

HUMAN PATHOGENIC MYCOTOXINS: CURRENT RESEARCH AND EMERGING TRENDS

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ABSTRACT

Fish utilization has been growing worldwide, primarily due to the availability, access, and price in relevance different style of meat consumption, such as grouse, pork, and poultry. Therefore, some problems begin to return back forward, primarily regarding the quality of fish on the market among the market. Fish health management is one all told the foremost vital problems among the assembly of cultivation species. Associate in nursing integer of studies has been conducted to acknowledge new procedures for reducing health problem of usually farmed species. Residues may be gift in any product of animal origin reason cost-effective losses and putt into a hazard human and animal welfare. Foodstuff contamination by mycotoxins may be a risk to human and animal health, and its in command of vital economic losses. Scenery phytotoxin laws are a flowery activity that involves interested parties and several other factors, each of a scientific and socio-economic nature might influence the institution of plant toxin limits and rules. The many countries had developed definite limits for mycotoxins in foodstuffs and feedstuffs, and therefore the number persists to grow, but the residual acceptable of mycotoxins within the fish remains nonexistent. Poison formation in agriculture foodstuffs happens in hot and wet weather, and inadequate or deficient storage facilities. In recent years, aflatoxins (AFs) and its environmental effects area unit mentioned in cultivation. This review is concentrated on effects of AFs in development.

Keywords: Foodstuff, Mycotoxins, Human research.

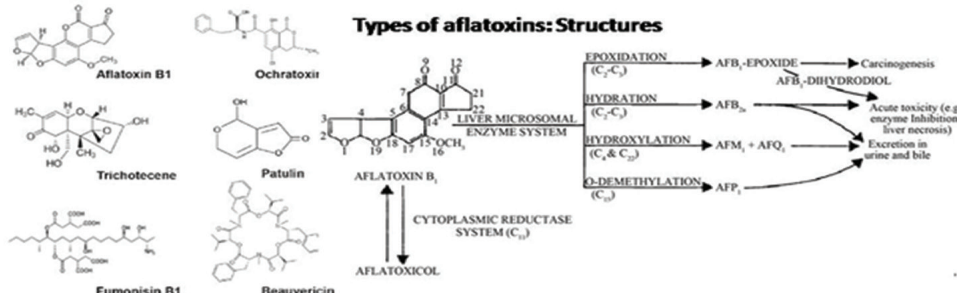
INTRODUCTION

Human being exposure to toxic chemicals may be allied with a wide array of human health disorders such as reproductive anarchy and birth scarcity, immune system inhibition, kidney and liver dysfunction, psychological health problems, and the endorsement of some types of cancer [103]. One of the main routes of human exposure to contaminants is the diet, with most foodstuff potentially hold natural or synthetic chemicals that could present toxic risk for the consumer. Victuals contagion by mycotoxins has been recognized as a public health hazard [42]. Mycotoxins can persist in organisms if the exposure is repeated or chronic [29]. Aflatoxins (AFs) include a stable and highly oxygenated structure of five fused rings and a lactone moiety [76]. Due to their diverse chemical structures and biosynthetic origins, mycotoxins have a myriad of biological effects with some being

classified as carcinogenic, immunosuppressant or estrogenic, thus potentially causing severe metabolic disorders in humans [2,71].

SCOPE AND APPROACH

This review deals with the diversity of consequences of these mycotoxins and their metabolites including AFs, ochratoxin A (OTA), fumonisins (FNs), deoxynivalenol (DON), acetyl deoxynivalenols (AcDONs), and zearalenone (ZEA) when entered through the food chain to human body. The goal is risk assessment to estimate the impact on human health and prevent exposure to multiple chemicals. The US-based Center for Disease Control, recently carried out tests on blood samples and also isolated the most poisonous and cancer-causing substance known as Aflatoxin B₁ (AFB₁). Medical sources show this type of aflatoxin damages the liver (<http://allafrica.com/stories/201608020624.html>).



AFs

AFs are a group of the carcinogenic composite produced by *Aspergillus* fungi that can grow on different agricultural crops. Both acute and chronic disclosure to these mycotoxins can cause serious infirmity. Due to the high occurrence of AFs in crops worldwide fast and cost-effective analytical methods are required for the identification of contaminated agricultural commodities before they are processed into final products and placed on the market [62]. AFB₁, aflatoxin M1 (AFM₁) as well as OTA and DON are considered potentially toxic mycotoxins [21]. They occur in staple foods and highly consumed commodities such as cereals, milk and dairy products, dried fruits and legumes, coffee, and wine and beer [101]. This review summarizes advances in understanding the pathogenesis of necrotic enteritis of foodstuffs caused by AFs. In terms of toxicity, AFB₁ > AFG₁ > AFB₂ > AFG₂ and is usually explained by the presence of epoxidation of the 8,9-double bond as well as the greater potency accompanying the cyclopentenone ring of the B series, when compared with the six-membered lactone ring of the G series. AFM₁ and AFM₂ are hydroxylated forms of AFB₁ and AFB₂. AFM₁ and AFM₂ are major metabolites of AFB₁ and AFB₂ in humans and animals and may be present in milk from animals fed on AFB₁ and AFB₂ contaminated feed [14].

AFs M₁ and M₂ were first isolated from the milk of lactating animals (mammals) fed with aflatoxin contaminated feeds, hence, the M designation [27,32]. AFs are toxic, mutagenic, and carcinogenic compounds that can contaminate various types of agro-products, among which peanuts are one of the most susceptible foodstuffs [105]. Blankson and Mill-Robertson [14] illuminated the metabolism of AFB₁ predominantly occurs in the primary target organ (liver) which results in the formation of AFB₁-8, 9-exo-epoxide and 8, 9-endo-epoxide. The exo-epoxide which is more toxic than the endo-epoxide usually binds to DNA to form the predominant 8, 9-dihydro-8-(N7-58 guanyl)-9-hydroxy AFB₁ (AFB₁-N7-Gua) adduct. AFB₁-N7-Gua may later be converted to an apurinic site, and a more stable ring-opened AFB₁-formamidopyrimidine adducts (which happens to be more far more persistent *in vivo* than AFB₁-N7-Gua). During aflatoxin metabolism, human cytochrome P450 (CYP) enzymes such as CYP3A4, 3A5, 3A7, and 1A2 play a very key role [54].

AFs have been classified as carcinogenic to humans (Group 1) by the International Agency for Research on Cancer (IARC) [38-40]. AFM₁ is a metabolite of AFB₁ in humans and animals and can be transferred through the food chain due to its presence in milk from animals consuming contaminated feed [62]. AFs (B₁, B₂, G₁, and G₂) are metabolites produced by fungi (*Aspergillus flavus* and *Aspergillus parasiticus*) in crops, animal feed, and dairy products. AFs are highly toxic contaminants in food and feed, and their amounts increase under bad storage conditions favorable for fungal growth [17]. AFM₁ is a hydroxylated metabolite of AFB₁ found in milk of cow fed with a diet contaminated with AFB₁ [41]. AFB₁ is known the most carcinogenic among all the AFs, and hence its metabolite AFM₁ is given critical attention. Strict regulations for AFM₁ in milk and dairy products have been set. For example, European Union limits the level of AFM₁ to no more than 0.05 µg/kg in milk and dairy products and 0.025 µg/kg in infant food. AFs are mycotoxins produced mainly by *A. flavus*, *Aspergillus parasiticus*, and *Aspergillus nomius* fungi species; these substances are considered some of the most powerful and toxic existing in nature. When ingested by humans or animals, AFs have acute or chronic toxic effects with severe consequences [13].

Barani et al. [12] epitomized that incidence of AFs' contamination in red pepper in Iran was significantly higher than black pepper (p<0.05) and indicates a serious hazard for human health. AFs and OTA have been detected frequently in food, agricultural products, and traditional Chinese medicines, and their presence poses serious health and economic problems worldwide. Ginger can easily be polluted with mycotoxins [107,108]. Senerwa et al. [78] exemplified that the mycotoxin producing fungi contaminate feeds pre- or post-harvest and produce AFs B₁, B₂, G₁, and G₂. AFB₁ is a Class 1 human carcinogen and

is converted to AFM₁ by cows and secreted in milk. AFM₁ is a Class 2B (possible) carcinogen and is associated with stunting in children. AFB₁ in feeds causes a decrease in milk production, reduced feed conversion efficiency, and reduced fertility. Shabani et al. [79] results suggest that nanozeolite (especially 0.75 and 1%) is able to reduce the adverse effects of AFs on meat quality, especially lipid oxidation. Asghar et al. [9] concluded that there is need to establish a strict and continuous national monitoring plan to improve safety and quality of spices in Pakistan. Somorin et al. [85] results highlighted the need for the development of strategies to reduce AFs contamination in "Egusi" for human consumption.

The investigation would benefit from the determination of the dynamic variation of AFs in infected herbs in preparation treatments, to further develop aflatoxin limits in herbal preparations [36]. Busia and Kisii Central districts have repeatedly reported high levels of AFs in foods [55]. The combination of AFB₁ with immobilized antibody introduces a barrier to electron transfer, resulting in current decrement [51]. In particular, high exposure to AFs may cause a fatal illness in people and animals, while chronic exposure can cause liver cancer in humans and, in domestic animals, growth depression, and immune suppression [45]. The study was conducted a qualitative, gendered study on awareness and perceptions of mycotoxins and how these influence risk of dietary exposure to mycotoxins among dairy farmers in Kenya [45]. Nikbakht et al. [61] concluded that high occurrence of AFM₁ in yogurt is a serious risk for public health. AFM₁ is a major carcinogenic compound that maybe existed in dairy products. Simao et al. [81] study describes a combination between hollow fiber membrane and dispersive liquid-liquid microextraction for determination of AFs in soybean juice by high-performance liquid chromatography (HPLC). The main advantage of this approach is the use of non-chlorinated solvent and small amounts of organic solvents.

TYPES OF AFs

According to Durolojkova et al. [22], AFs are potent toxic, carcinogenic, mutagenic, and immunosuppressive agents. Approximately 16 known types of AFs including AFB₁, aflatoxin B₂, aflatoxin B₃, aflatoxin G₁, aflatoxin G₂, aflatoxin G2a, AFM₁, aflatoxin M₂, aflatoxin P, and aflatoxin T2. The four major AFs that cause illness in humans and can be found in food are AFB₁, aflatoxin B₂, aflatoxin G₁, and aflatoxin G₂. The IARC has classified AFB₁ as a Group 1 carcinogen (carcinogenic to humans) and AFM₁ as a Group 2b carcinogen (carcinogenic to laboratory animals and possibly carcinogenic to humans, respectively).

AFs impact on fauna

Durolojkova et al. [22] enlighten that chronic exposure to sub-lethal doses of AFs can result in liver cancer; impaired protein formation, impaired blood coagulation, and toxic hepatitis. People who have aflatoxicosis might exhibit the following characteristics, namely, liver damage may be confirmed by jaundice and characteristic yellowing of tissues, Gall bladder may become swollen, immunosuppression may provide an opportunity for secondary infections, Vitamin K functions may decrease, and high level of AFB₁ - albumin adducts may be present in plasma.

OTA

Mycotoxins and their metabolites were estimated using the total diet study approach to assess the associated health risk to the people [109]. The OTA is a ubiquitous mycotoxin formed by fungi of offensively stored foodstuffs [66]. It is nephrotoxic and is alleged of being the main etiological driving force responsible for human Balkan endemic nephropathy (BEN) and associated urinary tract tumors. Outstanding relationship between OTA-induced porcine nephropathy in pigs and BEN in humans was observed. IARC has classified OTA as a possible human carcinogen (group 2B). At present, the mode of carcinogenic action by OTA is unknown. OTA is genotoxic following oxidative metabolism. This activity is thought to play a central role in OTA-mediated carcinogenesis and may be divided into direct (covalent DNA adduction) and indirect (oxidative DNA damage) mechanisms of action. Evidence for a direct

mode of genotoxicity has been derived from the sensitive ^{32}P -post-labeling assay. OTA facilitates guanine-specific DNA adducts *in vitro* and rat and pig kidney orally dosed, one adduct comigrates with a synthetic carbon (C)-bonded C8-dG OTA adduct standard. The low molecular weight hapten, OTA, is a natural carcinogenic mycotoxin produced by *Aspergillus* and *Penicillium* fungi and so it commonly appears in wines, other foods, and in the environment [91].

The most known mycotoxins are the AFs, patulin, citrinin, fumonisin B₁ (FB₁), ZEA, and the OTA [24]. In fact, OTA is produced by different species of *Aspergillus* and *Penicillium* such as *Aspergillus ochraceus*, *Aspergillus carbonarius*, *Penicillium verrucosum*, and *Penicillium nordicum*. However, *A. carbonarius* is considered to be the main producer of OTA on coffee and grapes [23]. Cabañes *et al.* [16] conducted that experiment only *A. carbonarius* isolates were detected as producers of OTA. The report is a strong evidence by the contribution of *A. carbonarius* in the OTA contamination in wine. Sharma *et al.* [80] reported that the nephrotoxic food mutagen OTA produced DNA adducts in rat kidneys, the major lesion being the C8-linked-2'-deoxyguanosine adduct (OTB-dG). The ability of OA to move up the food chain is aided by its long half-life in certain edible animal species [47]. The filamentous fungus *Aspergillus niger* exhibits great diversity in its phenotype. It is found globally, both as marine and terrestrial strains, produces both organic acids and hydrolytic enzymes in high amounts, and some isolates exhibit pathogenicity [7]. Krogh *et al.* [46] first report which elucidates the association of OTA and citrinin and a naturally occurring disease in domestic animals. El Khoury [24] experimental results revealed that six essential oils reduced the expression of the five imperative genes. Mishra *et al.* [58] intend for the 1st time a sensitive OTA detection in cocoa beans using competitive aptasensor by differential pulse voltammetry. Arduini *et al.* [8] results demonstrated the possibility of employing a single clean-up and a cost-effective, and easy to use analytical system for both AFB₁ and OTA detection at $\mu\text{g}/\text{kg}$ (ppb) level. It is generally Karczmarczyk *et al.* [44] assumed that fast and sensitive biosensor for detection of OTA in a red wine that utilizes gold nanoparticle-enhanced surface plasmon resonance. Consumption of OTA contaminated diets by broilers results in economic losses to the poultry industry. Supplementation of 1 mg OTA/kg diet caused time-dependent alterations in renal gene expression in chicks [110].

It was clearly depicted that sorbic acid under-dosing, in addition to not preventing fungal growth, can stimulate the production of OTA in isolates of *A. carbonarius* and *A. niger* [5]. Moreover, its expression profile was similar to the two biosynthetic genes previously identified, *AcOTApks* and *AcOTAnrps*, indicating a strong correlation of *AcOTAhsl* gene with the kinetics of OTA accumulation in *A. carbonarius* [26].

FNs

FNs can cocontaminate foodstuffs and have been associated with hepatocellular and esophageal carcinomas in humans at high risk for exposure [59]. On the contrary, beauvericin is a mycotoxin produced by *Fusarium* species, frequently occurring in cereal grains in combination with FB₁ and DON [4]. The authors declare that the maize is the predominant food source contaminated by FNs, and this has particular health risks for communities consuming maize as a staple diet. The main biochemical effect of FNs is the inhibition of ceramide biosynthesis causing an increase in sphingoid bases and sphingoid base 1-phosphates and a depletion of the complex sphingolipids, thereby disrupting lipid metabolism and sphingolipid-mediated processes and signaling systems [94].

FNs are a family of naturally occurring mycotoxins mainly produced by *Fusarium verticillioides* and *Fusarium proliferatum* [95]. They are ubiquitous contaminants of cereal grains worldwide, with at least 15 variants isolated, including A, B, C, and P variants [15]. FB₁, the representative mycotoxin, causes several fatal animal diseases, including leukoencephalomalacia in horses, pulmonary edema in swine, neural tube defects in mice, nephrotoxicity in rodents, and hepatotoxicity in horses, swine, and rats [19,53,96-98]. In addition,

FB₁ is a carcinogen and strong tumor promoter in animal and human cell models [6,30,36]

Necrotic enteritis in chickens develops as a result of infection with pathogenic strains of *Clostridium perfringens* and the presence of predisposing factors. Predisposing factors include elements that directly change the physical properties of the gut, damaging the epithelial surface, inducing mucus production, or changing gut transit times; factors that disrupt the gut microbiota; and factors that alter the immune status of birds [60]. The coexposure to AFB₁ and FB₁ in residents of rural China may contribute to the etiology of human chronic diseases in high-risk areas [87]. Future initiatives to better understand the relationship between FNs and human health should emphasize validation of biomarkers, such as urinary FB₁ concentration, as well as comparative studies to determine which animal models are most relevant to humans [99].

DON

DON, a trichothecene mycotoxin produced by *Fusarium graminearum*, is harmful to humans and animals [35]. Because different nitrogen sources are known to have opposite effects on DON production, in this review, we characterized the interactions and their mechanisms. The present review intended to help fill the gap on the scarcity of information concerning DON. The results strongly suggest that ingestion of DON naturally contaminated feed impaired intestinal barrier and immunological functions by modulating expression of genes coding for proteins involved in tight junctions, tissue remodeling, inflammatory reaction, oxidative stress reaction, and immune response [49]. Changes in DON and deoxynivalenol-3-glucoside (D3G) levels during noodle dough fermentation were opposite that for bread. Moreover, DON levels were increased after the noodle dough extrusion, whereas D3G levels were decreased [112].

The probabilistic assessment study indicated that high-end exposure to DON and its derivatives should be concerned, especially for children. Rigorous formulation of maximum limits for DON and its derivatives in the relevant foodstuffs combined with increased monitoring should be considered as an effective way to reduce risk [88]. Wolfarth *et al.* [104] concluded that nematodes and collembolans significantly contribute to the degradation of the mycotoxin DON in wheat straw and protect soil from DON contamination as an ecosystem service. The effects of DON and ZEA on reproduction in ruminants are unclear. In investigational conclusion, DON and ZEA metabolites may impair *in vitro* cell proliferation, steroid production, and gene expression in cattle [67].

Analysis of DON and its metabolites 3-acetyldeoxynivalenol (3-ADON) and 15-acetyldeoxynivalenol (15-ADON) in wheat flour samples by LC-tandem mass spectrometry (LC/MS/MS) during 2011–2013 was conducted [50]. Pralatnet *et al.* [68] results suggested that the risk of DON exposure through noodles and breads is very low in urban areas of Thailand. No risk can be attributable to AFB₁ exposure in the same food matrices, but further studies with a larger sample size are needed to confirm. Thanner *et al.* [90] concluded that the urinary DONE/creatinine ratio and the urinary ZEAe/creatinine ratio can be used as biomarkers for DON and ZEA intake in pigs.

DON naturally contaminated feed impairs the immune response induced by porcine reproductive and respiratory syndrome virus (PRRSV) live attenuated vaccine, and feeding pigs with DON-contaminated diet could inhibit vaccination efficiency of PRRSV modified live vaccine by severely impairing viral replication [72]. More recently, Ren *et al.* [70] culture-independent studies results indicate that an imbalance in calcium homeostasis and intracellular acidification are components of DON cytotoxicity in chicken lymphocytes. The variation pattern in DON content at the field scale is related to variations in soil texture, drainage conditions, crop density, and tillage strategy [84].

Wu *et al.* [106] results clearly showed that the feeds containing DON cause a wide range of effects in a dose-dependent manner. Such effects include weight loss, live injury and oxidation stress, and malabsorption

of nutrients as a result of selective regulation of nutrient transporter genes such as EAAC-3, SGLT-1, PepT-1, CAT-1, and LAT-1. Collectively, Clark [18] findings suggest that sex and advanced life stage should be considered when formulating risk assessments for DON and other trichothecene mycotoxins. DON had no significant effect on clinical manifestation of PCVAD in PCV2b infected animals. DON has neither *in vitro* nor *in vivo* clear potentiating effects in the development of porcine circovirus infection despite slight increases in viral replication [73].

AcDONs

The most predominant mycotoxins found in small-grain cereals are 8-ketotrichothecenes (type B trichothecenes) such as DON (also known as vomitoxin) and nivalenol and their acetylated derivatives including 3-ADON and 15-ADON, as well as an estrogenic mycotoxin, ZEA [100]. Stuper-Szablewska *et al.* [86] study showed a significant effect of the milling process on levels of mycotoxins in the final product. The results suggested the conversion of DON and its derivatives may occur during wheat grain and flour storage [114].

ZEN

ZEAs are estrogenic fusarium mycotoxins consisting of a resorcinol moiety fused to a 14-member macrocyclic lactone. Substantial human estrogenicity was retained even in analogs lacking hydroxylation on the aromatic and macrocyclic rings [82]. At present, zearalenone-14-glucoside is in the pipeline, and its toxicological role is under a glowing scientific debate. In our work, it clearly showed high toxicological concerns as it is prone to conversion to well-known toxic compounds (i.e., ZEA and both zearalenol isomers) when exposed to breast cancer cells culture [20]. ZEA is a β -resorcylic acid macrolide with various biological activities. Herein, we report the synthesis and cytotoxic activities of 34 ZEA analogs against human oral epidermoid carcinoma (KB) and human breast adenocarcinoma (MCF-7) cells as well as noncancerous Vero cells [89]. The fact that β -ZEL was the predominant ZEN metabolite in horses not evidently exposed to mycotoxins along with its higher cytotoxicity raises the question of possible implications of this metabolite in interference with the equine immune system [75]. Sangsila *et al.* [74] results indicate that *Lactobacillus pentosus* strains are novel promising strains to reduce mycotoxin contamination in food products. ZEN and its reductive metabolite, α -zearalenol (α -ZEL), were present in pregnant women (11 out of 30 subjects) as conjugates at levels near the limit of quantification. The average total urinary concentration was 0.10 $\mu\text{g/L}$ for ZEN and 0.11 $\mu\text{g/L}$ for α -ZEL [28].

MANAGEMENT APPROACH ON THE REDUCTION OF AFS

Due to the toxicity of AFS post-harvest food, various studies for the reduction of AFS have been carried out across the world. In general, the removal of AFS is very difficult since they are stable and heat-resistant in dried materials [57]. Many researchers have tried to reduce AFS in foods and their materials through various methods. In general, the detoxification methods of removing AFS from contaminated foods and feeds are classified as physical, chemical, or biological treatments. For physical treatments, Hwang and Lee [37] reported that washing and heating processes were able to decrease the level of AFS in contaminated wheat by 50% and 90%, respectively. In the case of pressure-cooking in rice, it was able to reduce AFS by 80% [64]. The barrel temperature and material moisture have significant influences on the degradation rate of AFB₁, while the feed rate or screw speed has no significant influence [113]. In particular, Fan *et al.* [25] reported that alkaline-electrolyzed water (AIEW) influences the substantial degradation of AFS, depending on pH, the volume of AIEW, and the oil matrix in edible plant oils. In addition, *Rhodococcus erythropolis* decreased the level of AFS with high efficiency in lipid cultures [3]. Food irradiation as a technique to bring down the AFS contamination in foods was reported [33]. With gamma radiation of 25 kg, reduction rates of AFS were up to 40%.

The effects of chemical, physical, and cooking treatments on the reduction of AFB₁, B₂, G₁, and G₂ in soybean matrix were investigated. The reduction rate of AFB₁ after cooking was 97.9% for soybean

milk and 33.6% for steamed soybeans [48]. Schwartzbord *et al.* [76] accomplished experiments testing laboratory-grade ethanol and clarin provide evidence that the latter can serve as a low-cost alternative to effectively reduce aflatoxin concentrations in oil pressed from high aflatoxin peanuts. The findings augur the need for interventions that will improve food safety in Haiti and limit exposure to AFS, particularly among rural communities [77]. Some studies have reported, the selection of transgenic hybrids will not replace integrated strategies of biocontrol, host plant resistance, or good crop management practices for achieving adequate mycotoxin control in corn [1].

OCCURRENCE OF MYCOTOXINS IN COMMERCIAL AQUA FEEDS: A REAL RISK TO AQUACULTURE?

There is increasing awareness of the negative effects of mycotoxins in aquatic species, which is highlighted in recent publications. Partly due to climate change associated with an overall increase of mycotoxins contamination in plant ingredients, and also due to the tendency to replace expensive animal-derived proteins, such as fish meal, by more economical plant proteins sources, which increases the probability of mycotoxin contamination in aquaculture feeds [34]. The risk of cooccurrence is high, and the knowledge on the effects of multimycotoxins contamination in aquatic species is basically none [31]. The mycotoxins concentrations used in the study, alkaline phosphatase (AP) from farmed *Litopenaeus vannamei* was sensitive to the presence of both mycotoxins; however, AP is more sensitive to the combination of AFB₁ and FB₁, suggesting a possible synergistic or potentiating inhibitory effect [65].

The T-2 toxin (T-2) is a trichothecene-A-type mycotoxin produced by the fungus *Fusarium* spp., which can contaminate animal feed. It is toxic to many living cells, especially the hepatocytes and bone marrow cells. The effects of dietary T-2 on growth, biochemical and immunity parameters, and histopathological changes in the hepatopancreas of white shrimp (*L. vannamei*). Collectively, these effects may have contributed to the inhibition of growth and decreased survival rate leading to a lower yield and quality of shrimp meat with resultant economic loss. Enlightenment of this challenge, this review identifies major research gaps and confers the way forward. *Yucca schidigera* extract (YSE) is composed of steroidal saponins, polysaccharides, and polyphenols, which have great absorption capacity for harmful volatile compounds, such as ammonia and hydrogen sulfide. Addition of 0.2% YSE in the diet was beneficial to the growth and non-specific immunity of white shrimp and water quality (Yand *et al.*, 2015). Changes in both electrophoretic patterns and thermodynamic properties of myosin extracted from shrimp exposed to FB₁ were observed [56]. reduction in the levels of serum total protein, albumin, globulin, glucose, cholesterol, ALT, and elevation of AST and GGT and variable ALP levels observed in unsexed Japanese quail (*Coturnix japonica*) chicks to T₂-toxin treated groups [52]. Zeng *et al.* [111] concluded that the AFB₁ level in Pacific white shrimp (*L. vannamei*) diet should be <38.1 $\mu\text{g/kg}$.

MYCOTOXIN RESIDUES IN FISH AND RISKS FOR PUBLIC HEALTH

Global climate change is likely to change the degree of human exposure to pollutants and the response of human populations to these exposures, meaning that hazard of pollutants could revolutionize in the future. Changes in human behavior will also affect how humans come into contact with contaminated air, water, and food. Dietary changes, psychosocial stress, and coexposure to stressors such as high temperatures are likely to increase the vulnerability of humans to chemicals [11]. Fresh food products have a high-income elasticity of demand and few traditional trade barriers in high-income markets [93]. Mycotoxins have been integrated as precedence food contaminants by the Global Environment Monitoring System/Food Contamination Monitoring Assessment Programme of the WHO [102]. Mycotoxins are typically thermostable, tend to continue during the transformation and processing of infected plants and are usually not eradicated through cooking and sterilization [83,92]. The Food and Agriculture Organization's interest in emerging diseases caused by foodborne

pathogens derives from its role as the leading United Nations agency with a mandate for food quality and safety matters [63]. The toxic effect of AFs and ZEA and their combination on laying performance, egg quality, and toxins residues in eggs [43].

CONCLUSIONS

There is, therefore, an urgent need for rigorous monitoring of the contamination levels of the local food supply to ensure that maximal limits in foods are not exceeded. The study's findings call for further larger-scale studies aiming at providing a comprehensive assessment of the dietary exposure of the Lebanese population to mycotoxins as well as to other food contaminants. Such studies are crucial to catalyze the development and adoption of proper management strategies to ensure the safety of the food supply in the country. Education of farmers, feed manufacturers and traders on good agricultural and feed storage practices could reduce the level of contamination and multiplication of aflatoxin producing fungi and increase profits for the dairy farmers [78]. Asghar *et al.* [10] suggested that the newly developed HPLC methods could be effectively functional for the routine analysis of the AFs in different cereals and grains. Several programs should continuously be developed by different health agencies to have a better understanding of the effect of these substances and to develop a unified strategy.

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