

SYNERGISTIC CYTOTOXIC EFFECT OF STATINS AND BISPHOSPHONATES ON SQUAMOUS CELL CARCINOMA CELL LINE

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ABSTRACT

Objective: The present study aimed at evaluating the *in vitro* cytotoxic effect of simvastatin (sv) and alendronate (aln) on squamous cell carcinoma cell line (Hep-2 cells).

Methods: Hep-2 cells were divided into four groups; Control group where cells were cultured in the routine culture medium. Alendronate Group (A) consisting of cells cultured in aln in its IC 50. Simvastatin Group(S) cultured in sv in its IC 50. And finally, a combined group (A+S) comprising cells cultured in combined IC 50 dose of sv and aln. To assess the effect of these drugs on Hep-2 cells, cell viability was measured in addition to measuring vascular endothelial growth factor (VEGF) expression by Elisa.

Results: In all groups, a decrease in the mean viability percentages of the treated Hep-2 cells in relation to control cells was observed in all groups. The combination of both agents exhibited a significant (P-values <0.05) synergistic effect on decreasing cell viability and angiogenesis of Hep-2 cells *in vitro*. VEGF measures in all groups were significantly lower than the control group (P-values < 0.05). The combination of both drugs at their IC 50 doses can lower the VEGF production by Hep-2 cancer cells (P-values < 0.05).

Conclusion: A combination of sv and aln in their IC50 doses has a dramatic effect on lowering the proliferation and VEGF expression in Hep-2 cancer cells cultured *in vitro*.

Keywords: Cancer, Chemotherapy, Mevalonate pathway, Statins, Bisphosphonates, Angiogenesis, Cell viability, Cytotoxicity

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INTRODUCTION

Cancer is a disease characterised by high mortality and morbidity rates that persistently represents a threat to human life [1]. It is estimated to cause about 7.6 million deaths per year, with 64% of these cases in developing countries [2, 3].

Cancer is considered a multistep disease which involves many changes in cell physiology leading to malignant tumours. Of these changes, is the abnormal cellular growth, i.e. uncontrolled proliferation, and is considered the main biological endpoint of the disease [4]. Tumor cells invasion of adjacent tissues and distant organs, however, are the main cause of morbidity and mortality for nearly all cancer patients [4].

Nevertheless, cancer therapy is still one of the fields where medicine needs much improvement in order to achieve higher efficacy and lower side effects. In conjunction with surgery and radiotherapy, antineoplastic chemotherapy is a standard regimen that is used in the treatment of squamous cell carcinoma of the head and neck (HNSCC) [1]. In addition to chemotherapeutic agents, which are routinely used in cancer treatment protocols, other pharmaceutical compounds are constantly being under trials to face cancer and also to overcome the deleterious side effects of chemotherapy on normal cells neighbouring cancer [5].

Simvastatin, one of the statins, has a potent antitumor activity *in vitro* [5] and was shown to possess *in vivo* anti tumor activity in some preclinical models [6, 7]. Statins work by increasing the effectiveness of anti-cancer drugs, decreasing the resistance of cancer cells and protecting normal cells from the side effects of anticancer agents. Statins family is the most famous HMG-COA reductase inhibitors used in the treatment of hypercholesterolemia. These drugs act by depleting the cellular pool of isoprene precursors so in addition to lowering cholesterol levels they also play pleiotropic biological effects by inhibiting small cell regulating proteins GTPases

as Ras and Ras homologous (Rho). Drug induced interference with the mevalonate pathway will alter the Ras/Rho regulated signalling pathways that allow tumor formation and affects the efficacy of anticancer therapeutic drugs [5].

On the other hand, the N-containing bisphosphonates (NBP) family which includes Alendronate, Zoledronic Acid, Pamidronate and Ibandronate decrease the prenylation of Ras and Rho GTPases and down regulates the protein kinases ERK and AKT/PKB. Also, they increase the levels of p21 and p27 proteins [8].

Preclinical studies suggest that BPs may also reduce tumor cell proliferation and viability and increase cellular apoptosis. They also play a role in increasing the efficacy of many anti-neoplastic therapies by inhibiting tumor cell angiogenesis. They also possess an immunomodulatory effect and can decrease tumor cell adhesion and invasion. In conclusion, bisphosphonates are considered by many researchers as antiproliferative, pro-apoptotic, anti-angiogenic (decrease VEGF and PDGF) [12-19].

Our objective in this research was to evaluate the potential of combining cancer therapy with Simvastatin and Alendronate for the treatment of oral squamous cell carcinoma. This was achieved through evaluating the *in vitro* cytotoxic effect of combining both drugs on Hep-2 cell line and also to test the effect of this combination on angiogenesis of cancer cells.

MATERIALS AND METHODS

Chemicals and reagents

-Alendronate (4-amino-1-hydroxy butylidene-1, 1-bisphosphonate) (ALN) preparation:

Stock solutions of the compounds (10 or 20 mol) were prepared in distilled water (pH adjusted to 7.4) and filter-sterilized using a 0.2 µm filter.

-Simvastatin preparation (Sv):

Stock solutions of the compound were prepared by dissolving the powder in DMSO (dimethyl sulfoxide) not exceeding 0.1%.

-Squamous cell carcinoma cell line (Hep-2) was purchased from Cell Culture Department-VACSERA-EGYPT.

-DMEM-medium, penicillin, streptomycin were purchased from Life Technologies, USA.

-The MTT Reagent and Detergent Solution were obtained from TACS™TREVIGEN®8405 Hegerman Ct. Gaithersburg.

-Human VEGF Elisa kit (Wuhan Huamei Biotech Co, Ltd, Donghu, China)

Preparation of alendronate and simvastatin

For the preparation of Alendronate (4-amino-1-hydroxy butylidene-1, 1-bisphosphonate) (ALN) preparation stock solutions of the compounds (10 or 20 mmol) were prepared in distilled water (pH adjusted to 7.4) and filter-sterilized using a 0.2 µm filter. As for Simvastatin preparation (Sv), stock solutions of the compound were prepared by dissolving the powder in dimethyl sulfoxide (DMSO) not exceeding 0.1% (alendronate and simvastatin were purchased from Sigma-Aldrich).

Calculation of IC50 of Aln and Sv

Squamous cell carcinoma cells (Hep-2) were seeded in 96-well µtiter plates at an initial concentration of 3×10^3 cell/well in a 150 µl fresh medium and left for 24 h to attach to the plates (Squamous cell carcinoma cell line (Hep-2) was purchased from Cell Culture Department-VACSERA-EGYPT). Different concentrations of drug were added. For each drug concentration, 3 wells were used. The plates were incubated for 48 h. The cells were fixed with 50 µl cold trichloroacetic acid 10% final concentration for 1 hour at 4 °C. The plates were washed with distilled water using the automatic washer (Tecan, Germany) and stained with 50 µl 0.4 % SRB dissolved in 1 % acetic acid for 30 min at room temperature. The plates were washed with 1 % acetic acid and air-dried. The dye was solubilized with 100 µl/well of 10Mol tris base (pH 10.5) and optical density (O. D.) of each well was measured spectrophotometrically at 570 nm with an Elisa microplate reader (Sunrise Tecan reader, Germany). The mean background absorbance was automatically subtracted and means values of each drug concentration was calculated. The experiment was repeated 3 times. IC50 was defined as the concentration of drug that inhibited cell growth by 50% (PRISM, GraphPad Software Inc., San Diego, CA, USA). The percentage of cell survival was calculated as follows, Surviving fraction = O. D. (treated cells)/O. D. (control

cells). The IC50 values (the concentrations of Aln and Sv required to produce 50% inhibition of cell growth) were calculated.

Cell line and cell culture

Cells were grown in DMEM-medium (4,500 mg/ml of glucose, glutamax and sodium pyruvate) supplemented with 10% fetal calf serum (FCS), 50 U/ml penicillin and 50 Ig/ml streptomycin, at 37 °C in a 5% CO₂ humidified atmosphere. Hep-2 cells were then divided into four groups, Control group cultured in routine culture medium, Group (A) cultured in Aln in its IC 50, Group (S) cultured in Sv in its IC 50 and finally, Group (A+S) cultured in combined IC 50 dose of Sv and Aln.

Cell viability experiments

The MTT Reagent was added (10 µl per well) and the plate was incubated for 2 to 4 h to allow for intracellular reduction of the soluble yellow MTT to the insoluble purple formazan dye. When the purple precipitate was clearly visible under the microscope, the detergent reagent was added (100 µl per well) to solubilize the formazan dye. The quantity of formazan product as measured by the amount of 490 nm absorbance is directly proportional to the number of living cells in culture. Plates were left with the cover in the dark for 2 to 4 h or overnight at room temperature. The plate cover was removed and the absorbance in each well was measured at a range from 490 to 630 nm in a microplate reader. The optical density (O. D) values were measured at a range from 490 to 630 nm using an enzyme-linked immunosorbent assay plate reader (Dynatech MRX 5000; Dynex, Chantilly, VA).

Elisa for VEGF

VEGF was assessed to evaluate the ability of cancer cells for angiogenesis (pg/ml). Human VEGF Elisa kit was used according to manual instructions. The supernatant of the cultured cell was collected in each group to measure VEGF presence using Elisa reader.

Statistical analysis

Data were coded and entered using the statistical package SPSS version 21. Data were summarised using mean±standard deviation for quantitative variables. Comparisons between groups were done using analysis of variance (ANOVA). P-values less than 0.05 were considered as statistically significant.

RESULTS

IC50 calculation results

IC50 of Sv was 6.534 µmol while that of Aln was 30.56 µmol (fig. 1).

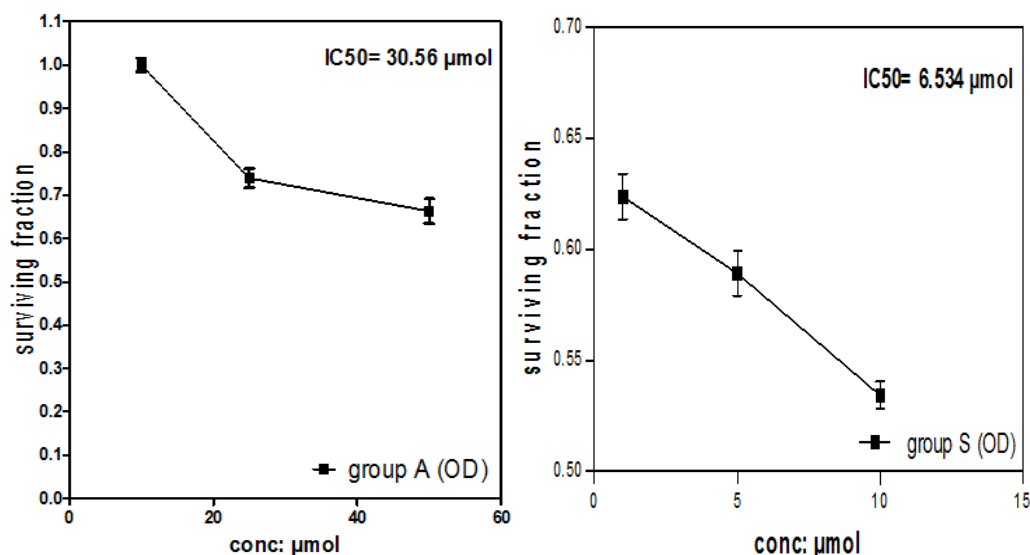


Fig. 1: IC 50 calculation of alendronate and simvastatin (n=24)

Cytotoxicity assay results

Cytotoxic effect was determined 48 h post treatment with Aln, Sv, Aln+Sv. In all groups, a decrease in the mean viability percentages of the treated Hep-2 cells in relation to control cells was observed in all groups (fig. 2). The mean viability in was lower than that group (S). The mean viability of the combined group (A+S) was lower than group (A) or group (S) used alone. This means that combining both drugs showed the higher cytotoxic effect on HEP-2 cell line.

The combination of both agents exhibited a synergistic effect. Descriptive statistics analysis of the cytotoxicity assay comparing control group (CN) with the groups treated with Aln, Sv, Aln+Sv, revealed that there was a statistically significant difference between all groups and the control group which means that both Sv and Aln and combination of their IC 50 doses exhibited cytotoxic effect on Hep-2 cancer cells (P-values < 0.05). There was no significant difference in the cytotoxicity of Aln and Sv used alone suggesting that both groups have nearly the same cytotoxic effect on Hep-2 cells when used separately (p-values >0.05).

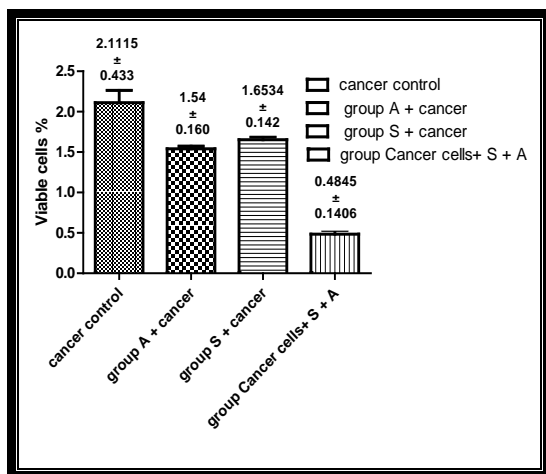


Fig. 2: Effect of simvastatin, alendronate and combination on cancer cell viability (n=24, p < 0.0001, data given in mean±SD)**

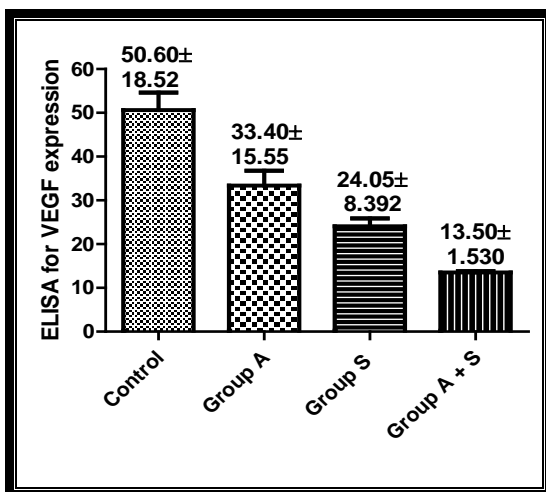


Fig. 3: Effect of simvastatin, alendronate and combination on vascular endothelial growth factor expression in cancer cells (n=24, p < 0.0001, data given in mean±SD)**

Elisa for VEGF results

VEGF measures in all groups were significantly lower than the control group (P-values < 0.05). The mean of VEGF in the group (S) was lower than that of the group (A). The mean of VEGF expression

in the combined group (A+S) was lower than each group separately (group S or group A) alone. There was a synergistic effect towards decreasing the VEGF expression in the combined group (S+A). Descriptive statistical analysis of cytotoxicity assay comparing control group (CN) with the groups treated with Aln, Sv, Aln+Sv, revealed that there was a statistically significant difference between all groups and the control group suggesting that both Sv and Aln and combination of both drugs at their IC 50 doses can lower the VEGF production by Hep-2 cancer cells (P-values < 0.05) (fig. 3). There was no statistically significant difference in VEGF expression between groups treated with Aln and Sv alone suggesting that both groups have nearly the same effect on Hep-2 VEGF expression when used separately (p-values > 0.05).

DISCUSSION

In this study, we describe the differential response of OSCC cell line to the simultaneous targeting of HMG Co-A reductase and the farnesyl transferase pathways.

Aln and Sv are members of two families known to suppress enzymes in the mevalonate pathway. Aln is a farnesyl pyrophosphate synthase inhibitor and Sv is an HMG CoA reductase inhibitor. The combination of both drugs can effectively inhibit the mevalonate cascade and the generation of downstream isoprenoids and geranylgeranylation of proteins [23].

Bisphosphonates, which are potent inhibitors of bone resorption, have been recently used in bone diseases induced by cancer. The benefits of BPs in treating such diseases are mainly due to their anti-osteoclastic properties. There is increasing evidence that BPs also directly inhibit cancer cells by acting either on tumour cell proliferation/survival or by having an anti-angiogenic potential [22]. Many *in vitro* studies have established the antiproliferative effects of pamidronate or Aln on different cancer cells, such as osteosarcoma, breast, myeloma, and melanoma and recently on neuroblastoma cancer cells [23].

In the present work, there was a decrease in the mean viability percentages of the treated Hep-2 cells in relation to control cells in all groups. The mean viability in the group (A) was lower than that of the group (S). There was no statistically significant difference in cytotoxicity of Aln and Sv used alone suggesting that both groups nearly have the same cytotoxic effect on Hep-2 cells when used separately.

According to Muller *et al.*, Aln presented a desirable effect when treating angiogenesis exhibiting carcinoma [24]. They tested three nitrogen containing bisphosphonates and showed that Aln was the most powerful in inhibiting tumor growth of A431 human epidermoid carcinoma cells. Farese *et al.*, indicated that alendronate with concentrations ranging from 10 to 1000 micro M. may play a role in inhibiting canine osteosarcoma tumor growth after 48 h culture in a dose dependent manner [25]. Menter *et al.*, demonstrated the role of Sv in down-regulating tumor cell proliferation in prostate cancer cell lines [25]. In accordance, Min L. showed that Sv also inhibited the proliferation of colon cancer cell line *in vitro* in time-and dose-dependent manner. IC50 values of Sv determined at 96 h were 45.6 and 33.7 μMol. Similarly, Wu *et al.*, found that Sv suppressed human U251 and U87 glioma cell proliferation in a concentration of 10 μmol. Colonies sizes decreased after Sv treatment as compared to control, suggesting that Sv may repress the proliferation of glioma cell *in vitro*, when used at higher concentrations [27]. These effects may be due to retarded growth. The difference in the dose used may be attributed to the difference of cell line used and its sensitivity to the drug.

In the present research, the mean viability of the combined group (A+S) was lower than group (A) or group (S) when used alone. This suggests that combining both drugs showed the higher cytotoxic effect on HEP 2 cell line. The combination of both agents exhibited a synergistic effect. Descriptive statistics of cytotoxicity assay demonstrated a statistical significance between all treated groups and the control group which suggested that both Sv and Aln and their combination of their Ic 50 doses exhibited a cytotoxic effect on Hep-2 cancer cells.

VEGF a leading mediator of angiogenesis involved in the growth of almost all tumour [28]. Thus, anti-angiogenic therapy targeting the inhibition of VEGF production and/or its effects on endothelial cells is considered a very important step towards solid cancer treatment since preventing angiogenesis leads to cancer mass shrinkage and further regression.

Our research showed that VEGF measures in all groups were significantly lower than the control group. The mean of VEGF in S group is lower than the mean in the group (A). There was no statistically significant difference in VEGF expression of groups treated with Aln and Sv alone denoting that both groups have nearly the same effect on Hep-2 VEGF expression when used separately.

In accordance with previous studies [29] demonstrating the association of bisphosphonates with the antitumor and antiangiogenic effects, novel possibilities for this drug class are proposed.

In contrast to the data of our group demonstrating that VEGF production decreases by statin-treated cancer cells, Takenaka *et al.*, demonstrated that Sv significantly stimulated VEGF to release in a dose-dependent manner in A10 rat vascular smooth muscle cells [30]. The stimulation was, however, visible, at high, micro molar concentrations of the drug. Also, in another recent study, Sv enhanced VEGF expression in hearts of apo E knockout mice, improving [31].

The mean of VEGF expression in the combined group (A+S) was lower than in each group separately (group S or group A) alone. There was a synergistic effect towards decreasing the VEGF expression in the combined group (S+A). Descriptive statistics analysis of cytotoxicity assay comparing control group with the groups treated with Aln, Sv, Aln+Sv, revealed a statistically significant difference between all groups and the control group suggesting that both Sv and Aln and the combination of both drugs at their IC 50 doses are capable of lowering the VEGF production of Hep-2 cancer cells.

In the current study, it was illustrated that a synergistic effect can be obtained from combining Sv with Aln. Combining both Aln and Sv significantly decreased cancer cell viability as well as angiogenesis in contrast to the results obtained when each drug acted separately.

In addition to their effects on the proliferative pathways, it is important to note that Statins are currently under intense research regarding their role in immunomodulation, proteasome inhibition and disruption of pathways associated with inflammation and angiogenesis validating their anti-neoplastic properties [32-40].

CONCLUSION

Further preclinical and clinical trials are mandatory to assess the effect of different members of these cholesterol controlling families and different doses in treating cancer of head and neck. A combination of Sv and an in their Ic50 doses demonstrate a dramatic effect on lowering the proliferation and VEGF expression of Hep-2 cancer cells cultured *in vitro*. However, it is recommended to further study the clinical relevance of these *in vitro* findings and apply it *in vivo*. Combining Aln and Sv could be indicated in the near future as an adjuvant to existing chemotherapeutic protocols.

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AUTHOR CONTRIBUTION

All authors have conceived and designed the experiment. Dr Dina Sabry has performed the ELISA testing. All authors have contributed in analysing the data and writing the paper.

CONFLICTS OF INTERESTS

Declared none

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