

THERAPEUTIC IMPACT OF NANOMEDICINE FOR THE TREATMENT OF NEUROPATHIC PAIN: PRINCIPLE, PROSPECTIVE AND FUTURE

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ABSTRACT

Researchers in medicine and pharmacology are working to develop more effective and focused painkillers as a result of growing public awareness of chronic pain brought on by disease and injury. On the other hand, overreliance on medically prescribed painkillers has resulted in several unfavorable outcomes, including drug addiction, tolerance, and other severe side effects that can worsen pain and reduce their efficacy. Drug delivery has benefited from the use of nanotechnology in reducing adverse effects, increasing therapeutic efficacy, and delaying tolerance development. Neuropathic pain is pain that develops as a result of nerve malfunction as well as damage to the somatosensory nervous system. The exact cause of neuropathic pain is not specifically clear. However, many factors, including spinal cord damage, Chronic Constriction Injury (CCI), diabetes, cancer, alcoholism, and trauma, can cause neuropathic pain. There is no doubt that we have many options for conventional treatment, yet either very few patients receive pain relief, or their pain relief is only momentary. Numerous nanocarrier varieties and the accompanying neuropathic pain treatment modalities were also examined. These forms included those based on nonpolymeric nanoparticles, polymeric micelles, lipids, and emulsions. Comparing nanomaterials to other forms of therapy for chronic pain, there are several benefits: reduced side effects, regulated release, and prolonged circulation. Alongside nanotechnology, approaches to treating chronic pain are surface-modification-based and employ a variety of nanoparticles. The current state of the pain-relieving effect of nanomaterial design is covered in the present review article.

Keywords: Neuropathic pain, Bioavailability, Nanomedicine, Nanocarrier

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INTRODUCTION

Now-a-day Neuropathic Pain (NP) is becoming a global burden of disease as it measures the degree of disability, unbearable pain, and premature death [1]. In several systemic reviews and various meta-analyses, it was found that the patient with the NP has a lower quality of life. Depression, anxiety, and low sleep were found in people suffering from NP. This led to an unsolved argument about whether pain causes these diseases or whether these diseases are the signs of developing a risk of pain [2]. Hence NP is a major health problem in today's society and needs proper attention to provide sufficient relief. NP is defined as pain due to nerve damage and these damages are associated with the damage of sensory nerves as well as motor nerves. These damages are involved in the signaling pathway [3]. It directly affects the somatosensory system. About 3-17 % of the population is affected all over the world [4]. This is further sub-categorized into peripheral and central NP. As the name suggests "peripheral neuropathic pain" is the pain that occurs due to damage of the nerves except the brain and spinal cord. The damage to nerves caused by people suffering from diabetes mellitus is an example of peripheral neuropathy [5]. Central neuropathic pain is the pain caused by damaged nerves of the Central Nervous System (CNS-brain and spinal cord). An example of this type of pain is stroke, which is caused due to injury in the spinal cord, brain injury, multiple sclerosis, cardiovascular diseases, etc [6]. Four routes are involved in the NP process. When a stimuli attack, sometimes referred to as a noxious stimulus (which might include a mechanical, thermal, or chemical stimulus), it first becomes a nociceptive signal. Transduction is the term for this action. It is followed by transmission, which involves the transport of noxious signals from the spinal cord to the brain [7]. The following route is transduction. It is a method by which the central nervous system and synapses modify nociceptive signals. Perception, the final channel, is where the emotional response is noticed. Although it is unclear exactly how the brain produces pain.

Mechanism of development of neuropathic pain

The pain from neuropathy is further divided into central and peripheral pain and their distinct mechanism of development are

indicated in the fig. 1. Peripheral neuropathy develops when pathologic active or sensitized nociceptors can induce secondary changes in central processing, nociceptor function may be selectively impaired within the allodynic skin, persistent inflammatory reactions affect the nerve trunk and after nerve lesion, the sympathetic nervous system might interact with afferent neurons. These all contributing events cause damage to A β -fibers and C fibers. RAS pathway is also one of the major factors. Dorsal Root Ganglia (DRG) and dorsal horn activation of the Mitogen-Activated Protein Kinase (MAPK) family is a result of peripheral nerve damage, along with neuropathic pain. Following nerve damage, wounded big DRG neurons, microglia, astrocytes, and neurons in the dorsal horn and gracile nucleus phosphorylate Extracellular Signal-Regulated Protein Kinase (ERK), an important member of this family [8]. Substance P and calcitonin gene-related peptides, as well as excitatory neurotransmitters like glutamate, are released from primary afferents in a markedly increased amount after peripheral nerve injury. Furthermore, it has been shown that nerve damage increases the expression of Brain-Derived Neurotrophic Factors (BDNF) in DRG neurons. Nociceptive sensory inputs and NMDA-evoked responses are linked to increased BDNF release in the dorsal horn. There is evidence that BDNF has a role in the emergence of neuropathic pain.

When a peripheral nerve is damaged, NP can manifest in many ways. Numerous chemical compounds, including substance P, globulin, arachidonic acid, and histamine, are released when a nerve is damaged. The threshold of sensory fibers decreases as a result of the release of numerous chemicals, which leads to peripheral sensitization. It is followed by hyperexcitability and axonopathy, which cause aberrant distributions as well as the expression of the sodium ion channel [8, 6]. The damage that occurs in the nerve present in the CNS causes pain even after the injury has healed [9]. In addition to peripheral sensitization, neural sensitization, which results in cell death, was discovered at the spinal level. A shift in calcium permeability results from an increase in sensitivity. Numerous recent investigations have shown that interactions between microglial cells and neurons can lead to a variety of pathogenic diseases. Microglial cells will be activated, releasing many pain-promoting chemicals. Chronic pain was created as a result of altered plasticity [10].

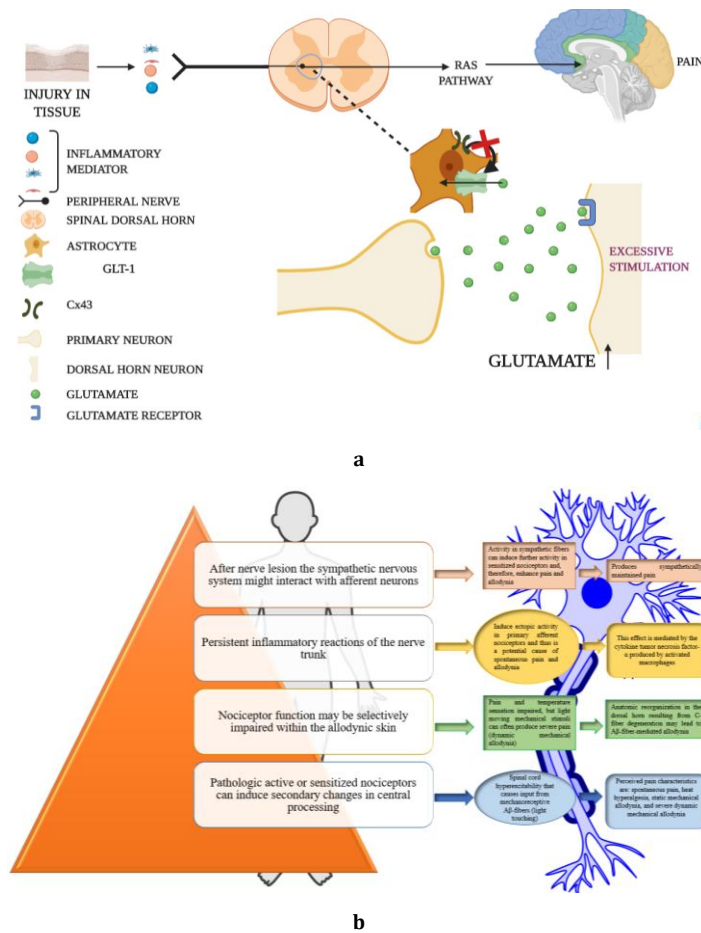


Fig. 1: a. Mechanism of neuropathic pain b. Neuropathic pain development and its symptoms

It is commonly assumed that a single etiological factor causes NP in a uniform way [11–13]. But it is important to note that various environmental and genotype factors, also contribute to the development of NP, which follows different pathophysiology and results in the neuropathy syndrome as shown in fig. 2. The nervous system's maladaptive reaction to injury is neuropathic pain. Allodynia (pain in response to a harmless stimulus), hyperalgesia (increased pain reaction to a noxious stimulus), spontaneous pain (electric shock-like or shooting pain), and, sporadically, causalgia or constant searing pain are among the warning signs and symptoms [14–16]. Due to neurogenic inflammation and/or pathologic cross-talk between the sympathetic and sensory systems, neuropathic pain is also present in complicated regional pain syndromes I and II [17]. For any of the aforementioned causes, neuropathic pain is frequently

referred to as the "disease of pain." Changes in regular sensory signaling that take place over weeks or months at the level of the peripheral nervous system, spinal cord, and brain (thalamus and cortex) are indicative of neuropathic pain. These result in different cortical architectures and changes to genetic expression [18].

As a result, neuropathic pain's pathophysiological modifications at its inception are different from those that cause it to manifest as chronic pain. When seeking to connect research from animal models with how pain manifests in the clinic, the distinction between the onset phase and the maintenance phase of neuropathic pain becomes very important. The long-term persistence of pain, which is more relevant to the clinical condition, is not addressed in many animal research; instead, they focus on the beginning of pain [19, 20].

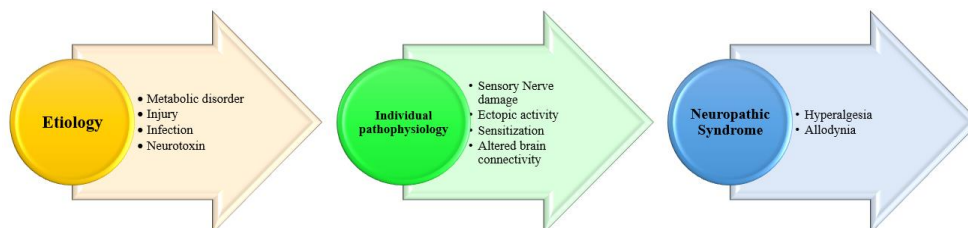


Fig. 2: Schematic representation from various etiology to neuropathy syndrome

A few of the several illnesses connected to this pain include diabetic neuropathy, vitamin deficiency-induced neuropathy, traumatic nerve injury, post-hepatic neuralgia, and alcohol-induced neuropathy. These illnesses are the result of numerous

environmental and genetic factors, such as food and lifestyle selections [21]. The NP signs and symptoms might vary greatly. It has three distinct characteristics: tingling, burning, and shooting. The terms "tingling" and "shooting" both refer to pricking

sensations. Numerous articles have been published, and multiple screening instruments have been developed, including the Michigan Neuropathy Screening Instrument, the Neuropathic Pain Scale, and the Neuropathic Pain Questionnaire [7]. The permeability of the blood-brain barrier has been discovered to vary as a result of neuropathic pain. This is due to the activation of the astrocyte and microglial cells as well as the overexpression of certain biomarkers [22-24].

Despite the benefits of employing nanomaterials to encase medications for the treatment of chronic pain, their insufficient efficacy has highlighted the urgent need to create more effective alternatives. Since there are numerous potential causes of chronic pain, different therapy interventions call for different drug types and dosages [25]. One strategy to boost treatment effectiveness and reduce side effects off-target is to increase the drug's concentration at the targeted site of action. To achieve this site-specific targeting, targeting agents like peptides and antibodies can be used to modify nanomaterials [26]. For the use of these targeted substances in the relevant chronic pain models, the route of delivery is also a crucial factor. For instance, exposed locations of chronic pain on the skin can be topically treated with a smear or spray, whereas chronic spinal nerve pain is better treated with an injection via the dorsal root ganglion [27]. Depending on the cause and location of the pain, internal injuries or diseases may benefit from oral, intranasal, intramuscular, or intravenous injections. Due to this, the nanoformulation of drug delivery shows a positive response in the treatment of NP [28, 29].

Roadbacks in conventional treatment approach

Health practitioners frequently employ traditional therapy. The use of these therapies in NP is constrained by their numerous negative effects. There is currently no accepted protocol for treating NP. The existing treatments had some negative effects and had moderate efficacy. To manage NP, analgesics, the installation of an intrathecal pump, and occasionally physical therapy are indicated [30]. The first line of treatment for the NP is a Tricyclic Antidepressant Drug (TCA) (Amitriptyline) and Serotonin reuptake norepinephrine inhibitor (Duloxetine, venlafaxine). It was found that TCA can develop a cardiotoxic effect in the neuropathic pain patient [31]. Anticonvulsant drugs like gabapentin and pregabalin were also considered the first-line drug of choice [32]. This anticonvulsant drug may enhance the suicidal risk if given in an NP [33]. Urinary retention, arrhythmia, and anticholinergic effects are some of the common adverse effects that were observed. Opioids (tramadol) and topical drug (lidocaine), which is the second line of treatment, also possess adverse effects like a seizure, ataxia, local erythema, and itching [34]. The last treatment, which is the third-line therapy, was a neurotoxin (botulinum toxin) and strong opioid (morphine) that causes constipation, lethargy, and dizziness. Some common adverse effects like nausea, vomiting, lethargy, and vertigo which was mild and observed in almost all therapy. The uptake of serotonin reuptake inhibitors may also cause side effects if used for a longer period. There was also an Intrathecal Drug Delivery System (IDDS) that was used to treat the NP. But this system also possesses side effects like injury in the nerve, anticoagulation, and respiratory depression. At the site of surgery, local infection was also found [35]. These substantial shortcomings of currently existing medications have caused drug development to shift its attention to enhancing drug targeting, minimizing side effects, and extending the release of active ingredients. Hence, to enhance the treatment efficacy and to increase the duration of pain relief Nanomedicine emerged. It also served as a novel way for the treatment of NP.

Requisite for novel nanomedicine-based therapeutic strategy

Even so, treating NPs effectively and appropriately presents a significant medical problem. Modern formulations are difficult to make consistently due to their quick metabolism, and the necessary dosage can have poorly tolerated physical adverse effects. A significant step in developing more potent medications for chronic pain with fewer side effects has been the integration of pharmacological sciences with nanotechnology. Nanomaterials are designed to be a. highly biocompatible [36] b. loaded with drugs

more effectively than conventional formulations [37], c. can preserve the stability of protein-based drugs [38], and can sustain controlled release with prolonged circulation time [39]. The nano drug delivery technology has many advantages over traditional medication delivery. It was starting to emerge as a new area for scientific investigation and technological growth. It is a form of technology that makes use of diverse objects and materials on a nanoscale. These had numerous applications in a variety of industries. [40]. Nanomedicine is one of the branches of nanotechnology. The best application of its use was in biotechnology and health. It serves a wide range of applications to serve a good quality of health for future society. It was formulated and then encapsulated by the nanocarrier (10-200 nm). Nanotechnology and medicine were joined and brought together to develop a novel therapy and also to improve the already existing treatment [41]. In Nanomedicine the atom and the molecule are used and manipulated and nanostructure is formed. This nanostructure is about the same size as the biomolecule present in human cells for interaction [42]. Nanomaterials have been created specifically for the targeted delivery and release of painkillers in the field of treating chronic pain. Doxil, the first nano drug approved by the Food and Drug Administration (FDA), served as an inspiration for the development of numerous other biomedical applications, but with a limited focus on the treatment of chronic pain [43-45]. One of the most diverse areas of research is drug delivery. Additionally, it is changed as necessary. The development of a drug delivery system is the result of several different circumstances. These results were acquired *in vivo* using a traditional drug delivery method. Poor solubility and absorption, an increase in metabolism, and an increase in dry plasma level volatility are a few examples. Due to the usage of lipids as a carrier, medicine delivery has changed during the past few decades [46]. The nanoscale-based delivery approach is starting to have a significant impact on pharmaceutical marketing and planning on a worldwide basis. The word "nanocarrier" refers to a broad spectrum of nanoparticles that are utilized in delivery systems as a means of transport. Based on their constituent parts, nanomaterials can be classified as organic, inorganic, or metal-organic [47, 48]. To reduce side effects and increase the effectiveness of pain medication treatments, all three types of nanomaterials have been employed as controlled-release delivery systems [49]. Both free molecules and protein-based medications can be enclosed in nanomaterials to enhance blood circulation time with sustained, regulated release, leading to long-lasting pain alleviation with few adverse effects. The biocompatibility of the suggested nanomaterial should be a primary issue before putting it into a clinical application. Consequently, researchers typically start by looking at nanomaterials that have previously received FDA approval [48, 50, 51].

BBB (blood brain barrier) and nanoformulation

As we've just discussed, NP alters how permeable the BBB barrier is. Opioids were frequently prescribed as traditional neuropathic pain medications. The ability of an opioid to cross the BBB determines how it reacts to pain. In the BBB, a p glycoprotein receptor can be found. This receptor controls the flow of opioids from the brain into the blood. Tolerance to opioids is caused by a rise in the quantity of the p glycoprotein receptor during prolonged use [52]. BBB thus creates a barrier to the delivery of CNS drugs. Approximately 95% of CNS medication delivery was ineffective at penetrating the BBB [53]. There have been several attempts to solve this issue. either through a surgical procedure or a nonsurgical one. But each step had a particular obstacle. Due to the admission of non-specific substrates in non-surgical processes and the possibility of brain toxicity, maintaining an accurate dose was crucial in surgical processes [54, 55].

A more contemporary method was developed by using nanomedicine, which, if properly built, will increase the capacity to enter the BBB and release the drug to demonstrate its pharmacological reaction. The unique features of nanoparticles are their small size and biocompatibility [56]. Three different types of nanoparticles pass through the BBB in three different transport mechanisms shown in fig. 3. These transport mechanisms are caveolin-mediated endocytosis, receptor, and cell-mediated.

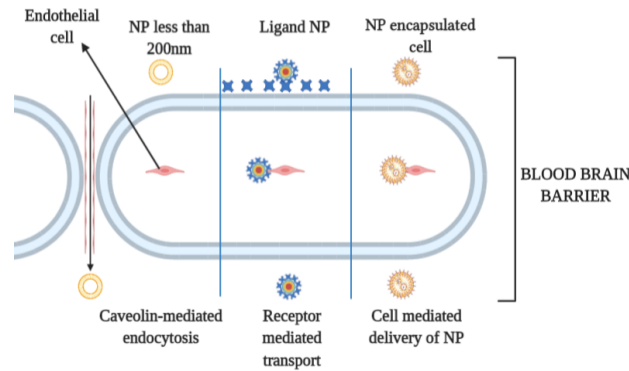


Fig. 3: Different properties of NP crossing the BBB by different transport mechanisms

Nanocarrier for NP

Drug delivery systems using colloidal particles smaller than 500 nm are known as nanocarriers. To deliver the medicine to the target site with reduced systemic toxicity, these carriers are frequently utilized. The properties of the nanocarrier include an improvement in pharmacokinetics, biodistribution, solubility, and stability [57]. Delivering a therapeutic material to a specific location with regulated release is a key characteristic of nanocarriers. Due to the numerous functional components on the nanocarrier's surface, the medicine is transported to the desired location (fig. 4) [58].

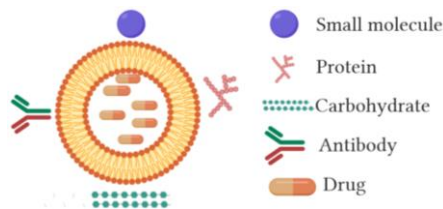


Fig. 4: Structure of multifunctional nanocarrier

To get the drug molecule to the site of action, they include proteins, tiny molecules, carbohydrates, antibodies, and many more substances. The main objective of this is to treat any disease or NP with minimal or no side effects and for a longer time [59]. Various nanocarrier-based products, such as lipid-based nanocarriers, polymeric nanoparticles, and emulsion-based carriers, were used to alleviate neuropathic pain. A variety of research studies were also conducted using various types of drugs that become trapped in nanocarriers, and successful pharmacotherapy outcomes were reached. Every study using nanocarriers sought to increase the bioavailability of the medicine as well as transport it to the target region with little harm. The adverse reaction that was discovered to be connected with this will also be managed since by enhancing this property, the dose quantity required will also decrease [60].

The drug delivery carriers commonly used for NP

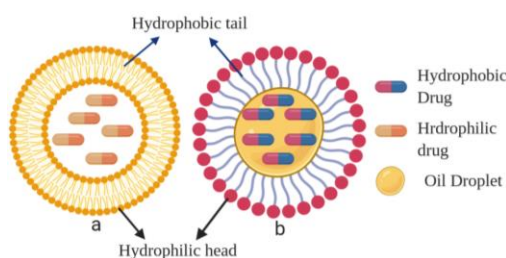


Fig. 5: (a): Structure of liposome, (b): Structure of oil in water nanoemulsion

Lipid-based carrier

Lipids are the fundamental component of biological membranes, as is well known. The potential of lipid to increase the bioavailability of drugs that are weakly water soluble and lipophilic is what distinguishes it from other substances. As a result, it is frequently utilized as a drug carrier for both hydrophobic and hydrophilic drugs. The drug carrier in the biological system made use of the massive protein structure. The spherical shape of a liposome comprises an aqueous pore that is encircled by a lipid bilayer (fig. 5a).

Liposomes were discovered in 1965 by Alec. D. Bangham for the treatment of neuropathic pain in cancer therapy [61]. The hydrophilic drug is found to be present in the lipid membrane as well as the hydrophilic drug, which is loaded in the aqueous layer of the liposome [62]. They are one of the greatest therapeutic carriers due to their composition, which is non-toxic, biodegradable, and biocompatible. Since it shares characteristics with human cell membranes, the contact between liposomes and cell membranes is successful [63]. There was a wide application of liposomes in the formulation of biomedicine. Mostly the liposome was prepared by the process of sonication of the amphiphilic lipid in water [64]. In this process, some of the biological molecules get destroyed [65]. There is a wide use of the liposome as a nanocarrier for the treatment of NP [66, 67]. The next generation of nanomaterials is concentrated on a variety of tunable features, including size, surface properties, responsiveness, controlled circulation time, high loading efficiency, and the ability to target particular tissues. Although liposomes have many benefits and profit from established synthesis techniques, they lack many of the features that distinguish the next generation from current nanomaterials. For their capacity to transport cannabinoids orally, [68] contrasted PEG-modified lipid nanoparticles with chitosan-modified lipid nanomaterials and PLGA nanomaterials. The three biocompatible nanoparticles had varying performance, which served as design requirements for the creation of nanomaterials for the transport of painkilling drugs [68].

Some of the NP treated by the use of liposomes were discussed in table 1. In one study, the mouse model of CDI had the medication zoledronic acid encapsulated in a liposome with a size range of 240 nm. It was discovered that, despite the drug's concentration remaining the same, mechanical allodynia was eased for a longer period than it was with free zoledronic acid. This is primarily because medication encapsulation on lipids lengthens the duration of action by increasing bioavailability [48]. Numerous other medications, including Clodronate, dexamethasone, and morphine, were also encapsulated in liposomes of various sizes, and each one demonstrated an efficient pharmacological response. In addition to all of these benefits, these liposome formulations improve medication circulation in the blood. Additionally, it was utilized in gene therapy. One study demonstrates that the administration of carbon monoxide prevents the production of cytokines mediated by Lipopolysaccharide (LPS). Both cytoprotective and anti-inflammatory properties are present. The CORM-2 molecule, which is produced by carbon monoxide and reduces neuropathic pain, exists. The lipid nanoparticle included CORM-2, which proved successful in reducing the neuropathic pain brought on by CCI [69].

It is very interesting to note that Reactive Oxygen Species (ROS) that are produced in excess at inflammatory locations can lead to chronic pain; as a result, nanomaterials that absorb ROS are a viable method for relieving pain [70, 71]. To protect inflammatory regions and alleviate pain, used fullerol nanoparticles, which are known to consume ROS [72, 73].

Emulsion based carrier

A single phage solution is created by combining two insoluble, immiscible liquids into a nanoemulsion with the aid of an emulsifying agent. A surfactant or emulsifying agent aids in maintaining the stability of the emulsion [42]. In this the dispersed phage (vesicle) gets itself, surrounded by the continuous phage [74]. Fig. 5b's depiction of an oil-in-water emulsion shows how the oil behaves as a scattered phage and the water as a continuous phage. Many emulsion formulations were used in drug delivery systems where the particle size requirement was less than 200 nm. The medicine was delivered via a non-aqueous phage in this example [75, 76]. In a recent study, it was found that one of the plant components *Bauhinia variegata*, was loaded under nanoemulsion. The use of the ultrasonic emulsion method was done to incorporate

the component. The hyperalgesia and allodynia were evaluated by the radiant heat planter and Ven frey test simultaneously. The result obtained was effective and also satisfying. It results in lower blood glucose levels and also prevents any progress for diabetic neuropathy. Hence the BVN was proven as an effective formulation for diabetic neuropathy [77]. Numerous medications can be packaged as nanoemulsions and exhibit their pharmacological effects. Table 1 lists some of the recently examined medications. The nanoemulsion also underwent vitro research, which indicates that it can alleviate NP. In one such study, phenytoin was used as a medicine that was encapsulated in a nanoemulsion formulation and showed an instant response as well as a sustained action. Since free phenytoin has a solubility issue, it was avoided [78]. Lidocaine@PLGA, a microcapsule made of polylactic acid and glycolic acid that responds to ultrasound, is used to treat sciatica nerve pain [79]. According to studies, applying ultrasound as a trigger switch could encourage the quick release of lidocaine from the microcapsules, achieving the dual effects of long-term sustained release and short-term ultrasound-triggered rapid release. This could allow the use of ultrasound-responsive Lidocaine@PLGA microcapsules for nerve root block and postoperative pain relief [80, 81].

Table 1: Nanocarrier for treatment of NP

Nanocarrier system	Drug	Model used (Animal)	Molecular mechanism	Pharmacological response	Size (nm)	Ref.
Liposome	Clodronate	STZ (Wistar rat)	Decreasing the peripheral monocyte or macrophage	Decreases mechanical allodynia	-	[82]
Liposome	Clodronate	SNL (Wistar Rat)	<ul style="list-style-type: none"> Decrease the microglia Reversely block the antinociception of the GLP-1 agonist 	Reduces the starting of the pain	300 nm	[83]
Liposome	Capsaicin	SD Rat	Desensitizes the nociceptive sensory nerve-ending	Improve oral bioavailability	52.2	[84]
Liposome	Dexamethasone and sexitoxin	SNL (CDI mice)	Blocks the site 1 of the sodium channel	Delay the onset of allodynia for one month	5.4µm	[85]
Liposome	Morphine or Oxymorphone	SNL (SD rats)	Hydrolyzed easily to 6-hydroxy metabolites of hydromorphone	Restricts hyperalgesia up to a 7 d	29µm	[86]
Liposome	Bupivacaine	-	Decreases inflammation, block pain receptor	Prevent NP and central sensitization	-	[87]
Liposome	Hepatocyte growth factor gene	CCI (Wistar Rat)	Reduces level of P2X3, P2X4, and P2Y1 receptor mRNAs, interleukin-6 (IL-6)	Transfer of the HGF gene in the nervous system with less damage to sensory nerve	300 nm	[88]
Liposome	Verbascoiside	CCI (SD rat)	Inhibiting the protein kinase inhibitor.	Prolong antihyperalgesic effect	120.15	[89]
Liposome	BDNF Binding domain of TrkB (e TrkB protein)	SNL (Wistar Rat)	<ul style="list-style-type: none"> TrkB and BDNF binding causes the activation of PI3K, ERK, and PLCY. Nanoformulation suppresses BDNF-TrkB pathway 	Treat mechanical allodynia and hyperalgesia	-	[90]
Nanoemulsion	celecoxib	SNL (Wistar rat)	Decreases mast cell and macrophage	Relieved pain with 24 h of surgery, which last for 6 days	-	[91]
Nanoemulsion	celecoxib	CCI (SD rat)	Decreases COX-2 and prostaglandin E2. Reversal of gene in NP	Decrease in Inflammation and mechanical allodynia	-	[92]
Nanoemulsion (SNEDDS)	Curcumin	Diabetic neuropathic model (SD rat)	Decreases COX-2, TNF-alpha and IL-6	Longer duration of action of drug due to increase in bioavailability and treat the symptoms of NP	-	[93]
Nanoemulsion	Pyrazoloquinolinone (DK-I-56-1)	CCI (Wister albino rat)	Acts on GABA receptors and reduces inflammation	Reduced trigeminal NP	10-300 nm	[94]
Nanoemulsion	Capsaicin (Topical cream formulation)	Wistar rat and male rabbit	Decreasing the substance P	Reduction in NP symptoms	13-14	[95]
Nanoemulsion	Doxepin	Sprague Dawley Rat	Bind to histamine H1	Enhanced analgesic as well as anti-inflammatory response.	6.1	[96]

Polymeric nanoparticle (PNP)

The size range of Polymeric Nanoparticle (PNP) colloidal particles is 10-1000 nm. There are two components to it. The hydrophobic character of the core contrasts with the hydrophilic nature of the surroundings. The stability of nanoparticles in an aqueous environment is aided by this outer layer. These are the containers in which the medicinal substances are dispersed and trapped in the polymer matrix (fig. 5a) [97, 98]. These are produced using many materials, including natural, synthetic, and semi-synthetic ones. Different techniques were employed to create polymeric nanoparticles. Some of these techniques, such as double emulsion, emulsification, and emulsification-solvent evaporation, were often

employed. Additionally, it was prepared to utilize two methods: Technology involving supercritical fluids and nanoprecipitation [99, 66]. Because of its biocompatibility, target site of action, biodegradability, and ability to release drugs in a controlled and sustained manner, PNP is a good and useful nanocarrier in the field of medicine [100]. The medication is essentially trapped by two processes: chemical conjugation and physical entrapment. The drug molecules will be trapped in the matrix by this carrier, preventing further enzymatic breakdown. The most widely used polymer is PLGA, which was given the go-ahead for parenteral administration by a drug and medical organization. It enables the medicine to cross the blood-brain barrier, which is an efficient method of treating CNS diseases [101]. Bupivacaine was entrapped in the PLGA nanocarrier

by the L3 and L4 DRG injection in one of the studies. It has been discovered that this lessens the impact of neuronal hyperexcitability. Numerous additional medications were encapsulated and produced great results [102]. Due to its biocompatibility, and low toxicity, they are used as a carrier. It also has the capacity to load a combination of hydrophilic and macro-molecular drugs (protein, antibodies, growth factor, etc.). They possess the potential to deliver the drug to various target organs [103].

Types of polymer

Polymers used in nanoformulation are of three types. They are natural, semi-synthetic, and synthetic [104].

Natural polymer: When an organism was going through its growth cycle, this polymer was created. Two different types of reactions are used in the creation of natural polymers, which are created inside of cells through intricate metabolism. A chain growth reaction and an enzyme-catalyzed reaction are the two types of reactions. Corn, cellulose, potatoes, and other natural resources were used to create the natural polymer. The source can also be created synthetically from a bacterial microbe that produces polyhydroxy butyrate from butyric acid. Animal sources, in addition to natural and microbiological sources, also contribute. The chitin, protein, and other components of animal sources [105]. The nature of this polymer is hydrophilic.

Semisynthetic polymer: A suitable reagent is used to transform the natural polymer into a semi-synthetic polymer. In biomedical devices and pharmaceutical technology, semi-synthetic polymers like cyclodextrin, modified dextrin, and chiton are employed [106].

The hydrogen group in the CD was changed to customize the natural cyclodextrin. This alteration improves solubility and stability and reduces toxicity [105].

Synthetic polymer: Using a combination of biomass, oil, and petroleum, this polymer was created. This has a hydrophobic nature to it. There are two further subcategories inside it: biodegradable and non-biodegradable. Polycaprolactone, a petroleum-based synthetic polymer, was the most widely used biodegradable material. However, numerous different polymers are utilized in the medical industry. Polylactic acid, polyglycolic acid, polylactic glycolic acid, and poly-ε caprolactone are among them [105].

Type of polymeric nanoparticle based on structure

The structure of polymeric nanoparticles is another category used to group them. Nanosphere and nanocapsule are two examples (fig. 6b and 6c) [107]. Both their origins and their inclinations are different from one another. The polymer matrix used to create the nanospheres allows the polymer to either soak onto the surface or become stuck within the matrix. It is constructed of a dense matrix polymer, in which the medication is evenly distributed. The medication molecule is trapped inside the nanocapsule's vascular system, which creates an internal reservoir. The outside shell is covered with solid, and the core is comprised of liquid water or oil. The thin layer of polymeric membrane covers the core of the nanocapsule. Both types of polymeric nanoparticles are used in medicine. However, nanocapsules have an edge over nanospheres. The medicine is integrated into nanocapsules in both solid and liquid form as a molecular dispersion. Less toxicity is there when there is less polymer [105].

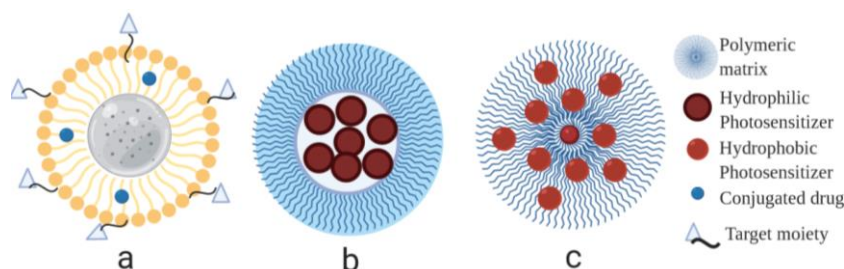


Fig. 6: (a): Structure of polymeric nanoparticle, (b): Structure of polymeric nanocapsule, (c): Structure of polymeric nanosphere

Nefopam hydrochloride loaded nanosphere.

Nanospheres were used in only a few formulations hence, their application is very restricted. One of the studies involved the medication Nefopam Hydrochloride (NFH), which was first made into nanospheres and used [108]. The free medication from NFH was also used to treat post-operative shivering and NP. It works by preventing the reuptake of dopamine, serotonin, and noradrenaline, which also has an analgesic effect. The unfavorable reaction includes nausea, vomiting, and dizziness. However, the main issue is patient non-compliance because it is administered so frequently (almost 3–4 times per day). The quasi-solvent diffusion approach was used to create the NFH-loaded nanosphere. Following that, the box-Behnken design optimized this. This design of the experiment provides a piece of precise information about the development of nanoformulations [109, 110]. The Wistar rat chronic constriction injury model was then given NFH-NS, and a sustained releasing action was seen. The limited oral bioavailability of NFH is one of the main issues it encounters.

Nanocapsule

In comparison to nanosphere, nanocapsule offers a wider range of applications. The Organoselenium Molecule [(OMePhSe)₂] known as p, p'-methoxyl-diphenyl diselenide, exhibits an antinociceptive effect. But when this is contained in a nanocapsule, the compound's potency is increased. The purpose of the study was to determine if free (OMePhSe)₂ administration or encapsulated (OMePhSe)₂ administration may lessen the discomfort associated with sciatic

nerve ligation surgery. (OMePhSe)₂ was administered to mice in the Partial Sciatic Nerve Ligation (PSNL) paradigm both free and in nanocapsule form. Both treatments were shown to attenuate PSNL-related hyper nociception, while the nanocapsule (OMePhSe)₂ was found to boost antinociception by a factor of two over the free (OMePhSe)₂ [111]. Another study found that paclitaxel, a chemotherapy medication that causes peripheral neuropathy, can treat neuropathic pain syndrome when it is encapsulated. In a recently completed study, paclitaxel nanoparticle-encapsulated medication was given to a model of peripheral neuropathy brought on by paclitaxel. PTX and nPTX were intraperitoneally injected, and neuropathic pain and any neuronal damage were observed by an immunohistochemistry investigation of its behavior. It was discovered that nPTX has a lower threshold for nociceptive pressure. Dorsal root ganglion degeneration was lessened. Consequently, the paclitaxel nanoparticle's encapsulation aids in the treatment of PTX-induced peripheral neuropathy [112].

Polymeric self-assembled carrier

Self-assembly is defined as the spontaneous molecular arrangement in a properly ordered structure. The process of self-assembly plays an important role in the designing, and synthesis of new nanomaterial. This self-assembled carrier was designed such that the inner core is hydrophobic and the outer shell is hydrophilic. Due to this amphiphilic characteristic, it has the potential to carry a drug molecule also. It also has a good distribution property [113]. This carrier was efficiently used for drug delivery systems and diagnosis purposes. They are termed the bioactive molecule in the

pharmaceutical industry. A drug is said to have an ideal drug delivery system if it possesses biocompatible, biodegradable scaffolding properties, and low toxicity. The self-assembled polymer possesses all the above features [114].

Polymeric micelles

Polymeric micelles were a novel drug carrier system. Polymeric micelles are used for the delivery of poorly soluble drugs. As compared to the other drug nanocarriers the polymeric micelles have a benefit of a very small size range of 10-100 nm [115]. This micelle is of three types based on the intermolecular driving force. They are hydrophobically assembled amphiphilic micelles, micelles stemming from metal complexation, and polyion-complex micelles [116]. They contain different shapes, such as rods, vesicles, spheres, etc. Their shape depends on the hydrophobic and hydrophilic block and also the environment of the solvent. Poly Ethylene Glycol (PEG) was the most commonly hydrophilic micelles, which were used for drug delivery. This PEG has a molecular weight of 2-15 kDa and is water soluble. It is charged naturally and also nontoxic. It also increases the circulation time by forming a hydrophilic layer on the surface of the micelle. Not only PEG, but other polymers like Poly (N-vinyl pyrrolidone) (PVP) were also in use for the same hydrophilic part of the micelles. The polymer was used as the hydrophobic domain, such as polylactic acid, which is a polyester, and poly (L-lysine), which is a polyamide. In polyester and polyamide, the enzyme catalyzes hydrolysis, and they are considered biodegradable. Lipid was also in use in the hydrophobic core [116].

Polymeric micelles were also helpful in the treatment of neuropathic pain, which is a major clinical challenge nowadays. We know that the agonist of the cannabinoid receptor was effective in reducing neuropathic pain. A Styrene Maleic Acid (SMA) is encapsulated with the cannabinoid WIN 55,212-2 (WIN) and forms micelles known as SMA-WIN micelles. When this formulation was injected into the chronic construction injury model of sciatic neuropathy, it was found that there was a decrease in the neuropathic pain for a prolonged duration as compared to the control, which is only WIN; hence, prolonged drug release was observed. Another recent study was done, which showed that one of the micelles, named phospholipase A₂ inhibitor-loaded phospholipid micelles, decreases neuropathic pain. In general, the secretory phospholipase A₂ is an inflammatory mediator enzyme that tends to increase in the spinal cord when there is compression in the root of the nerve. However, a micelle was formed by loading the phospholipid with the Secretory Phospholipase A₂ (sPLA₂) inhibitor. The phospholipid micelles will help by releasing their payload in the presence of sPLA₂. A rodent model of neuropathic pain was used and these formed micelles were injected intravenously or locally at the site of injury. It was observed that after administration of micelles formulation, which was given immediately after the compression, the pain was relieved for 7 days which was less in the case of delayed administration. Hence it was concluded that the secretory has anti-inflammatory properties for neuropathic pain treatment [117]. There is a wide range of drugs which was formulated into Nanoformulation to show effective results. A small glimpse of some polymeric nanoformulations which are used to treat and alleviate neuropathic pain are listed in table 2.

Table 2: Polymer-based nanocarrier for treatment of neuropathic pain

Nanocarrier system	Drug	Models used (Animal)	Molecular mechanism	Pharmacological response	Size (nm)	Ref.
PLGA nanocarrier	Cannabinoid	CCI in SD rats	Stimulates the lymphatic transport and enhances the bioavailability	Maintain analgesic activity up to 7 d	200 nm	[118]
Double Emulsion (W/O/W)	P38 Si RNA	SNL in SD rats	Inhibiting the microglia activation in the dorsal spinal horn	Reduce mechanical allodynia	153.1	[119]
PLGA Nanocarrier	Bupivacaine	CCI C57BL/6 mice	Reduces neural excitability	Prevent the development of allodynia and hyperalgesia	150	[102]
PLGA Nanoparticle	Baclofen Nanoprecipitation method	Cytotoxic assay, Gamma scintigraphy	Suppresses excitatory neurotransmitter	Drugs remain in the brain for a longer duration	124.8	[120]
PLGA Nanoparticle	Lamotrigine Nanoprecipitation method	PSNL Swiss albino mice	Sodium and calcium channel blocker	Increases duration of action, and bioavailability and decreases the accumulation of drug	141.1-158	[121]
PLGA Nanoparticle	Foxp 3 plasmid	SNL in SD rats	Up-regulation of anti-nociceptive gene and down-regulation of pro-nociceptive gene in spinal dorsal horn	Alleviate the NP	224	[122]
Polymeric Nanoparticle	p,p'-methoxyl diphenyl diselenide Solvent displacement	PSNL Swiss mice	Decrease inflammatory protein content.	Prominent antinociception	N/A	[111]
Polyester Nanoparticle	Paclitaxel	PIP-N Sprague-Dawley rats	Improves density of neuronal maker, Decreases the TUNEL positive cell	At low concentrations treat NP	262	[112]
poly-pegmadmaema-mao	Curcumin	Type 2 diabetic mellitus	It acts by decreasing the IL-1 β , Cx43. There is also up-regulation of P ₂ Y ₁₂ which activates the SGC	Reduces the mechanical and thermal hyperalgesia	N/A	[123]
Porous polymersome	Superoxide dismutase	Nerve root compression	Improve the antioxidant nature	Enhances the therapeutic efficacy for longer duration	108	[124]
PLGA Nanoparticle	Amitriptyline Doxepin Imipramine	Sprague Dawley rat	Blocking the pain pathway	Increase in duration of anti-allodynia and antinociceptive action	373-480	[125]
CH-PCL	Ropivacaine Dexamethasone			.	190	[126]

Non-polymeric nanoparticle

Till now we have studied some of the polymer which was used for the treatment of NP. Some polymer gets incorporated with the drug molecule and forms a new formulation, whereas in some cases the nanocapsule formulation was adapted to treat and increase the efficacy of the free drug. But apart from polymers, many nonpolymers get trapped or incorporated into the drug and show

their effectiveness for the treatment of NP. The nonpolymer is like metal, gold, silver, magnesium oxide. This nonpolymer was in use as a carrier for different drug molecules for the treatment of NP. In one of the studies, the silver was used as a carrier named as silver nanoparticle which was incorporated under the drug basalin in the animal model of oxaliplatin-induced neuropathic pain to alleviate the pain for a longer period. The mechanism involved here is the reduction of the level of aluminum in the DRG by chelation of

BAGNPs [127]. The intrathecal drug delivery system was also used to treat neuropathic pain effectively [128]. Gold-coated Fe₃O₄ nanoparticle of size range 20-25 nm was administered through the intrathecal route in the human spinal cord [129]. There was a gold-coated in the outer layer because it protects the Fe₃O₄ from being oxidized and targets a wide variety of substances which decrease the

pain. It was concluded from a study that the Nanoformulation here increases the target-specific capacity and response efficacy by nine-fold time. The response was observed within 15 min of administration there are many other formulations of nonpolymeric which was used in neuropathic pain. Some of the recent studies related to this are given in table 3.

Table 3: Non-polymer-based nanocarrier for treatment of neuropathic pain

Nanocarrier system	Method used	Drug	Model used (Animal)	Molecular mechanism	Pharmacological response	Ref.
Manganese oxide nano enzymes	Hydrothermal	Manganese oxide	PSNT Male Wistar rats	Superoxide dismutase reduces ROS formation	<ul style="list-style-type: none"> Reduce the mechanical allodynia Decrease the expression of CoX 2 enzymes 	[130]
PLGA Coated magnetic nanoparticle	Solvent Evaporation and Coprecipitation	Capsaicin	Carrageenan-induced inflammatory pain male C57BL/6 mice	<ul style="list-style-type: none"> Desensitize the TRPV1 (Capsaicin receptor) Inhibit inflammation and pain 	Release of the drug is in a sustained manner Which increases the drug solubility to prevent NP	[131]
Liposome @MSN	Surfactant self-assembly method	Interleukin-10 transgene	CCI Sprague-Dawley rats	Protecting DNA cargo, which is highly biocompatible in the CNS	Suppresses the pain	[132]
Gold Nano rods (TNF Nanoplexes)	Chemical coprecipitation method	SIRNA and target the TNF mRNA	CCI Harlan Sprague-Dawley rats	Down-regulation of the TNF	Alleviation of NP	[133]
Iron Oxide Nanoparticle		Magnetite (Fe ₃ O ₄)	CDI	Reduce the inflammatory cell, pro-inflammatory marker, and ROS formation	Analgesic effect	[134]
USPIO-MRI	-	Minocycline	SNI (Sprague-Dawley Rat)	Monocyte act by retarding the movement of macrophages	Decrease in the development of allodynia and hyperalgesia.	[135]
Basalin@silver NP	Green method	Basalin	oxaliplatin-induced neuropathic pain C57BL6 mice	Reducing the aluminum in the drug response curve	Alleviate the NP	[127]

A clinical trial of nanoformulation in the treatment of NP

Different Nanoformulations treat the NP in different ways. After the preclinical research, some clinical research was done to see how the nanoformulation affected neuropathic pain in people [136]. The opioid, local anesthetic, NSAID, was incorporated in the liposome nanocarrier in human beings and a positive result was found [137]. In one of the clinical trials, the local anesthetic was encased in a liposome. To determine the strength and duration of the action, as well as whether the liposome formulation exhibits superior pharmacological reference or not, this liposome formulation is being compared in this experiment to bupivacaine given as a single dosage with a placebo. 184 patients who underwent hemorrhoidectomy were chosen. The trial was randomized, multicentric, and double-blinded. It was noted that the pain did not return for 72 h, and the patient did not require any additional opioid medication [138]. Another clinical research that examined the duration of pain alleviation between the liposomal and free versions of the medication bupivacaine was carried out. In contrast to free medicine, which acts only for 4 h, liposomal bupivacaine provides pain relief for 11 h [139]. In the Liposome topical capsaicin study, a Post-Herpetic Neuralgia (PHN) patient was selected for this trial. A formulation of Liposomal Capsaicin (LC) was prepared. This was a placebo-controlled cross-sectional study. As an inclusion criterion for the trial, patients with any symptoms following first-and second-line therapy were chosen. The LC topical application was done. At weeks 2, 4, and 6, the baseline was reached. It was discovered that LC was both safe to use and well tolerated by the patient. LC concentration was previously only negligible [140]. NSAID and liposome were both enclosed within the clinical research. When compared to free medication, an indomethacin-encapsulated liposome that was placed into a hydrogel demonstrated an effective, sustained release of activity. The subject chosen for the study was UVB-induced erythema. The liposome bupivacaine was found to have a good anti-inflammatory effect concerning the free formulation [141, 142]. Till now only the conventional liposome clinical study was done in which passive targeting was permitted. If in the case of passive targeting, there can be use of active targeting for neuropathic pain which will increase the efficacy as well as decrease any side effects.

Application of nanocarrier in NP

There is a wide range of applications of Nanomedicine in the treatment of NP. In this review, we have discussed the various

nanocarriers with their property to cure or alleviate neuropathic pain. Apart from the treatment of neuropathic pain, this technology is also used for the diagnosis of pain behavior. One quick and sensitive device was found that detects the presence of opioids or other substances present in urine. This device's name was given as point-of-care urine drug monitoring [143]. One more device found is an ultrasensitive nanosensor which is used to detect the biomarkers that are pain-related and initiated by blood. For example, in the case of osteoarthritis, there is an increase in the level of IL-6 which was detected by this nanosensor [144, 145]. There are many studies conducted to detect the presence of biomarkers in blood. By this nanotechnology, we can achieve a novel drug delivery system in controlling pain with effective response and no side effects. Various literature research was searched and concluded that Nanomedicine was developed for targeting, and alleviating neuropathic pain. In the case of neuropathic pain, these nanoformulations mainly act by increasing the duration of action from the free drug, or by decreasing the mechanical allodynia or hyperalgesia symptom. Sometimes the initiation of pain was also prolonged so that the sensation of pain occurs after some time.

Toxicity aspects of various nanocarriers

A coin has two sides. Everything in this universe has a useful effect at some point and also has a toxic effect. Till now we have shown a huge advantage of Nanomedicine and its use. We have discussed the benefit of the nanoparticle over the conventional approach. But this approach also possesses some toxicity [146]. Although the organic nanoparticle-like lipid-based, polymer-based possesses no cytotoxic effect and shows tolerability even at high doses [147, 148]. It is a challenge to analyze the toxic effect of inorganic polymeric nanoparticles. One of the studies shows that the metal nanoparticle has a high chance of neurotoxicity because of the release of ROS, which ultimately leads to cell death. Nanoparticles like gold nanoparticles, silver nanoparticles, carbon nanotubes, and many inorganic nanoparticles imposed toxicity on the environment as well as on various bacteria, fish, rats, mice, and human cell lines [148]. As safety is important for us, being aware of toxicity is also a concern in this field. Hence the *in vivo* and *in vitro* assessment was conducted by the nanoparticle on the organism. These methods are assays of oxidative stress, proliferation, apoptosis, and DNA damage [149, 150]. The *in vivo* assessment test is clearance, biodistribution, serum chemistry, and hematology. By the use of radiolabel, the

nanoparticle was also detected in living or sacrificed animals [151]. The clearance and the biodistribution test were performed by observing the excretion and metabolism at a point in time after the nanoparticle was administered [152]. Similarly, other tests like histopathology study of tissue like the eye, brain, liver, heart, spleen, and kidney were also evaluated after the nanoparticle was administered [153]. In various research studies, it was found that nanoparticle also has an impact on the respiratory tract, which can cause asthma, lung cancer, and bronchitis. It leads to Crohn's disease, colon cancer, clotting in the blood, and heart disease [154].

CONCLUSION

Life quality suffers as a result of NP. In the recently developed and quickly expanding field of nanomedicine, scientists alter the drug or encapsulate it in a nanoparticle using various alterations. It serves as a diagnostic tool as well as a method of drug delivery to the intended location of action. The drug's solubility, stability, bioavailability, and biodistribution are all improved by the nanoformulation. Most importantly, it lessens the drug's toxicity. Here, the medication delivery to the site of action is significantly aided by the nanocarrier. In NP, the nanoformulation lengthens the time that pain alleviation lasts, causing the discomfort to only last briefly. By reducing allodynia and mechanical hyperalgesia, it also lessens NP.

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ABBREVIATION

SNL; Spinal nerve ligation, CCI; Chronic constructive injury, LEC: Liposome encapsulated Clodronate, GLP-: Glucagon like peptide-1, IL; Interleukin, mRNA; Messenger RNA, HGF; Hepatocyte growth factor, PSNL: Partial spinal Nerve ligation, ROS: Reactive oxygen species, Si RNA: Small interfering RNA, CDI: Chronic inflammatory pain model, Cx43: Gap junction alpha 1 protein, P2Y12: Purini receptor 2, STZ: Steptozosin induced diabetes model, Trk β : tyrosine kinase receptor, PIP3: phosphoinositide 3-kinase, ERK: extracellular signal regulated, PLC γ : phosphoinositide phospholipase C, TNF- α : Tumor necrosis factor, SNEDDS: Self nanoemulsion drug delivery syste, USPIO-MRI: ultra small superparamagnetic iron oxide-magnetic resonance imaging, CH PCL: Chitosan coated poly (ϵ -caprolactone)

AUTHORS CONTRIBUTIONS

All authors have contributed equally. All authors have contributed equally. Bimlesh Kumar devised the project, the main conceptual ideas, and wrote the article and the proof outline. Indu Melkani worked out almost all of the technical details and wrote the manuscript. Narendra Kumar Pandey developed the theoretical framework. Saurabh Singh discussed the results and commented on the manuscript. Dileep Singh Baghel and Kavatala Sudhakar contributed to the design and implementation of the research.

CONFLICTS OF INTERESTS

The authors have declared no conflict of interest.

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