

Original Article

**IN VITRO ANTIDIABETIC POTENTIALS OF *SIDA ACUTA*, *ABUTILON INDICUM* AND *MALVASTRUM COROMANDELIANUM***

NANTAPORN DINLAKANONT<sup>1</sup>, CHANIDA PALANUVEJ<sup>1\*</sup>, NIJSIRI RUANGRUNGSI<sup>1,2</sup>

<sup>1</sup>College of Public Health Sciences, Chulalongkorn University, Bangkok 10330, Thailand, <sup>2</sup>College of Pharmacy, Rangsit University, Pathum Thani 12000, Thailand  
Email: chanida.p@chula.ac.th

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**ABSTRACT**

**Objective:** Starch metabolizing enzyme inhibitors are able to retard postprandial glucose absorption. This study aimed to investigate the *in vitro* inhibitory activities of alpha-glucosidase and alpha-amylase of three Malvaceous weeds i.e. *Sida acuta* Burm. f., *Abutilon indicum* (Linn.) Sweet and *Malvastrum coromandelianum* (Linn.) Garcke.

**Methods:** The stems, roots and leaves of *S. acuta*, *A. indicum* and *M. coromandelianum* were sequentially extracted in dichloromethane and methanol, respectively. All fractions were tested for the inhibitory activities on yeast alpha-glucosidase, rat intestinal alpha-glucosidase and porcine alpha-amylase. p-Nitrophenyl- $\alpha$ -D-glucopyranoside and 2-chloro-4 nitrophenol- $\alpha$ -D- maltotriose were used as the substrate for glucosidase and amylase respectively.

**Results:** The dichloromethane fraction of the roots and stems from *A. indicum* and dichloromethane as well as methanolic fractions of the stems of *M. coromandelianum* could inhibit yeast alpha-glucosidase compared to 1-deoxynojirimycin with the IC<sub>50</sub> of 0.36, 0.45, 0.48, 0.48 and 0.58 mg/ml respectively. *A. indicum* root methanolic fraction had the highest inhibitory effect on rat alpha-glucosidase activity compared to 1-deoxynojirimycin with the IC<sub>50</sub> of 0.08 and 0.11 mg/ml respectively. *M. coromandelianum*, the dichloromethane fraction of roots and the methanolic fraction of stems, showed the strongest effect on alpha-amylase inhibition compared to acarbose with the IC<sub>50</sub> of 0.07, 0.07 and 2.7 mg/ml, respectively.

**Conclusion:** *S. acuta*, *A. indicum* and *M. coromandelianum* dichloromethane and methanolic fractions of the root, stem and leaf parts demonstrated an appreciable inhibitory activity on alpha-amylase from porcine, alpha-glucosidase from *Saccharomyces cerevisiae* and from rat intestine compared to 1-deoxynojirimycin and acarbose.

**Keywords:** Alpha-amylase, Alpha-glucosidase, Enzyme inhibition, Malvaceous weed

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**INTRODUCTION**

After meal ingestion, the digestion of Starch begins firstly by salivary  $\alpha$ -amylase and pancreatic  $\alpha$ -amylase to produce maltose, maltotriose and  $\alpha$ -limit dextrin which are further completely hydrolysed to glucose by  $\alpha$ -glucosidases in the brush border of intestinal epithelial cells or enterocytes [1]. The inhibition of  $\alpha$ -glucosidases as well as  $\alpha$ -amylase is one of the powerful interventions to decrease glucose absorption. Natural or synthetic  $\alpha$ -glucosidase inhibitors are of therapeutic interest to delay postprandial hyperglycemia in type 2 diabetes. *Sida acuta* Burm. f. is a Malvaceous weed cosmopolitan in distribution, especially in tropics and sub-tropics. It is commonly found on abandoned areas i.e. roadsides and wastelands. The leaf, root, and whole plant have been ethnomedicinally used for treatments of wound, dysentery, helminthiasis, hemorrhoid and malarial fever [2]. Arya *et al.* reported that *S. acuta* leaf alcoholic extract exhibited a slight decrease in blood glucose levels after 2 and 4 h of oral administration in normal rats [3]. Okwuosa *et al.* found that the aqueous extract and methanolic extract of *S. acuta* leaves significantly increased the tolerance for glucose in glucose fed normal rabbits and also decreased blood glucose of alloxan-induced diabetic rabbits [4]. Furthermore, *Abutilon indicum* (Linn.) Sweet and *Malvastrum coromandelianum* (Linn.) Garcke are another Malvaceous weeds previously reported of the hypoglycemic potential in animal model [5-7]. This study aimed to investigate *in vitro* inhibitory activities on the starch digesting enzymes of the fractional extracts of the roots, leaves and stems of *S. acuta*, *A. indicum* and *M. coromandelianum*, the Malvaceous weeds used in traditional medicine.

**MATERIALS AND METHODS**

**Chemicals**

Rat intestinal acetone powders, *Saccharomyces cerevisiae* alpha-glucosidase, porcine pancreatic  $\alpha$ -amylase, p-nitrophenyl- $\alpha$ -D-

glucopyranoside, 2-chloro-4 nitrophenol- $\alpha$ -D-maltotriose, 1-deoxynojirimycin and acarbose were obtained from Sigma-Aldrich, USA. The chemicals were analytical grade. The ultrapure water was prepared by Ultra-pure water purification system, Heal Force, China.

**Plant collection**

*S. acuta*, *A. indicum* and *M. coromandelianum* were authenticated by Nijisiri Ruangrungsi. Voucher specimens (ND/PH/300115, ND/PH/300215 and ND/PH/300315) were deposited at College of Public Health Sciences, Chulalongkorn University, Thailand. After sorting out any foreign matters, the stems, roots and leaves were dried in hot air oven at 50 °C then pulverized for extraction.

**Plant extraction**

The stems, roots and leaves of *S. acuta*, *A. indicum* and *M. coromandelianum* were exhaustively extracted with dichloromethane and methanol respectively using Soxhlet apparatus. The fractional extracts were filtered through Whatman number 1 filter paper then evaporated to dryness *in vacuo*. The extracts were dissolved in 10% DMSO and diluted with water to obtain concentrations of 0.625-10 mg/ml.

**Yeast alpha-glucosidase inhibition assay**

The activity of alpha-glucosidase from *Saccharomyces cerevisiae* was assayed using 1 mmol of p-nitrophenyl- $\alpha$ -D-glucopyranoside as substrate. The reaction mixture including 50  $\mu$ l of 0.1M sodium phosphate buffer (pH 6.9), 50  $\mu$ l of the substrate, 50  $\mu$ l of sample and 50  $\mu$ l of  $\alpha$ -glucosidase (0.5 U/ml) was incubated at 37 °C for 20 min then added with 100  $\mu$ l of 1M sodium carbonate to stop the reaction. Enzymatic activity was quantified by measuring the absorbance of p-nitrophenol at 405 nm. 1-Deoxynojirimycin was used as positive control. Each test was done in triplicate.

**Rat intestinal alpha-glucosidase inhibition assay**

Thirty milligrams of rat intestinal acetone powders were suspended in 1 ml of 0.1 M sodium phosphate buffer (pH 6.9), sonicated for 20 min and centrifuged at 3000 rpm for 30 min. The supernatant was used as  $\alpha$ -glucosidase enzyme. The reaction mixture consisted of 100  $\mu$ l of 1 mmol of p-nitrophenyl- $\alpha$ -D-glucopyranoside as substrate, 50  $\mu$ l of sample and 50  $\mu$ l of the enzyme. The mixture was incubated at 37 °C for 30 min. The absorbance was measured at 405 nm. All tests were done in triplicate. 1-Deoxyojirimycin was used as a positive control. Each test was done in triplicate.

**Porcine alpha-amylase inhibition assay**

The activity of porcine pancreatic  $\alpha$ -amylase inhibition was performed on 96 well plates using 1 mmol of 2-chloro-4-nitrophenol- $\alpha$ -D-maltotriose as substrate. Various concentrations of *S. acuta*, *M. coromandelianum* and *A. indicum* fractional extracts (50  $\mu$ l) were added into 0.5  $\mu$ l of 0.5 U/ml of porcine pancreatic  $\alpha$ -amylase prepared in 0.1 M sodium

phosphate buffer pH 6.9. The plate was preincubated at room temperature for 10 min and 50  $\mu$ l of substrate were added into each well and incubated at 37 °C for 20 min. The absorbance was measured at 405 nm. Each test was done in triplicate. Acarbose was used as a positive control.

**Enzyme inhibitory activity calculation**

The enzyme inhibitory activity was calculated from the absorbance of p-nitrophenol liberated at 405 nm with and without the inhibitor.

$$\text{Inhibition (\%)} = (1 - A_{405}^{\text{Inhibitor}} / A_{405}^{\text{Negative Control}}) \times 100$$

IC<sub>50</sub> values denoted the concentration of sample required to inhibit 50% of enzyme activity.

**RESULTS**

The fractional extracts of the stems, roots and leaves of three selected Malvaceous plants were performed by dichloromethane and methanol, respectively. The percent yields were shown in table 1.

**Table 1: Extract yield from selected malvaceous plants**

Plant	Part used	Yield (g/100g)	
		DCM <sup>a</sup> fraction	M <sup>b</sup> fraction
<i>Sidaacuta</i> Burm. f	Stem	3.93	12.55
	Root	1.46	4.62
	Leaf	1.65	21.43
<i>Abutilon indicum</i> (Linn) Sweet.	Stem	1.34	8.20
	Root	3.07	25.90
	Leaf	1.60	15.40
<i>Malvastrumcoromandelianum</i> (L.) Garcke.	Stem	3.50	13.15
	Root	3.48	13.00
	Leaf	9.08	24.12

<sup>a</sup>Dichloromethane <sup>b</sup>Methanol

**Table 2: IC<sub>50</sub> of *S. acuta*, *A. indicum*, *M. coromandelianum* extracts on yeast and rat alpha-glucosidase inhibition**

Plant	Part used	IC <sub>50</sub> (mg/ml)			
		Yeast alpha-glucosidase		Rat intestinal alpha-glucosidase	
		DCM <sup>a</sup> fraction	M <sup>b</sup> fraction	DCM <sup>a</sup> fraction	M <sup>b</sup> fraction
<i>Sidaacuta</i> Burm. f	Stem	1.56	5.88	3.03	2.53
	Root	1.46	8.12	3.96	1.08
	Leaf	1.66	2.38	2.43	0.19
<i>Abutilon indicum</i> (Linn) Sweet.	Stem	0.45	1.69	4.67	1.11
	Root	0.36	1.38	3.19	0.08
	Leaf	1.07	4.21	2.69	1.38
<i>Malvastrumcoromandelianum</i> (L.) Garcke.	Stem	0.48	0.48	6.50	1.35
	Root	0.71	0.74	0.90	1.88
	Leaf	1.07	1.70	1.55	3.61
1-Deoxyojirimycin		0.58		0.11	

<sup>a</sup>Dichloromethane <sup>b</sup>Methanol

**Table 3: IC<sub>50</sub> of *S. acuta*, *A. indicum*, *M. coromandelianum* extracts on alpha-amylase inhibition**

Plant	Part used	IC <sub>50</sub> (mg/ml)	
		DCM <sup>a</sup> fraction	M <sup>b</sup> fraction
<i>Sidaacuta</i> Burm. f	Stem	1.71	2.65
	Root	0.33	0.66
	Leaf	1.88	2.08
<i>Abutilon indicum</i> (Linn) Sweet.	Stem	1.97	1.35
	Root	0.90	1.89
	Leaf	1.55	3.61
<i>Malvastrumcoromandelianum</i> (L.) Garcke.	Stem	2.12	0.07
	Root	0.07	0.28
	Leaf	0.81	1.71
Acarbose		2.7	

<sup>a</sup>Dichloromethane <sup>b</sup>Methanol

The yeast and rat intestinal alpha-glucosidase inhibition of the fractional extracts (0.625-10 mg/ml) and 1-deoxyojirimycin (0.03-1.5 mg/ml) were demonstrated in table 2. All of the extracts could inhibit yeast alpha-glucosidase activity especially the dichloromethane fraction of the roots and stems from *A. indicum* and also dichloromethane as well as methanolic fractions of the stems of *M. coromandelianum*. They showed the strong inhibitory effect on yeast alpha-glucosidase compared to 1-deoxyojirimycin with the IC<sub>50</sub> of 0.36, 0.45, 0.48, 0.48 and 0.58 mg/ml respectively. The inhibitory activities against rat intestinal alpha-glucosidase were shown that *A. indicum* root methanolic fraction had the highest inhibitory effect on rat alpha-glucosidase activity compared to 1-deoxyojirimycin with the IC<sub>50</sub> of 0.08 and 0.11 mg/ml, respectively. The dichloromethane fraction of *M. coromandelianum* stems showed the weakest effect with the IC<sub>50</sub> of 6.50 mg/ml. All of the extracts inhibited alpha-amylase activity, especially the dichloromethane fraction of *M. coromandelianum* roots and methanolic fraction of *M. coromandelianum* stems. They showed the strongest effect on alpha-amylase inhibition compared to acarbose with the IC<sub>50</sub> of 0.07, 0.07 and 2.7 mg/ml, respectively (table 3).

## DISCUSSION

The retardation of postprandial glucose absorption is beneficial in diabetes mellitus prevention and care. Inhibition of alpha-amylase and alpha-glucosidase, the enzymes involved in the starch digestion and absorption, is one of the therapeutic approaches for reducing postprandial hyperglycemia. In this *in vitro* study, *S. acuta*, *A. indicum* and *M. coromandelianum* dichloromethane and methanolic fractions of the root, stem and leaf parts demonstrated an appreciable inhibitory activity on alpha-amylase from porcine, alpha-glucosidase from *Saccharomyces cerevisiae* and from rat intestine compared to 1-deoxyojirimycin and acarbose. Polar compounds were abundant in these plant materials due to higher yields of methanolic fractions than dichloromethane fractions. However, dichloromethane fractions showed stronger yeast alpha-glucosidase inhibition than methanolic fraction. For rat intestinal alpha-glucosidase, most methanolic fractions showed stronger inhibitory activity except *M. coromandelianum* root and leaf parts. Arciniegas *et al.* showed that the acetone extracts of *S. acuta* and *S. rhombifolia* aerial parts had potent inhibitory activities on alpha-glucosidases from *Saccharomyces cerevisiae* and rat intestine. Para-hydroxyphenethyl trans-ferulate and beta-sitosterol glucopyranoside isolated from these *Sida* spp. were reported as active compounds [8]. For alpha-amylase, most dichloromethane fractions had stronger inhibitory activity than methanolic fractions except the stems of *A. indicum* and *M. coromandelianum*. The phytochemical study of *M. coromandelialeaf* by Aderogba *et al.* was performed using 80% methanol extraction then successive partitioning with n-hexane, dichloromethane, ethyl acetate, n-butanol and water respectively. The ethyl acetate and n-butanol fractionation afforded apigenin-7-O-β-6'(p-coumaroyl)-glucopyranoside and apigenin-8-C-glucopyranoside (vitexin) [9]. Vitexin was revealed for potent alpha-glucosidase inhibitory activity *in vitro* [10].

## CONCLUSION

This *in vitro* studies of *S. acuta*, *A. indicum*, *M. coromandelianum* fractional extracts demonstrated the appreciable inhibitory activities on porcine α-amylase, yeast α-glucosidase and rat intestinal α-glucosidase enzymes involved in starch absorption. The results contributed the use in traditional medicine and provided

scientific information to continually validate the potential of these Malvaceae plants.

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## AUTHORS CONTRIBUTIONS

All the authors have contributed equally.

## CONFLICT OF INTERESTS

Declared none

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