

Original Article

EXTRACTION, STABILITY AND SEPARATION OF ANTHOCYANINS OF *IXORA COCCINEA* LINN

NITAL PATIL*, AJIT DATAR

Guru Nanak Institute for Research and Development, G. N. Khalsa College, Matunga, Mumbai, Maharashtra, India, 400019
Email: nitss99@gmail.com

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ABSTRACT

Objective: In the present study, a new, simple and an efficient microwave oven extraction method was developed for maximum yield of colorant from *Ixora coccinea* flowers. The preliminary stability study of colorant was carried out to provide reliable data for application of the plant.

Methods: The comparison of cold extraction and microwave oven extraction method was carried out. The crude anthocyanin content was estimated by using pH differential method. The stability of color extract was evaluated for the period of one month by using UV- Visible spectroscopy. An attempt was made to separate color components of the extract by developing HPTLC method.

Results: The yield of microwave oven extraction of colorant is found to be 13.26% under the optimized conditions set at the temperature of 70°C, 50 minutes time, 0.1% HCl concentration in solvent and 1:60 ratio of sample to solvent. The result indicated that the anthocyanin content is 704.73 mg/100 g to 662.79 mg/100g in fresh material. The study demonstrated that the pinkish red extract of the flowers is stable under low pH values (≤ 4) and unstable under alkaline conditions. It is also found to be sensitive to high temperature and light. The HPTLC profile of color showed the presence of pink and violet color major components at R_f values 0.17, 0.33, 0.37, 0.56, 0.67 and 0.83.

Conclusion: The experimental work on *Ixora coccinea* provides enough information to tap its potential as a colorant in acidic foods or cosmetics.

Keywords: *Ixora coccinea*, Anthocyanins, Microwave oven extraction, Stability, HPTLC.

INTRODUCTION

Ixora coccinea Linn is one of the candidates of floral anthocyanins. It belongs to the Rubiaceae family, a large glabrous shrub growing throughout forest lands and also cultivated plant in the garden [1]. It is a native to Asia and commonly known as Jungle of geranium or flame of the woods or vetchi in Ayurveda [2].

It has different flower color; namely dark pink, white, yellow and orange. Flowers are numerous and found to grow in clusters. They are bright red petaled flowers with yellow or light pink at the centre, odorous, in sessile, corymbiform, dense flowered cymes [2]. *Ixora coccinea* (IC) is grown in many countries essentially for medicinal and ornamental purpose. Depending on the disease, the flowers, leaves, roots or stems may be used to treat various ailments in Indian traditional system of medicine. Phytochemical studies indicated that the plant contains important phytochemical such as lupeol, ursolic acid, oleanolic acid, sitosterol, rutin, leucocyanadin, anthocyanins, proanthocyanidins, glycosides of kaempferol and quercetin. Flowers are reported to contain rutin, leucocyanidins glycoside, cyanidin-3-rutinoside and delphinidin monoglycoside [3, 4].

The essential oil of IC flowers is composed of 54 components; resulting 99.97% of the total components detected. [2, 5]. Nayak *et al.* reported the wound healing activity of alcoholic extract of IC flower by using dead space wound model in rats [2]. Methanolic extract of flower has antioxidant activity [6, 7]. The antitumor activity of IC flower has been studied in comparison to intraperitoneally transplanted Dalton's lymphoma [8]. The active fraction from *I. coccinea* flowers have significantly prolonged the life span of cisplatin treated mice and maintained their blood urea nitrogen levels in the near normal range, indicating its chemo protective effects [9]. Nagaraj *et al.* reported the synthesis of gold nanoparticles in aqueous medium using flower extracts of IC as a reducing and stabilizing agent [10].

Anthocyanins from IC flowers have drawn attention for their potential as natural colorant source [11, 12]. Many studies have shown that anthocyanins are not only nontoxic and non mutagenic, but have positive therapeutic activities [13-17]. The interest in anthocyanins considerably increased when synthetic food colorants, particularly red ones, began to be questioned as additives for possessing adverse health effects.

Due to their attractive colors, water solubility, along with positive therapeutic effects; IC flowers should be considered as potential substitute for synthetic colorants. To our knowledge, report or physiochemical studies of anthocyanins of IC flower is scarce. The stability of anthocyanins from IC flower has not been studied yet. To provide some reliable data for its application in food or cosmetics the effect of pH, temperature, light on the stability of crude anthocyanins was studied. In this studied, an attempt was made to develop the microwave oven extraction method over conventional cold extraction method. Our approach also involved the development of HPTLC method for separation of color or pigment extracted from both the methods.

MATERIAL AND METHODS

Materials

Fresh dark red color IC flowers were collected from Palghar district, Maharashtra, India. Herbarium of the plant was authenticated from BSI having voucher no GNKC - 6. All chemicals used in the study were purchased from Merck Co. and were of analytical grade.

Equipments and apparatus

Multifunctional microwave oven (Sharp carousel) model number R-880B having 0 -1200W range and emission frequency 2450 MHz, UV- visible spectrophotometer (Shimadzu, 1650), HPTLC Linomat applicator- V and scanner III (Camag), twin trough chamber (Camag), pH meter (Lab India Pico+).

Extraction methods

The anthocyanins of IC were extracted by conventional cold extraction method. However, to obtain maximum yield of pigment in less time, an efficient method of microwave oven extraction (MWE) has been developed.

1) Cold extraction method: Fresh flowers of IC were cut into small pieces and 1g of them was extracted using 0.1% acidified ethanol (HCl in ethanol) v/v in a conical flask. The flask was kept on the shaker at room temperature for 50 minutes. (The time was optimized.)

2) MWE and optimization of extraction conditions: There are many parameters which affect the microwave extraction efficiency, such as

particle size of the sample, liquid to solid ratio, extraction temperature, microwave power, extraction time. Based on preliminary experimental results, appropriate ranges of sample to solvent ratio, extraction temperature, acid concentration, extraction time were selected. The variables of each parameter are indicated in Table 1. After extraction, every sample was filtered through whatman paper no. 41 and centrifuged at 10000 rpm for 15 min. The percent yield was calculated for every extraction method.

Table 1: Variables for Microwave oven extraction

Independent variables	Ranges
Ratio of sample: Solvent (g/ml)	10, 20, 40, 60, 80, 100
Acid concentration % (V/V)	0.05, 0.1, 0.2, 0.3, 0.4
Temperature (°C)	70 Constant
Time (min)	10, 20, 30, 40, 50, 60, 70

Total anthocyanin content

Cyanidin -3-rutinoside is a pigment in *I. coccinea* flower, found to be a major pigment [3]. Total monomeric anthocyanin was estimated by a pH differential method [18]. Two dilutions of IC flower extract obtained by optimized MWE were prepared each one with potassium chloride (KCl) buffer (pH1.0) and the other with sodium acetate ($\text{CH}_3\text{COONa} \cdot 3\text{H}_2\text{O}$) buffer (pH4.5). Absorbance was measured simultaneously at 510 nm and 700 nm after 30 min of incubation at room temperature. The content of total anthocyanins was expressed in mg of cyanidin-3- rutinoside equivalents using a molar extinction coefficient (ϵ) of cyanidin-3- rutinoside of 7000L mol⁻¹ cm⁻¹ [19] and molar weight (MW) of 595.2 g mol⁻¹ as follows:

$$C \text{ (mg/100g of fresh product)} = \frac{\Delta A \times \text{MW} \times \text{DF} \times V \times 100}{\epsilon \times l \times m}$$

Where $\Delta A = (A_{510 \text{ nm}} - A_{700 \text{ nm}})$ pH1.0 - $(A_{510 \text{ nm}} - A_{700 \text{ nm}})$ pH4.5; DF = dilution factor; l = path length in cm; V = volume of stock / extract in ml; m = weight of sample in g.

Determination of stability

The MWE was found to be efficient extraction method over cold extraction method. Therefore, the crude anthocyanins from IC flower were extracted using optimized microwave oven extraction method (as mentioned above). A fresh material of 1 g was extracted using 60 ml of acidified ethanol in microwave oven at 70°C for 50 min. The solution was filtered. A scan from 400 to 800 nm was performed in order to generate the characteristic absorption spectra of the sample using UV-visible spectrophotometer. The sample was prepared initially at pH = 1.0 (original pH of the extract) with absorbance reading of 0.8 at the wavelength of maximum absorption in the visible region. The sample was prepared at six different pH values (2, 4, 6, 8, 10, and 12) using 0.1N NaOH. The effect of pH on colorant stability was performed immediately after preparing the extract at different pH values. UV -visible spectra were recorded between 200-700 nm on UV-visible spectrophotometer.

In order to study the effect of temperature on the stability of IC anthocyanins, diluted samples inside capped glass vials, covered with aluminum foil, sealed with paraffin were placed at room temperature (~25°C), 4°C, 15°C, and 40°C for a period of 1 month. To study the degradation of anthocyanins under the influence of light, sample solution containing glass tubes were exposed to natural light outdoor (sunlight), natural light indoor and dark room. At appropriate time intervals, the samples were taken out to measure the absorbance at its λ_{max} -536 nm.

HPTLC analysis

Sample preparation: The color extract of IC flower obtained from MWE and cold extraction methods were evaporated on water bath at 40°C and reconstituted in acidified ethanol to make 25000 ppm solution. Samples were filtered through 0.45 μ filter.

Chromatography of anthocyanins extracts was performed on 10 cm x 5 cm Aluminium backed Silica gel F₂₅₄ TLC plate. Samples were applied to the plate by means of Linomat -V applicator (Camag, Switzerland) equipped with a 100 μ l syringe. The band length was 8 mm and the

application volume was 5 μ l. The plate was developed with BFW {n-butanol: formic acid: water (6:0.85:2 v/v/v)} as mobile phase in saturated glass Camag twin trough chamber. The saturation time was 10 min. The migration distance was approximately 80 mm and migration time \approx 50 minutes. The separated zones were examined under visible light and evaluation was performed densitometrically with a TLC scanner -III and Win CATS software (V-1.2.3). The scanner was operated at 536 nm. The slit length and width were 6 mm and 0.45 mm respectively.

RESULTS AND DISCUSSION

Optimization of MWE

The effect of different solvent proportion on the colorant yield is shown in Figure 1A. It showed that the yield of colorant was greatly influenced by the volume of the solvent. The yield of color was affected by HCl acid concentration (0.05%, 0.1, 0.2%, 0.3%, and 0.4% respectively) is shown in Figure 1B.

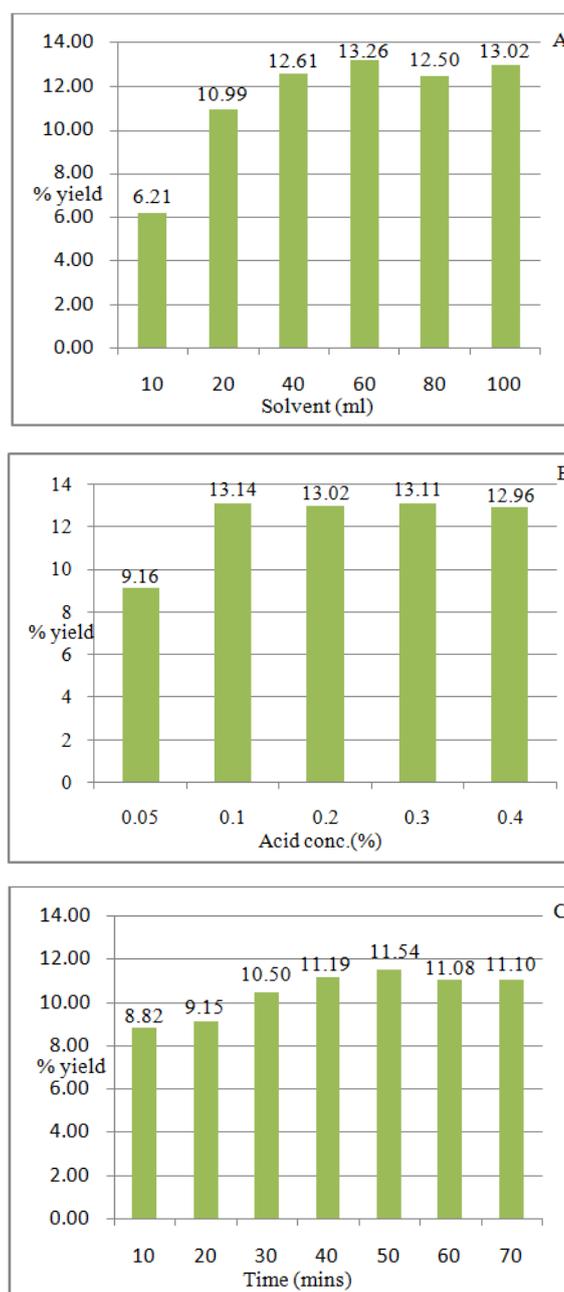


Fig. 1: A- Effect of solvent proportion, B- Effect of acid concentration, C- Effect of time on the yield of colorant

The temperature was kept constant at 70°C (as there was no option available) considering microwave oven model and solvent chosen. When other three factors (ratio of solvent to sample, acid concentration and extraction temperature) were fixed at 60 ml per gram, 0.1% and 70°C respectively, the result indicated that the yield of total colorant increased with the increase of microwave extraction time in the beginning of extraction. The yield reached its maximum at 11.54% in 50 minutes during microwave extraction process. When extraction time exceeds more than 50 minutes, the yield of colorant did not increase with the increase of extraction time. Hence, extraction time to be optimized is 50 minutes. The influence of extraction time on the yield of total colorant is shown in fig 1C.

Comparison of microwave extraction (MWE) with cold extraction method

As shown in Table 2, the optimized MWE gave yield of 13.26% of crude anthocyanins extract which was higher than of cold extraction (5.18%). The MWE has an advantage of reducing extraction time, saving energy and increased yield as compared to cold extraction.

These results indicated that the MWE method is more suitable for extraction of anthocyanins from IC flowers than cold extraction method.

Table 2: Comparison of microwave extraction and traditional cold extraction

Extraction method	Cold extraction	Microwave oven
Ratio solid/liquid (g/ml)	60	60
Acid concentration (% v/v)	0.1	0.1
Time (min.)	50	50
Yield of color (%)	5.18	13.26

Anthocyanin content

Anthocyanin pigments undergo reversible structural transformations with a change in pH manifested by different absorbance spectra. The oxonium form predominates at pH 1.0 while the hemiketal (colorless) form at pH 4.5. The pH-differential method is based on this reaction and allows accurate and rapid measurements of the total amount of anthocyanins, even in the presence of polymerized degraded pigment and other interfering compounds [19]. The concentration of total monomeric anthocyanin in *Ixora* flower extracts ranged 704.73 mg/100 g to 662.79 mg/100g of fresh flower.

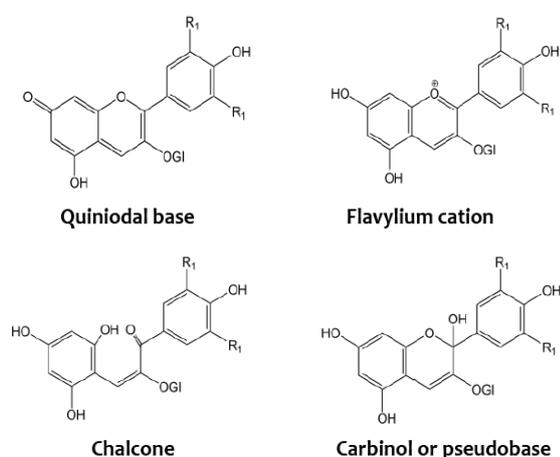


Fig. 2: Four equilibrium forms of anthocyanins

Measurement of color and stability

The characteristic pinkish red color manifested by the IC flower extract is a consequence of the presence of compounds derived from

anthocyanins group [20]. The absorption spectra generated as shown in Figure 3A attributed the similar pattern for both the extract obtained from cold and MWE methods confirms that the pigment was not degraded by microwave oven extraction process. A visible spectrum of IC flower extract in acidified ethanol (pH=1.0) exhibited the wavelength of maximum absorption at 536 nm. This value is found to be close with cyanidin ($\lambda=535$ nm) [20].

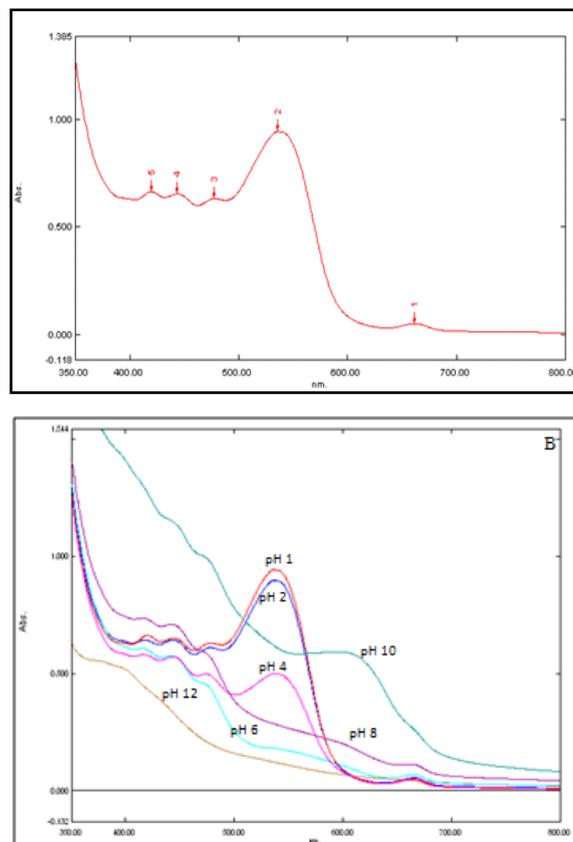


Fig. 3: A- Visible spectra of *I. coccinea* in acidified Ethanolic extract B- Spectrum charts at different pH, C- Pictures of colorants at pH range 1.0 to 12.0

Effect of pH

The spectral pattern of IC flower extract showed that the absorbance decrease was not significant when $\text{pH} \leq 4.0$ but anthocyanins degraded significantly after $\text{pH} \geq 4.0$. This demonstrated that the IC anthocyanins are stable under low pH values (≤ 4) and unstable under alkaline conditions. Anthocyanins are easily susceptible to pH changes due to the ionic nature of anthocyanin. Anthocyanins exist as four equilibrium forms (Figure 2), viz. the quinoidal base, the flavylium cation, the carbinol (pseudobase) and the chalcone. Under low pH, the anthocyanin exists primarily in the form of flavylium cation

in red. As the pH is raised (>5), a rapid loss of proton occurred to form quinoidal base that tend to become blue or violet. In addition, the increase in pH causes the hydration of the flavylium cation to form a carbinol (pseudobase) or chalcone which are colorless [21]. The study of the effect of pH on the stability of anthocyanins indicated that they were susceptible to pH change. This is consistent with the result of most published studies on the stability of anthocyanins [22, 23].

Effect of temperature

Thermal stability of red extract of IC flower was studied at 4°C, 15°C, 40°C and 50°C. As shown in Figure 4A at low temperature anthocyanin pigment was not degraded over the period of 30 days. The pigment concentration found to be 100% residual color at 4°C and 15°C. However, the pigment degraded significantly after exposure to higher temperature 40°C and 50°C. The percent of residual color were found to be 90.4 % and 48.9 % after 30 days when exposed to 40°C and 50°C respectively. The significance of the absorbance decrease was not obvious in dark condition.

There was a little difference in the absorbance of anthocyanins in the sample exposed to light condition indoor which showed 85.6 % residual color after 30 days. (Fig. 4B) As presented in Figure 4C, sunlight greatly affects the stability of anthocyanins. The color was degraded quickly and only 32.0 % remained after 10 hrs. Hence direct sunlight should be avoided in processing, storage, and usage of anthocyanins. They are best stored at dark.

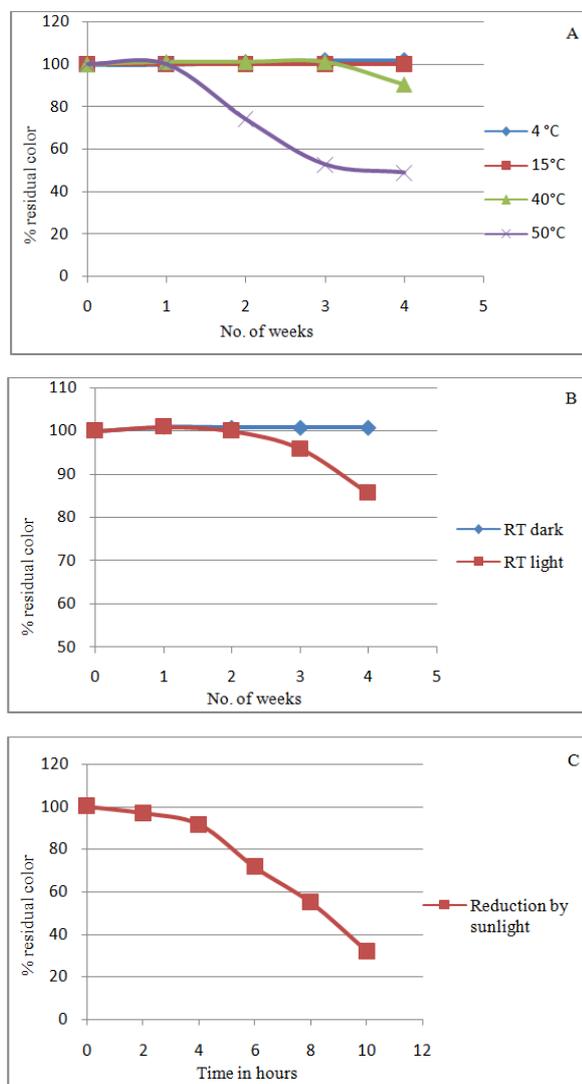


Fig. 4: A-Effect of temperature, B- Effect of light and dark conditions, and C- Effect of sunlight

HPTLC

HPTLC profile was developed to separate anthocyanins component(s) of IC flower extract. The red color extracts showed presence of pink and violet color major components at R_f values 0.17, 0.33, 0.37, 0.56, 0.67, 0.83 as indicated in Table 3A and B. The chromatographic fingerprint profile of cold extract of IC flower was found to be similar to that of the microwave oven extracted extract which further confirms efficient extraction of anthocyanin components by MWE method fig. 5.

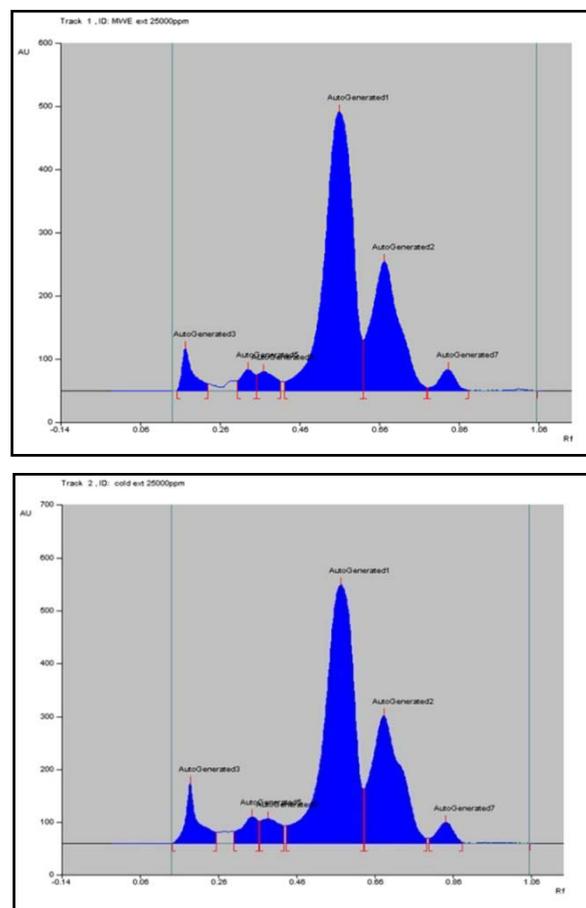


Fig. 5: (A) HPTLC chromatograms of *I. coccinea* extract obtained from microwave oven extraction (i) and cold extraction method (ii) at 536 nm

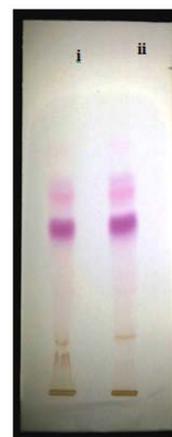


Fig. 5: (B) TLC plate of *I. coccinea* extract obtained from microwave oven extraction (i) and cold extraction method (ii) in visible light

Table 3: (A) Peak List and R_f values of Chromatogram of *I. coccinea* extract obtained by microwave oven extraction method at 536 nm

Peak no.	R _f	Area	% Area
1	0.17	1534.1	3.69
2	0.33	938.6	2.26
3	0.37	1071.4	2.58
4	0.56	25347.2	61.03
5	0.67	11507.0	27.71
6	0.83	1135.7	2.73

Table 3: (B) Peak List and R_f values of Chromatogram of *I. coccinea* extract obtained by cold extraction method at 536 nm

Peak no.	R _f	Area	% Area
1	0.19	2955.3	5.63
2	0.34	1741.6	3.32
3	0.38	1883.0	3.59
4	0.57	29851.6	56.87
5	0.68	14691.2	27.99
6	0.84	1370.4	2.61

CONCLUSION

An optimized MWE method for IC anthocyanin extract has been developed. This is the first report on MWE of anthocyanins from IC flower which results in 13.26% yield under the optimized conditions set at temperature of 70°C, 50 minutes time, 0.1% HCl concentration in solvent, and 1:60 ratio of sample to solvent. MWE can save time, energy and provide higher extraction yield. *Ixora coccinea* flowers have rich anthocyanin content (704.73 mg/100 g to 662.79 mg/100g) in fresh material. The crude anthocyanins extract from IC flower was stable at low pH ≤ 4 and sensitive to alkaline condition, high temperature and light. It can be considered as potential colorant in acidic foods or cosmetics. Further in vivo study need to be carried out to prove its safety. An attempt was made to separate color components of IC flowers by developing HPTLC method for the first time. HPTLC is a very simple, rapid and economical method, and it can be used for the separation of different pigments from the plants. Further research is going on to isolate and characterize the monomeric anthocyanins from IC flowers.

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CONFLICT OF INTERESTS

Declared None

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