INTRODUCTION

Sickle cell disease is a genetic hemoglobinopathy of autosomal recessive inheritance affecting the β chain of the protein. It is due to an amino acid permutation which induces a change in the confirmation of the chain (qualitative anomalies) that allows it to polymerize when deoxygenated. According to Aygun and Odame [1], there are Hemoglobin A (Hb A), natural, Hemoglobin S (Hb S) caused by the β (A2-) mutation where glutamic acid (Glu) is substituted by valine (Val) and Hemoglobin C (Hb C) caused by the β (A2+) mutation where glutamic acid (Glu) is replaced by lysine (Lys).

While healthy carriers of Hb S/HbA (Hb AS) or Hb AC have few clinical manifestations, the impact is important for HbsS homozygotes. The polymerization of hemoglobin will induce a change in conformity of the red blood cell (passage from a biconcave to a sickle shape), reducing both its life and its functional capacity. The clinical signs that will appear initially are chronic anemia and high susceptibility to infections and then complications may arise due to alteration of the blood circulation inducing cerebrovascular accidents caused by vaso-occlusive crisis, hypoxia coupled with pulmonary infiltration resulting in acute thoracic syndrome, aplastic anemia that can lead to death, stunting and various complications in adulthood [2].

In 1994, the World Health Organization (WHO) estimated that 120 million people (2.3% in the world) had the sickle-cell mutation. On the other hand, in Africa, this rate can reach 40% [3].

Available treatments are limited. The marrow transplantation remains at present the only curative treatment but it is not possible in developing countries where the care consist to prevent complications and relieve pains [4].

Treatment with hydroxyurea to reduce the risk of stroke, acute thoracic syndrome and also reduce inflammatory molecules [5] remains expensive for most patients. Blood transfusion is also proposed with some measures that are difficult to implement in our developing countries [6]. For these reasons, sickle cell patients in sub-Saharan Africa resort to medicinal plants that have proved their effectiveness. Plants have played a significant role in maintaining human health and improving the quality of human life for thousands of years. This resulted in an intense global search for plant extracts and their constituents for health care [7].

In this case, our previous studies and that of Joppa et al. [8] demonstrated an anti-sickling effect of roots and stem barks extract of *Newbouldia laevis*. The objective of this study was to potentiate the anti-sickling effect of total extracts in the fraction(s) of this extract which led to identifying the bioactive compounds. This study was performed to evaluate the effects of fractions from total extracts on sickling.

MATERIALS AND METHODS

Materials

Plant material

Roots and stem barks of *Newbouldia laevis* were harvested at Tsévié, an area that is situated at 35 km at the northern part of Lomé in December 2014. The plant has been identified at the Botany Department of the Faculty of Sciences of the University of Lomé where it is registered in the herbarium and kept under the number 233.

Blood samples

The SS blood samples used was provided by the hematology laboratory of the CHU Campus. The control of hemoglobin status has been proven by the electrophoresis method of hemoglobin. Only the hematologist after consultation determine the samples to be used. These samples are taken from people who had come for hematological consultation at CHU Campus and who had not undergone blood transfusions for 120 d, in EDTA tubes and used fresh. These people (at least 3) should not have been on anti-sickling and antioxidant treatment for 7 d.

Animal material

Healthy Wistar rats weighing 90 g to 100 g were used to a collected blood sample for evaluation of active fractions antioxidant effect.
These rats have been raised under standard conditions at the animal house of the Department of Animal Physiology of the University of Lomé. The animals were housed in plastic cages and kept in a conditioned atmosphere at 25±3 °C and humidity 50-55% with 12 h light/dark cycles, they were fed ad libitum with standard pellet diet and had free access to drinking water.

University of Lomé in Togo has a branch of National Ethic Committee that approved the experimental protocols using WHO Guidelines for the care and use human blood and laboratory animals (Ref 003/0215/DC-2/PAX/FDS-UL).

**Chemicals**

Sodium metabisulphite of formula Na₂S₂O₅, a sickling inducer product has been provided in the form of white powder. Plant extract solutions were prepared with 0.9% of NaCl. Antioxidant tests required 2,2-diphenyl-1-picrylhydrazyl (DPPH) with ascorbic acid as a reference; 2,2'-azobis 2-amidinopropane dihydrochloride (AAPH) with phosphate buffered saline (PBS) as white and ascorbic acid as the reference.

**Experimental protocols**

**Fractionation (precipitation method in cold ethanol)**

Hydroethanolic (20/80 v/v) extract of *Newbouldia laevis* stem and roots barks was used to obtain two fractions of each: pellet and supernatant fractions. To 20 g of each whole extract was added 200 ml of 75/25 (v/v) ethanol-water mixture. The mixture is kept cold at 4 °C for 24 h [9]. The centrifugation is then carried out at 1500 rpm for 15 min. The supernatant is then collected, the resulting pellet is dissolved by the same volume of solvent (75% ethanol-water) and cooled again to be treated under the same conditions as above. The two supernatants are mixed and evaporated under vacuum at 45  °C for 24 h [9]. The centrifugation is then carried out at 1500 rpm for 10 min and the resulting red blood cell pellet was washed three times with 5 volumes of PBS (pH=7.2) each time [14]. During the last rinse, the tubes were centrifuged at 3000 rpm for 10 min. The pellet obtained after this last rinsing was diluted in 4 volumes of PBS. Six range points (ranging from 5 to100 µg/ml) in methanol was mixed with 1.5 ml of DPPH and 0.25 ml of methanol. The mixture rigorously has been shaken for 10 min and the absorbance read at 517 nm. For each concentration, 3 replicates were made. The reduction of rose coloration to yellow coloration was formulated by the inhibition rate. The inhibition rate was calculated according to the formula following: Inhibition rate = 100 [(initial absorbance–sample absorbance)/initial absorbance] × initial absorbance

**AAPH test ‘ex vivo’**

Blood collected at the retro-orbital sinus level of the Wistar rats in the NFX tubes (5.6 ml/rat) or blood of the S genotype are centrifuged at 1500 rpm for 10 min and the resulting red blood cell pellet was washed three times with 5 volumes of PBS (pH=7.2) each time [14]. During the last rinse, the tubes were centrifuged at 3000 rpm for 5 min. The absorbance of the supernatant was read at 540 nm. The white consisted of 1.5 ml of PBS and the positive control of 1.5 ml of the mixture PBS, AAPH, suspension of red blood cells in the proportion of 1/3 each. The reduction of hemolysis was formulated by the inhibition rate. The inhibition rate was calculated according to the formula following: Inhibition rate = 100 [(initial absorbance of AAPH–sample absorbance)/initial absorbance of AAPH].

**Statistics analysis**

The results are processed by the Graphpad 6.02 software and averaged±SEM (Standard Error Mean). They are said to be significant if their p < 0.05

**RESULTS**

**Qualitative phytochemical data**

**Phytochemical screening**

Phytochemical screening carried out on the various fractions (supernatant and pellet) of the hydroethanolic extracts of *Newbouldia laevis* roots and stem barks revealed the presence of...
polyphenols, saponosides, terpenoids, and steroids. Alkaloids are absent in the different fractions. Flavonoids and tannins are present in the supernatant fractions, but absent in the pellets of roots. Cardiac glycosides are only present in the supernatants (table 1).

Table 1: Major phytochemical groups present in the different fractions of the roots and stem barks of the hydroethanolic extracts of Newbouldia laevis

<table>
<thead>
<tr>
<th>Phytochemical groups</th>
<th>Roots barks supernatant</th>
<th>Stem barks supernatant</th>
<th>Roots barks pellet</th>
<th>Stem barks pellet</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tannins</td>
<td>+</td>
<td>+</td>
<td>-</td>
<td>+</td>
</tr>
<tr>
<td>Flavonoids</td>
<td>+</td>
<td>+</td>
<td>-</td>
<td>+</td>
</tr>
<tr>
<td>Alkaloids</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Saponosides, Terpenoids, Steroids</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Polyphenols</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Cardiac glycosides</td>
<td>+</td>
<td>+</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

+Present; -Absent

Thin-layer chromatography

Supernatant fractions of roots and stem barks showed successively violet and blue spot with the front report (Rf) respectively 0.49 and 0.26 (fig. 1).

Quantitative phytochemical data

Determination of total phenols and total flavonoids

Total phenols assay in our active supernatant fractions yielded 34.50 mg GAE/g (milligram gallic acid equivalent per gram) for stem barks versus 36.80 mg GAE/g for roots barks. When considering total flavonoids, our results yielded 24.50 mg RE/g (milligram rutin equivalent per gram) for stem barks versus 27.50 mg RE/g for roots barks (table 2).

Anti-sickling activity

Supernatants

The supernatants fractions reduced sickling of SS erythrocytes after 4 h of incubation. Roots and stem barks supernatants reduced respectively sickling at 7% and 10% against 86% for the control (fig 2).

Pellets

The pellets coagulated the SS blood. Reading was not possible.

DPPH test

The anti-radical activity of the roots and stem barks supernatant fractions of Newbouldia laevis was evaluated by the DPPH reduction method. Fractions did not show their great ability to trap DPPH compared to ascorbic acid used as a reference drug (table 3).
The anti-sickling activity of the supernatant fractions of the hydroethanolic extracts of the roots and stem barks of *Newbouldia laevis* was evaluated *ex vivo* by incubation of the S genotype red blood cells in the presence of a chemical oxidation initiator AAPH. The supernatant fractions inhibited hemolysis in a dose-dependent manner and this activity was compared to ascorbic acid by their IC\textsubscript{50} (table 4).

<table>
<thead>
<tr>
<th>IC\textsubscript{50} (µg/ml)</th>
<th>Ascorbic acid</th>
<th>Roots barks supernatant fraction</th>
<th>Stem barks supernatant fraction</th>
</tr>
</thead>
<tbody>
<tr>
<td>IC\textsubscript{50} (µg/ml) rat</td>
<td>149</td>
<td>917</td>
<td>774</td>
</tr>
<tr>
<td>IC\textsubscript{50} (µg/ml) SS blood</td>
<td>98</td>
<td>369</td>
<td>490</td>
</tr>
</tbody>
</table>

### DISCUSSION

The result of studies showed that the supernatants reduced sickling to 7% for roots barks and 10% for stem barks against 86% for the control. Our previous work has shown that the whole extracts of roots and stem barks of the same plant reduced sickling to 13% and 16% respectively for roots and stem barks against 78% for the control.

The anti-sickling activity of our extracts could be provided by the presence of polyphenols, particularly flavonoids contained in the extract. The dosage of these polyphenols and flavonoids in the extracts and their fractions confirmed this affirmation. The quantitative evaluation is key parameters in setting the standard for crude drugs [15]. Indeed, the amount of polyphenols, especially the flavonoids found in the supernatant fractions is higher than in the total extracts in our previous study. Now, the anti-sickling activity of fractions is more pronounced than the anti-sickling effect of whole extract and this effect of the fraction is dose-dependent. This hypothesis has been reported in the literature [16, 17].

The anti-sickling effect of stem barks was similar to roots barks. The determination of total phenol compounds had shown that.

TLC investigation delivers an impression about the polarity of chemical constituents of *Newbouldia laevis* extracts. In a way such that compound displaying high R\textsubscript{f} value in the less polar solvent system have low polarity and with less R\textsubscript{f} value have high polarity. This potent biomolecule can be further used for the development of the different drug in the future [18].

Joppa *et al.* [8] showed that the hydroethanolic extracts of *Newbouldia laevis* roots barks had an anti-sickling property with a normalization rate of 90%. Mptiana *et al.* [19] have shown that the aqueous and ethanolic extracts of *Jatropha curcas* leaf powder have an anti-sickling property with a normalization rate of 67% for the ethanolic extract and less than 10% for the aqueous extract. They also showed that anthocyanins, natural pigments are at the base of the anti-sickling activity of this plant. Sawadogo *et al.* [20] showed that three plants (*Jatropha curcas, Khaya senegalensis*, and *Dichrostachys cinererus*) have an anti-sickling effect and linked the presence of polyphenols in the extracts to this effect. Anthocyanosids composed of several anthocyanins whose *in vitro* anti-inflammatory properties have been demonstrated by Mptiana *et al.* [19] are phenolic compounds. In addition, the reducing compounds could contribute to the reduction of ferric iron (Fe\textsuperscript{3+}) from methemoglobin to ferrous iron (Fe\textsuperscript{2+}) and thus decrease the Fe\textsuperscript{2+}/Fe\textsuperscript{3+} ratio.

The anti-sickling activity obtained in our study with the hydroethanolic extracts of the supernatants of *Newbouldia laevis* roots and stem barks could be related to the presence of these chemical groups in our extracts.

Another authors have shown that there is a correlation between polyphenols contained in extract and antioxidant capacity [21, 22].

| IC\textsubscript{50} values of ascorbic acid and supernatant fractions of *Newbouldia laevis* roots and stem barks showing their inhibition of AAPH-induced hemolysis |
|-----------------------------|-----------------|-----------------|----------------|
| IC\textsubscript{50} (µg/ml) | Ascorbic acid   | Roots barks supernatant fraction | Stem barks supernatant fraction |
| IC\textsubscript{50} (µg/ml) rat | 149           | 917                              | 774                            |
| IC\textsubscript{50} (µg/ml) SS blood | 98            | 369                              | 490                            |

Sawadogo *et al.* [20] showed that anthocyanins have the ability to interact with proteins. Their possible interaction with hemoglobin S could compete with the polymerization of this hemoglobin and thus prevent the polymerization of sickle cells.

It is also likely that the presence of polyphenols would reduce the deformability of erythrocytes in the subject SS. Lemonne *et al.* [23] demonstrated that sickle cell patients with osteonecrosis had greater erythrocyte deformability than patients without osteonecrosis. Osteonecrosis and vaso-occlusive seizures share common risk factors such as reduced erythrocyte deformability. However, these complications arise as a result of sickle cell crisis.

The antioxidant activity is due to the presence of polyphenols. Indeed, the presence of phenolic compounds in the molecular structure of natural antioxidants helps to increase their antioxidant effect [24].

The roots and stem barks supernatant extract from *Newbouldia laevis* gave low power antioxidant effect from *Wistar* rat blood. But it is interesting to note that with the SS blood, the antioxidant effect becomes more important.

The DPPH test showed that the extracts weakly reduced this radical. The IC\textsubscript{50} of the roots and stem barks extracts are 804 and 746 respectively. These IC\textsubscript{50} are too high relative to the IC\textsubscript{50} of ascorbic acid used as a positive control which is 108. Similarly, the AAPH blood test of the Wistar rats showed that the antioxidant effect of the hydroethanolic extracts of *Newbouldia laevis* is also effective *ex vivo*. But here too their antioxidant power is weak. IC\textsubscript{50} of roots and stem barks supernatants fractions were 917 and 774 respectively. But for SS blood the IC\textsubscript{50} of roots and stem barks supernatants fractions were 369 and 490 respectively.

Our results with DPPH and AAPH (with the blood of *Wistar* rats) disagree with those found by Ogognana OE and Ogognana OO [25] who had strong antioxidant power of *Newbouldia laevis* barks. These differences could be explained by environmental influences, the harvest period and the extraction solvents.

The roots and stem barks pellets fractions from *Newbouldia laevis* caused coagulation of SS blood. The pellets fractions could contain chemical compounds responsible for this coagulation. This effect may justify the traditional use of *Newbouldia laevis* in postpartum hemorrhages. The *Newbouldia laevis* pellets could contain chemicals and/or vitamin K responsible for this coagulating power. It could also have a procoagulant effect. Other studies will build us on the intrinsic mechanisms.

### CONCLUSION

*Newbouldia laevis* P. Beauv is a plant that is widely used for both roots and stem barks. This study was conducted to evaluate the anti-sickling activity of the roots and stem barks fractions of *Newbouldia laevis* P. Beauv. Our results showed that anti-sickling activity is concentrated in supernatants, fractions that concentrate...
polyphenols. The stem barks supernatant could be used like stem barks. The pellets resulted in coagulation of SS blood. Studies to identify the chemical molecules responsible for this activity should be carried out to enable the establishment of improved traditional drug sources.

AUTHORS CONTRIBUTIONS
All the author have contributed equally

CONFLICTS OF INTERESTS
All authors have none to declare

REFERENCES