 40 °C and relative humidity of 75%RH were selected, and the F9 formulation was selected as a model dosage form. Nearly 50 tablets of F9 were placed inside the

stability chamber so that each tablet is separated and was exposed to 40 °C/75%RH. At the end of 24 h, 30 d, 60days, and 90 d, 3 tablets were removed randomly and were subjected to dissolution. The tablets were inspected surely for any chamber [41]. The dissolution profiles were obtained and the results of these formulations were compared with the dissolution profile of the tablet which was no exposure to stress [42]. The profiles of the formulation F9 were seen to remain similar, indicated by slope, visual inspection showed that there was no apparent effect of temperature/humidity a color, odor, etc. which given in table 7.

Table 7: Result of stability studies of F9 formulation

S. No.	Time (min)	Day (d) 1 st	Day (d) 30 th	Day (d) 60 th	Day (d) 90 th
		Cumulative drug release (%CDR) ± SD (n=3)	Cumulative drug release % (%CDR) ±SD (n=3)	Cumulative drug release % (%CDR) ±SD (n=3)	Cumulative drug release % (%CDR)±SD (n=3)
1.	0	0	0	0	0
2.	1	4.34614±0.04	4.119779±0.127	4.351716±0.048	4.348949±0.097
3.	3	20.84035±0.08	20.52177±0.076	20.72436±0.08	20.89903±0.094
4.	5	39.5311±0.092	39.11191±0.084	39.22228±0.192	40.02293±0.079
5.	10	58.96243±0.089	58.54463±0.057	58.81429±0.054	59.27121±0.068
6.	15	79.37605±0.0492	78.67181±0.082	79.19437±0.073	79.68063±0.082
7.	30	100.1697±0.059	99.506±0.067	99.99502±0.14	100.3597±0.095

Standard Deviation (SD) n=3, from the stability study data, it was clear that drug was stable in the optimized formulation for the study period.

Therefore it was concluded that the drug Tofacitinib Citrate formulation can retain its original potency for at least 2 y. The ICH guidelines require 6 mo of study, but because of time constraint, the results of only 3 mo study has been reported; the remaining studies would be reported elsewhere at a later time.

CONCLUSION

The concept of formulating Mouth Dissolving Tablets of Tofacitinib Citrate using super disintegrants offers a suitable and practical of faster disintegration and dissolution characteristics. Tofacitinib Citrate was characterized by studying its absorbance, melting point, Partition coefficient and solubility in water, and various solvents and FTIR spectroscopy. The present investigation successfully formulated mouth dissolving tablets of Tofacitinib citrate with an improved drug release profile. It is concluded that the amount of Superdisintegrants decreases the disintegration time of tablets, decreases wetting time, increases the cumulative % drug release causes better absorption. The future looks bright for patients as many new drugs are being developed and now combinations of JAK inhibitors with other targeted agents are being studied in the clinic. These advances are expected to lead to further significant progress in improving patient outcomes and quality of life.

FUNDING

Nil

AUTHORS CONTRIBUTIONS

All authors have contributed equally.

CONFLICT OF INTERESTS

The authors declared that the No conflict of interest for the given Article.

REFERENCES

- Shyamala B, Narmada GY. Rapid dissolving tablets: A novel dosage form. *Indian Pharm.* 2002;13(8):9-12.
- RM Thorat, VM Jadhav, VJ Kadam, SS Kamble, KP Salaskar. Development of HPTLC method for estimation of wedelolactone, quercetin and jatamansone in polyherbal formulation. *Int J PharmTech Res Coden (USA)* 2009;1(4):1079-91.
- Avani F. Amin emerging trends in the development of orally disintegrating tablet technology *pharmainfo*; 2006.
- Reddy PS, Bose PSC, Saritha D, Sruthi V. Formulation and evaluation of colon targeted matrix tablet using natural tree gums. *Int J Pharm Pharm Sci.* 2018;10(9):92-7. doi: 10.22159/ijpps.2018v10i9.27255.
- Meghawati R, Borse SL, Junagade MS, Jadha AG. Formulation and evaluation of mouth dissolving tablet of amlodipine besylate. *Int J Appl Pharm.* 2019;11(4):132-9.
- Fleischmann R, Kremer J, Cush J, Schulze Koops H, Connell CA, Bradley JD, Gruben D, Wallenstein GV, Zwillich SH, Kanik KS, ORAL Solo Investigators. Placebo-controlled trial of tofacitinib monotherapy in rheumatoid arthritis. *N Engl J Med.* 2012;367(6):495-507. doi: 10.1056/NEJMoa1109071, PMID 22873530.
- Guttman Yassky E, Silverberg JI, Nemoto O, Forman SB, Wilke A, Prescilla R, *et al.* Baricitinib in adult patients with moderate-to-severe atopic dermatitis: a phase 2 parallel, double-blinded, randomized placebo-controlled multiple-dose study. *J Am Acad Dermatol.* 2019;80(4):913-21.e9. doi: 10.1016/j.jaad.2018.01.018, PMID 29410014.
- <https://www.rxlist.com/xeljanz-drug.html>. [Last accessed on 10 Sep 2021]
- Mukherjee A, Hazra A, Smith MK, Martin SW, Mould DR, Su C, Niezychowski W. Exposure-response characterization of tofacitinib efficacy in moderate to severe ulcerative colitis: results from a dose-ranging phase 2 trial. *Br J Clin Pharmacol.* 2018 Jul;84(6):1136-45. doi: 10.1111/bcp.13523, PMID 29377257.
- Askari A, Nouri AK, Morrissey H, Ball PA. Janus kinase enzyme (JAK) inhibitors and Rheumatoid Arthritis: a review of the literature. *Int J Curr Pharm Sci.* 2019;11(6):11-4. doi: 10.22159/ijcpr.2019v11i6.36343.
- Papp KA, Krueger JG, Feldman SR, Langley RG, Thaci D, Torii H, Tyring S, Wolk R, Gardner A, Mebus C, Tan H, Luo Y, Gupta P, Mallbris L, Tatulich S. Tofacitinib, an oral Janus kinase inhibitor, for the treatment of chronic plaque psoriasis: Long-term efficacy and safety results from 2 randomized phase-III studies and 1 open-label long-term extension study. *J Am Acad Dermatol.* 2016;74(5):841-50. doi: 10.1016/j.jaad.2016.01.013. PMID 26899199.
- National Center for Biotechnology Information. Pub chem compound summary for CID 9926791. Available from: <https://pubchem.tofacitinib.ncbi.nlm.nih.gov/compound/tofacitinib>. [Last accessed on 31 Aug 2021]
- Lai F, Pini E, Angioni G, Manca ML, Pericci J, Sinico C, Fadda AM. Nanocrystals as tool to improve piroxicam dissolution rate in novel orally disintegrating tablets. *Eur J Pharm Biopharm.* 2011;79(3):552-8. doi: 10.1016/j.ejpb.2011.07.005, PMID 21820052.
- https://aksci.com/item_detail.php?cat=x7518 [Last accessed on 17 Nov 2021].
- <https://go.drugbankdrugbank.com/drugs/DB08895> [Last accessed on 17 Nov 2021].
- www.pharma.basf.com. [Last accessed on 17 Nov 2021]
- Aksu B, Yegen G, Purisa S, Cevher E, Ozsoy Y. Optimisation of ondansetron orally disintegrating tablets using artificial neural networks. *Trop J Pharm Res.* 2014;13(9):1374-83. doi: 10.4314/tjpr.v13i9.1.
- Pharmacotherapy Group, Faculty of Pharmacy, University of Benin. Benin City, 300001 Nigeria.
- Devrajan PV, Gore SP. Melt-in-mouth tablets: innovative oral drug delivery system. *Express Pharm Pulse.* 2000;7:16-6.
- Keny RV, Desouza C, Lourenco CF. Formulation and evaluation of rizatriptan benzoate mouth disintegrating tablets. *Indian J Pharm Sci.* 2010;72(1):79-85. doi: 10.4103/0250-474X.62253, PMID 20582194.
- Thakariya NV, Ezhaya SB. Development and validation of UV spectrophotometric method for the estimation of tofacitinib citrate. *Pharm Sci Monit.* Apr–Jun 2017;8(2):401-8.
- Flanagan ME, Li ZJ. Preparation of novel crystalline compound useful as inhibitors of protein kinases PCT Int. WO 2003048162 A120030612; 2003.
- Flanagan ME, Blumenkopf TA, Brissette WH, Brown MF, Casavant JM, Shang Poa C, Doty JL, Elliott EA, Fisher MB, Hines M, Kent C, Kudlacz EM, Lillie BM, Magnuson KS, McCurdy SP, Munchhof MJ, Perry BD, Sawyer PS, Strelevitz TJ, Subramanyam C, Sun J, Whipple DA, Changelian PS. Discovery of CP-690, 550: A potent and selective janus kinase (JAK) inhibitor for the treatment of autoimmune diseases and organ transplant rejection. *J Med Chem.* 2010;53(24):8468-84. doi: 10.1021/jm1004286, PMID 21105711.
- Dnyaneshwar HR, Wale KK, Sayyed SF, Chaudhari SR. Orodispersible film dosage form: a review. *World J Pharm Res.* 2014;3(5):1093-111.
- Srivastava SK, Verma R, Chandra V, Srivastava SP. Orally disintegrating tablets a dosage form that extends the market exclusivity and patent protection. *World J Pharm Pharm Sci.* 2014;3(7):526-46.
- Rao MR, Sonavane V, Kulkarni S, Magar M, Zope A, Karanjkar P. Design of transdermal patch of ketoprofen by full factorial design for treatment of rheumatoid arthritis. *J Drug Delivery Ther.* 2019 Mar 15;9(2):197-205. doi: 10.22270/jddt.v9i2.2549.
- Bala R, Khanna S, Pawar P. Polymers in fast disintegrating tablets: a review. *Asian J Pharm Clin Res.* 2012;5(2):8-14.
- Deshpande KB, Ganesh NS. Orodispersible tablets: an overview of formulation and technology. *Int J Pharm Biol Sci.* 2011;2(1):726.
- Panchal DM, Tiwari A, Srivastava P. A review on orodispersible tablets: a novel formulation for oral drug delivery system and its future prospective. *Indo Am J Pharm Res.* 2013;3(5):4149.
- Bhosale NR, Kolte NS. Formulation development and evaluation of orally disintegrating tablet of chlorpheniramine maleate by sublimation technique. *Int J Pharm Pharm Sci.* 2019;11(9):28-36. doi: 10.22159/ijpps.2019v11i9.34387.
- Gupta A, Mishra AK, Gupta V, Bansal P, Singh R, Singh AK. Recent trends of fast dissolving tablet: an overview of formulation technology. *Int J Pharm Bio Arch.* 2010;1(1):1-10.

32. Abdul Rahoem T, Singh R, Hiremath A, Shashant Nayak NS, Kamath KS. Formulation and comparative evaluation of ondansetron hydrochloride mouth dissolving tablets in India. *Int J Pharm Pharm Sci.* 2019;11(4):57-64.
33. Madan J, Sharma AK, Singh R. Fast dissolving tablets of *Aloe vera* gel. *Trop J Pharm Res.* 2009;8(1):63-70. doi: 10.4314/tjpr.v8i1.14713.
34. Kaushik D, Dureja H, Saini TR. Formulation and evaluation of olanzapine mouth dissolving tablets by effervescent formulation approach. *J Adv Pharm Technol Res.* 2004;41(4):147-92.
35. Gaur K, Tyagi LK, Kori ML, Nema RK. Formulation and characterization of fast disintegrating tablet of aceclofenac by using sublimation method. *Int J Pharm Sci Drug Res.* 2011;3(1):19-22.
36. Schiermeier S, Schmidt PC. Fast dispersible ibuprofen tablets. *Eur J Pharm Sci.* 2002;15(3):295-305. doi: 10.1016/s0928-0987(02)00011-8. PMID 11923062.
37. Malke S, Shidhaye S, Kadam V. Novel melt granulation using sugars for metoclopramide hydrochloride orally disintegrating tablet. *Asian J Pharm Clin Res.* 2009;2(1):8-72.
38. Furtado S, Deveswaran R, Bharath S, Basavaraj BV, Abraham S, Madhavan V. Development and characterization of orodispersible tablets of famotidine containing a subliming agent. *Trop J Pharm Res.* 2008;7(4):1185-9. doi: 10.4314/tjpr.v7i4.14705.
39. Jain CP, Naruka PS. Formulation and evaluation of fast dissolving tablets of valsartan. *Int J Pharm Pharm Sci.* 2009;1(1):219-26.
40. Nagendrakumar D, Raju SA, Shirsand SB, Para MS. Design of fast dissolving granisetron HCL tablets using novel co-processed superdisintegrants. *Int J Pharm Sci Rev Res.* 2010;1(1):58-62.
41. Shirwalkar AA, Jacob S, Joseph A, Srinivasan KK. Novel co-processed excipients of mannitol and microcrystalline cellulose for preparing fast dissolving tablet of glipizide. *Ind J Pharm Sci.* 2010:633-9.
42. Radke RS, Jadhav JK, Chajeed MR. Formulation and evaluation of orodispersible tablets of baclofen. *Int J Chem Tech Res.* 2009;1(3):517-21.