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# COMPARATIVE CHEMOMETRIC PROFILES BETWEEN LEAF TISSUES OF WITHANIA SOMNIFERA CULTURED IN VITRO AND FIELD

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## ABSTRACT

**Objective:** Metabolomic profiling of herbal extracts is indispensable to standardize drugs and to inaugurate the scientific basis of their therapeutic properties. The present study was attempted with an objective to investigate a comparative GC-MS (Gas chromatography–Mass spectrometry) analysis of *in vitro* and field grown leaf tissues of "Indian ginseng".

**Methods:** GC-MS often serves the methods of option for screening and quantitative metabolite profiling. In the present study, metabolic profiling of methanolic extracts of field and *in vitro* cultured *Withania somnifera* (Ashwagandha) leaf tissues were carried out using GC-MS technique.

**Results:** A total number of 39 primary metabolites in leaf were identified. These include alcohols, organic acids, purine, pyrimidine, sugars and putrescine. Highly significant qualitative and quantitative differences were noticed between the leaf tissues cultured *in vitro* and from the field. Especially, significant elevation in the accumulation of GABA (γ amino butyric acid) and putrescine was recorded in *in vitro* cultured leaf samples.

**Conclusion:** We conclude that *in vitro* cultures offers an intrinsic advantage to produce therapeutically valuable compounds, relatively in a short span of time and this principle determine its use as an alternative to field grown sample.

Keywords: Withania somnifera, In vitro leaf, Field grown, GC-MS, GABA, Putrescine.

# INTRODUCTION

Withania somnifera, commonly known as Ashwagandha, is widely known for its popularity as a traditional medicinal herb since time immemorial. It is used as herbal medicine in various forms (decoctions, infusions, ointments, powder and syrup) in different parts of the world [1-3] for all age groups of patients without any side effects even during pregnancy [4,5]. Various bioactive constituents of this plant have been reported to possess adaptogenic, anticancer, anticonvulsant, immunomodulatory, antioxidative and neurological effects [6].

The major biochemical constituents of this plant are C-28 steroidal lactones in a class of compounds named withanolides [7] built on an intact or rearranged ergostane framework, in which C-22 and C-26 are appropriately oxidized to form a six-membered lactone ring [8]. Among the withanolides, Withanolide A and Withaferin A were reported to be dominant metabolites [9,10] distributed among various tissues at varying concentrations [11] and were proven to posses many therapeutic properties. The annual production of this plant is not sufficient to meet the global requirement [12] as its therapeutic advantages continuously attract the attention of pharmacologists and researchers alike. Therefore, in vitro culture system could be an alternative to native field grown plants for the production of medicinal valuable compounds. In vitro cultures possess a tendency to produce secondary metabolites within a short period than the field-grown plant owing to active growth [13]. However, the metabolic constituents, particularly secondary metabolites differ within the tissue type and sometimes with growth conditions [14]. This causes difficulties in the compositional standardization of herbal formulations and the commercial exploitation of this plant. Thus, analyzing total metabolome of this plant is extremely important to understand the complex biochemical processes.

Noteworthy technical innovations in analytical systems like NMR, GC–MS and HPLC have opened up new avenues for plant metabolomics research because of rapid identification of a large array of metabolites both quantitatively and qualitatively. GC–MS is the best technique to identify the bioactive constituents of long chain

hydrocarbons, alcohols, acids; ester, alkaloids, steroids, amino and nitro compound [15]. Gas chromatography (GC) is recognized as the most powerful technique to find the number and proportion of compounds present in a complex mixture of volatile compounds. When GC is coupled to mass spectrometry (GC-MS), additional information arises about each separated compound molecular mass, elemental composition, functional groups, and in certain cases, molecular geometry and spatial isomerism [16].

The developed GC-MS method was therefore applied to the analysis of metabolites in young and mature leaf samples of both *in vitro* and field grown plants of *Withania somnifera*. To the best of our knowledge, we present here the first GC-MS metabolite profiles of *in vitro* cultured tissues in comparison with field grown tissue.

### MATERIALS AND METHODS

#### Solvents and chemicals

HPLC-grade methanol, water, pyridine and methoxyamine were purchased from Sigma (St. Louis, MO, USA). BSTFA [N,O-bis (trimethylsilyl) trifluoroacetamide containing 1% TMCS (trimethyl chlorosilane)] were obtained from Alfa Aesar (Ward Hill, MA, USA) and 2-Chloronaphtahalene as internal standard for GC-MS were purchased from Tokyo Chemical Industry Co., Ltd (Tokyo, Japan).

#### **Plant materials**

Seeds of *W. somnifera* (L.) Dunal 'Jawahar' were obtained from Central Institute of Medicinal and Aromatic Plants (Lucknow), surface sterilized as per the procedure described by Murthy *et al.*[17] and inoculated in Murashige and Skoog solid basal medium containing 2% sucrose and incubated in the dark at 25 °C for germination. Shoots from *in vitro* germinated seedlings were cultured in basal MS media and were maintained at 25 °C for a 16 h photoperiod. *In vitro* leaf tissues after 30 d (1MIL) and 45 d (1.5MIL) of inoculation were collected (fig. 1). To obtain field grown root samples, the same seeds were sown in the field following standard cultivation practices. The seeds were sown in the month of August, which has been known as an ideal plantation time, in the field of Avinashilingam Institute, Coimbatore, Tamilnadu. The field lies between 11 °1' North latitude and 76 °57' East longitude. The city receives an annual rainfall of around 700 mm from September to October with the north east and south west monsoons. The seeds are sown about 2 cm deep into the soil at a distance of about 50 cm. The method of sowing was preferred as it promotes the development of a healthy root system compared to being sown using the broad

In vitro

casting method. The temperature range was 28-30 °C. There was no application of fungicides or organic fertilizers. The field was irrigated twice in a week. Young and mature leaf samples were respectively collected after 60 d (2MFL) and 150 d (5MFL) after germination. The leaf samples grown *in vitro* and in the field were sampled for GC-MS analysis.

Field plants



1MIL, 1 mo in vitro leaf; 1.5ML, 1.5 mo in vitro leaf; 2MFL, 2 mo field-grown leaf; 5MFL, 5 mo field-grown leaf;

Fig. 1: In vitro and field grown leaf tissues

#### Sample preparation for GC-MS analysis

20 mg of all dried samples was extracted with 1 ml of 70% methanol to analyze metabolites by GC-MS. The extracts were sonicated for 30 min, followed by centrifugation at 2,000 rpm for 5 min. The supernatant was filtered through a 0.45  $\mu$ m filter (PTFE Sartorius Stedim Biotech, Göttingen, Germany). After extraction, 100  $\mu$ l of each filtered sample was transferred into a GC vial for derivatization prior to GC-MS analysis.

Samples in GC vials were dried under the stream of nitrogen for 5 min, followed by the addition of 30  $\mu$ l of 20,000  $\mu$ g/ml methoxylamine hydrochloride in pyridine, 50  $\mu$ l of BSTFA (N,O-Bis (trimethylsilyl) trifluoroacetamide; Alfa Aesar, Ward Hill, MA, USA) containing 1% TMCS (trimethyl chlorosilane), and 10  $\mu$ l of 2-chloronaphthalene (Tokyo Chemical Industry Co., Ltd., Tokyo, Japan) 200  $\mu$ g/ml in pyridine as an internal standard) to the dried vials, respectively. After derivatization, the samples were incubated for 60 min at 60 °C and then subjected to GC-MS analysis.

### **GC-MS** analysis

The GC-MS analysis was performed using 7890A Agilent GC system (Agilent Technologies, CA, USA) equipped with a 5975C MSD detector (Agilent Technologies) and automatic sampler (7683 B series, Agilent Technologies). Electro impact ionization mode with ionization energy of 70 eV was used for GC-MS detection. Analytes were separated on a fused silica capillary column of 5% phenyl methylpolysiloxane phase (DB-5, Agilent Technologies) with dimensions of 30 mm × 0.25 mm i.d. × 0.25 µm film thickness. Helium was used as a carrier gas at a constant flow rate of 1.0 ml/min. the inlet temperature was set to 250 °C with an injection volume of 1.0 µl and a split ratio of 1:10. The mass range was 50-700 Da and data were obtained in MSD with a full scan mode. The oven temperature was programmed initially at 70 °C and followed by a rise to 150 °C (at 5 °C/min) and then to 250 °C (at 3 °C/min; hold 2 min) and finally to 320 °C (at 10 °C/min; hold 3 min).

## Data processing

To quantitatively compare global metabolic profile among all samples, the raw datasets by GC-MS analysis was processed as described previously [18]. The mass spectra deconvolution was performed using the AMDIS (Automated Mass Spectral Deconvolution and Identification System, http://chemdata.nist.gov/mass-spc/amdis/) and then created the ELU files which were analyzed with an online peak-filtering algorithm (SpectConnect, http://spectconnect.mit.edu). The identification of the metabolites was achieved by comparing mass spectra with those of the NIST-Wiley Mass Spectra Library. After peak area normalization with an internal standard, multivariate statistical analysis was performed. In

order to analyse statistically, the relative intensities and significant differences of the datasets obtained by GC-MS analysis of each sample was subjected to analysis of variance (ANOVA) using PASW Statistics 19 software (IBM, Somers, NY), followed by Turkey's significant-difference test with a 95% confidence level. In order to reduce the dimensionality of the data set, PCA (Principal Component Analysis) was mainly applied and used as the first step of data analysis to identify patterns and outliers. PCA transforms original valuables into new uncorrelated variables by means of the principal components that account for the variability in original datasets as much as possible. The loading plots derived by PCA indicated the importance of each variable for the model and were used to identify metabolites responsible for the separation and to interpret the relationship among variables and clusters on the PCA score plot [19].

#### RESULTS

#### GC-MS analysis of W. somnifera leaf extracts

The results pertaining to GC-MS analysis led to the identification of the number of compounds from the GC fractions of the 70%methanolic extract of W. somnifera leaves grown in field or in vitro conditions 39 metabolites were identified. As shown in table 1, the following 39 metabolites were identified: alcohols (glycerol, myoinositol, and xylitol), amino acids (asparagines, aspartic acid, glutamic acid, glutamine, glycine, histidine, homoserine, isoleucine, lysine, proline, serine, threonine, and tryptophan), organic acids (citric acid, fumaric acid, galactonic acid, glucaric acid, gluconic acid, glucuronic acid, glyceric acid, malic acid, malonic acid, pyruvic acid, rythronic acid, succinic acid,  $\alpha$ -aminoadipic acid, and  $\gamma$ -aminobutyric acid), purine (xanthine), pyrimidine (uracil), sugars (fructose, galactose, glucose, mannose, melibiose, and xylose), putrescine. The differences of relative levels of the metabolites assigned by GC-MS were investigated and the biochemical changes through metabolic pathway were shown in fig 2. Compared with the leaves grown in vitro conditions (1MIL and 1.5MIL), relatively higher levels of myoinositol in 2MFL were observed.

The relative levels of each metabolite were obtained by dividing the percentage area of each metabolite by the percentage area of the internal standard. Diff

ANOVA was performed to assess the statistical significance of differences between samples (p<0.05). Data are mean values with error bars representing standard deviation values. Different letters in bars represent the difference of statistical significance of metabolites levels.

Among amino acids, Asparagine, Aspartic acid, glutamine, glycine, proline, serine and threonine were present significantly in higher intensities in leaves harvested from *in vitro* condition in comparison to field grown condition. Similarly, citric acid, Gluconic acid, malic and

 $\gamma$ -amino butyric acid among organic acids category were also recorded to be present in elevated intensities among *in vitro* leaf samples.

Significantly, higher levels of GABA in the leaves grown *in vitro* (1MIL and 1.5MIL) than that of the leaves grown field (2MFL and 5MFL) were observed. The levels of soluble sugars, including fructose and glucose, were significantly different between the field grown and *in vitro* cultured samples.

# Principal component analysis (PCA)

The PCA derived score plot of *W. somnifera* leaves is indicated in fig. 3 (A) where PC 1 explained 50.9% of the total variation in the data, while PC 2 explained 17.7%. There were clear differences between the field (2MFL and 5MFL) and *in vitro* (1MIL and 1.5MIL) conditions along PC 1. A general separation from the field samples with 2MFL and 5MFL was observed. However, the discrimination between *in vitro* samples with 1MIL and 1.5MIL was not satisfactory.

According to loading (fig. 3 (B), the relatively higher proline and myo-inositol accumulation among the field grown leaf samples determined to be a distinguishing factor from that of *in vitro* grown leaf samples. And also higher levels of uracil, glutamic acid and tryptophan were observed in 2MFL and 5MFL. On the other hand,

glucose and mannose were recorded to be abundant in 1MIL and 1.5MIL, which are soluble sugars that cause differentiation between the leaves grown *in vitro* and the field. In addition, elevated levels of  $\gamma$ -aminobutyric acid were shown in 1MIL and 1.5MIL accompanied by depleted levels of glutamic acid was observed.

# DISCUSSION

Our results showed that relatively higher levels of myo-inositol in 2MFL were observed compared to leaves grown *in vitro* conditions (1MIL and 1.5MIL). It has been reported that myo-inositol could serve as substrates for the productions including <sub>D</sub>-ononitol and <sub>D</sub>-ponytail that have tolerance to drought or high salt conditions [20, 21]. Therefore, the concentration of myo-inositol is important for osmotic regulation. Plant cells, like some animal tissues, have the capacity to synthesize myo-inositol from D-glucose [22] via the enzyme L-myo-inositol 1-phosphate synthase, which utilizes D-glucose 6-phosphate as substrate [23, 24]. The L-myo-inositol 1-phosphate formed is then dephosphorylated to yield Myo-inositol. Moreover, it was reported by Nelson *et al.* [25] that higher accumulation of myo-inositol in cytosol was seen during salt stress. Field grown plant are adversely affected by salinity, a major environmental stress that limits agricultural production [26].

Compound	RT	Relative intensity			
	(min)	2MFL	5MFL	1MIL	1.5MIL
Alcohols					
Glycerol	10.25	24.15±2.81ª	5.84±0.71 <sup>b</sup>	6.81±0.47 <sup>b</sup>	6.49±1.04 <sup>b</sup>
Myo-inositol	33.42	73.20±7.97 <sup>a</sup>	36.10±5.36 <sup>b</sup>	29.93±2.24 <sup>bc</sup>	22.07±3.48 <sup>c</sup>
Xylitol	22.21	$0.49 \pm 0.10^{a}$	1.94±0.38 <sup>b</sup>	$0.28 \pm 0.03^{a}$	ND
Amino acids					
Asparagine	20.77	5.86±0.95 <sup>a</sup>	23.83±3.33 <sup>b</sup>	40.54±2.81 <sup>c</sup>	34.79±7.11 <sup>c</sup>
Aspartic acid	16.60	$3.13 \pm 0.59^{ab}$	2.26±0.52 <sup>a</sup>	6.44±0.52b <sup>c</sup>	6.84±2.61 <sup>c</sup>
Glutamic acid	19.32	$5.64 \pm 1.15^{a}$	5.97±1.17 <sup>a</sup>	3.37±0.97 <sup>b</sup>	$3.62 \pm 0.72^{b}$
Glutamine	23.89	2.09±0.06 <sup>a</sup>	13.46±3.13 <sup>b</sup>	23.19±3.70 <sup>c</sup>	10.32±5.97 <sup>b</sup>
Glycine	10.97	1.73±0.23 <sup>a</sup>	1.77±0.50 <sup>a</sup>	3.37±0.27 <sup>b</sup>	$3.82 \pm 0.65^{b}$
Histidine	28.13	ND	ND	0.63±0.06	0.54±0.07
Homoserine	14.78	$0.36 \pm 0.06^{a}$	$0.62 \pm 0.11^{a}$	2.06±0.14 <sup>b</sup>	1.73±0.39 <sup>b</sup>
Isoleucine	10.69	$3.07\pm0.48^{a}$	$5.09 \pm 1.77^{ab}$	4.94±0.35 <sup>ab</sup>	6.85±1.35 <sup>b</sup>
Lysine	28.35	0.43±0.07ª	$1.04 \pm 0.24^{a}$	2.71±0.20 <sup>b</sup>	2.41±0.55 <sup>b</sup>
Proline	10.75	49.80±9.39ª	138.03±17.71 <sup>b</sup>	70.49±9.39ª	44.10±9.61 <sup>a</sup>
Serine	12.48	4.35±0.68ª	$8.61 \pm 1.36^{ab}$	11.53±0.90 <sup>bc</sup>	17.59±4.90°
Threonine	13.13	4.91±0.64 <sup>a</sup>	10.74±1.39 <sup>b</sup>	13.17±0.93 <sup>b</sup>	$15.42 \pm 3.70^{d}$
Tryptophan	36.38	$0.78\pm0.12^{a}$	5.88±1.01 <sup>b</sup>	ND	ND
Organic acids					
Citric acid	25.28	11.55±2.19ª	19.32±3.43 <sup>b</sup>	20.26±2.05 <sup>b</sup>	9.00±1.43ª
Fumaric acid	12.25	0.13+0.01ª	0.51+0.10 <sup>b</sup>	0.46+0.06 <sup>b</sup>	0.37+0.06ª
Galactonic acid	30.55	ND	ND	0.47+0.12	0.60+0.10
Glucaric acid	32.00	ND	ND	1 14+0 19 <sup>a</sup>	0 29+0 04 <sup>b</sup>
Gluconic acid	30.70	$2\ 20+0\ 60^{a}$	0 64+0 11 <sup>b</sup>	1 11+0 17 <sup>b</sup>	0.55+0.10 <sup>b</sup>
Glucuronic acid	42.08	$0.81\pm0.11^{a}$	$0.55\pm0.09^{a}$	4 49+0 39 <sup>b</sup>	1 70+0 27°
Glyceric acid	11.68	2 95+0 37 <sup>a</sup>	2 15+0 32 <sup>b</sup>	1 97+0 13 <sup>bc</sup>	1 37+0 210
Malic acid	15.82	15 03+2 27ª	33 54+5 60 <sup>b</sup>	49 02+4 130	25 22+4 37 <sup>ab</sup>
Malonic acid	31.36	$0.34+0.11^{a}$	$0.21+0.05^{ab}$	0.21+0.02ab	0 13+0 02 <sup>b</sup>
Pyruvic acid	15 24	$0.11+0.02^{a}$	$0.12\pm0.02^{a}$	0.37+0.01 <sup>b</sup>	0.37+0.06 <sup>b</sup>
Rythronic acid	17.69	1 95+0 25 <sup>a</sup>	1 31+0 18 <sup>b</sup>	1 07+0 08 <sup>bc</sup>	0.66+0.11
Succinic acid	11.05	5 09+0 55 <sup>a</sup>	5 61+0 86 <sup>a</sup>	2 88+0 20b	2 15+0 31 <sup>b</sup>
$\alpha$ -Aminoadinic acid	22.09	$0.31 \pm 0.04^{a}$	$0.24 \pm 0.04^{a}$	$0.29+0.02^{a}$	$0.70\pm0.14^{b}$
y-Aminobutyric acid	16 77	13 57+1 58ª	21 40+8 52b	58 86+9 20	31 37+6 07b
Purine	10.77	15.57 11.50	21.10:0.52	50.00±7.20	51.57 ±0.07
Xanthine	31.26	ND	ND	1 17+0 15ª	0.05+0.01b
Pyrimidine	51.20	ND .	ND	1.17 20.15	0.0520.01
Uracil	11.81	0 49+0 06ª	0 22+0 03b	0 11+0 010	0 28+0 05d
Sugars	11.01	0.1920.00	0.2220.03	0.1120.01	0.2020.03
Fructose	24.76	11 69+1 31ª	10 33+1 73ª	88 15+7 09 <sup>b</sup>	34 09+7 450
Galactose	29.70	262+035a	2 37+0 39a	4 59+0 42b	226+034a
Glucose	28.87	140.81 + 16.22	48 72+6 10b	294 08+23 450	258 70+40 190
Mannose	27.46	12 51+1 67ª	7 49+0 85a	40 39+3 70b	22 83+3 350
Malihiosa	54.25	15 83+2 05a	1 41+0 23b	9 81+0 60	7 24+1 06¢
Yuloso	26.87	14.17+2.03	2 00+0 24b	30 91+3 010	17 50+2 80a
Othor	20.07	17.1/12.10	3.0710.34	50.71±5.01	17.3012.00
Putroscino	22.49	0 23+0 03a	0 21+0 04a	0 72+0 07b	0 81+0 16b
	22.77	0.23±0.03	0.21-0.07	0.7 4±0.07	0.01-0.10



Fig. 2: Schematic diagram of the metabolic pathway and relative levels of the major compounds detected in *W. somnifera*. This was modified from pathways presented in KEGG database(http://www.genome.jp/kegg/)

In the present study, intensity of GABA was recorded to be significantly higher in *in vitro* leaf tissues. GABA was reported to be rapidly induced in a variety of plant tissues under several abiotic environmental conditions that contain mechanical stimulation, damage, cold or heat shock, hypoxia, cytosolic acidification, darkness, water stresses, and hormonal changes [27]. In addition, Roberts [28] reported that GABA plays a signaling role in plant development and in stress responses.

The levels of soluble sugars, including fructose and glucose, were significantly different between the field grown and in vitro cultured samples. The sugar levels of in vitro cultured leaf samples were much higher than those of field grown leaf samples. Li et al. [29] observed similar result of high sugar levels released by peanut root cultures and concluded that accumulation of sugar molecules could provide the abundant nutrition for growth and development. Similarly, the level of putrescine was significantly different between the field grown and in vitro cultured samples. In plant cells, the diamine putrescine (Put), constitutes the major polyamines. They occur in the free form or as conjugates bound to phenolic acids and other low molecular weight compounds or to macromolecules such as proteins and nucleic acids. As such, they stimulate DNA replication, transcription and translation. They have been implicated in a wide range of biological processes in plant growth and development, including senescence, environmental stress [30-32].

PCA identifies and ranks major sources of variance within the data sets and allows clustering of biological samples into both expected and unexpected groups based on similarities and differences in the measured parameters [33]. PCA also revealed discrete metabolic phenotypes for the different organs and led to the identification of metabolite markers for each. The first component PC 1 accounted for 50.9% of the variance and allowed the distinction of young and mature field grown leaf samples. The PC 2 subsequent components covered a sum of 17.7% of variance, but did not yield distinctions between the samples that could be linked to organ age or plant growth conditions [33].

These comparisons were motivated by sample classifications made evident from PCA analysis: comparison of samples cultured *in vitro* as well as field. The differences could be due to the samples harvested at different time point and from different environmental conditions [33]. [34] identified the variation in the antioxidant potential of different tissues of *N. indicum* plant using PCA accompanied by hierarchical cluster analysis (HCA). As a result of the PCA score plots, it could be concluded that the metabolic profile by GC-MS provide much differentiation between *in vitro* and field samples and various metabolites, including myo-inositol, proline and soluble sugars produced to adapt environment stress was identified as important factors determining discrimination between the samples grown *in vitro* and field.



Fig. 3: PCA score plots

Principal component analysis (PCA) of the metabolomes derived from *in vitro* cultured and field grown leaves of *W. somnifera*. (A) PCA derived score plots. (B) PCA-derived loading plots. PC: principal component.

## CONCLUSION

First time on record, we compared the metabolite profiles between leaf tissues cultured in *in vitro* and field grown conditions. The results of this study highlighted that *in vitro* leaf cultures able to accumulate metabolites in similar fashion as that of field grown tissues. Hence, we conclude the potential utilization of *in vitro*-cultured *W. somnifera* leaves as alternative resources to field-grown leaves for the production of useful metabolites such as  $\gamma$ -amino butyric acid and putrescine, as they exhibited relatively higher intensities in a shorter cultivation period. This study implies that *in vitro* cultured leaves of *W. somnifera* can be used for the development of biopharmaceuticals or functional foods.

## ABBREVIATION

GC-MA, Gas chromatography–Mass spectrometry; GABA,  $\gamma$  aminobutyric acid; 1MIL, 1 mo *in vitro* leaf; 1.5MIL, 1.5 mo *in vitro* leaf; 2MFL, 2 mo field grown leaf; 5MFL, 5 mo field grown leaf; PCA, Principal component analysis.

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# **CONFLICT OF INTERESTS**

Conflict of interest declared none.

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